

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Sunday, July 1

- 6:00 am (CDT, local) - 150 mi. #4. **Son of TACKY**. We'll retrace our route to return from Franklin to Otter Creek Park. Riders who wish to ride just the one-day version should contact the RC for information on how to meet at the start in Franklin. RC: Duc M. Do, 893-8780.
- 8:00 am 30/60 mi. #3. **Rooster Run Ride**, Iroquois Park. RC: Jim Kimmel, 744-2794
- 2:00 pm 15 mi. #1. **Turtle Ride** (RAF♻️). Waterfront Park Parking Lot P (where I-65 crosses over River Rd) RC: Boyd Sigler, 589-1758

Monday, July 2

- 6:30 pm **Bike Handling Class** (RAF♻️). 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topic is road hazard jumping – followed by a short 8- to 10-mile ride. For more info contact A.B. Sandefur, 425-9463.
- 6:30 pm 15-20 mi. #2. **Recovery Ride** (RAF♻️). St. Matthews Baptist Church, 3515 Grandview Ave. RC: Alan Darby, 895-4904

Tuesday, July 3

- 6:30 pm 15/25 mi. #3. Cherokee Park, Hogan's Fountain. RC: Jim Tretter, 491-7120

Wednesday, July 4 – Independence Day

- 8:00 am 30/60 mi. #3. Crestwood Station. RC: Alison Ewart, 584 4222
- 9:30 am 10/25/50/70/100 mi. #3. **Campbellsville Lead the Fourth of July Parade Ride**. Ride check-in 9:00-9:45 a.m. EDT at Elmhurst Plaza Shopping Center (1300 block, E. Broadway Street in Campbellsville, Ky.). Parade starts at 10:00 a.m. EDT with bicyclists at the head. FEE: registration fee is \$15 day of ride. For more info and registration form, go to <http://www.campbellsvil.edu/4thc>. RC: Jim Moore (jmoore@campbellsvil.edu) and Michael Pitt (Lou.) 454-4559.

Thursday, July 5

- 6:30 pm 15/30 mi. #3. **Bike and Swim**, Baptist East/Milestone Wellness Center, located at 750 Cypress Station Drive (off Bowling Boulevard). This OKHT sponsor is offering free use of their lap pool after the ride, free lockers will also be available. RC: Ellen Mueller, 485-1758.

Saturday, July 7

- 5:30 am 200 mi. #4. New Albany Holiday Inn Overflow Lot. Lights required. RSVP to Ride Captain. RC: Dave Runge, 454-7563.
- 8:00 am 30/65/100 mi. #3/3+, **Madison Century**. Prospect Point Shopping Center. RC: Alan Darby, 895-4904
- 5:15 pm 20-25 mi. #3 (actual mileage may vary). Scheller's Fitness and Cycling, 11520 Shelbyville Road. Another in the series of Saturday evening rides. These are becoming more and more popular! RC: Tom Armstrong, 253-1746, email bikeolounger@prodigy.net or tarmstrong@schellers.com

Sunday, July 8

- 1:00 pm 35 mi. #3. Northeast YMCA, 9400 Millbrook Rd (off Whipps Mill and LaGrange). RC: Earl Jones, 895-4850

Monday, July 9

- 6:30 pm **Bike Handling Class** (RAF♻️). 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topic is pace line riding – followed by a short 8- to 10-mile ride. For more info contact A.B. Sandefur, 425-9463.
- 6:30 pm 15-20 mi. #2. **Recovery Ride** (RAF♻️). We'll stop for ice cream after the ride! St. Matthews Baptist Church, 3515 Grandview Ave. RC: Alan Darby, 895-4904

Tuesday, July 10

- 6:30 pm 15/25 mi. #3. Cherokee Park Hogan's Fountain. RC: Jim Preston, 339-1637

Wednesday, July 11

- 8:30 am 36 mi. #3. 2609 Cave Spring Place. RC: John Larson, 245 2374
- 6:30 pm 15/30 mi. #3. Prospect Point Shopping Center. RC: Jim Kimmel, 744-2794

Thursday, July 12

- 6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Marilee Martin, 423-0600

CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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Friday, July 13

6:30 pm 15/30 mi. #3. E.P. 'Tom' Sawyer Park. RC: 'Lucky' Jim Preston, 339-1637

Saturday, July 14

8:00 am 22/50/100 mi. #3. **Mad Dog Century**, "Boston to Munfordville." Boston Store at KY 61 & Hwy 62 in Boston, Ky. Return to the ride that started the Mad Dog Adventure last January. The 50 & 100-mi. riders will stop for breakfast at Stewart's Root Beer in Hodgenville. RC: Michael Pitt, 895-9900, mmspitt@aol.com

10:00 am 10 mi. #1. **Turtle Ride**, E.P. 'Tom' Sawyer Park. RC: Bill Rich, 458-0670

Sunday, July 15

8:00 am 60/100 mi. #3. **Frankfort Century**. Long Run Park. RC: Adrian Freund, 231-1083

2:00 pm 15 mi. #1. **Turtle Ride** (RAF♻️). Waterfront Park Parking Lot P (where I-65 crosses over River Rd) RC: Boyd Sigler, 589-1758

3:00 pm 30 mi. #3. K-Mart on Outer Loop at New Cut Rd. RC: Bill Rich, 458-0670

Monday, July 16

6:30 pm **Bike Handling Class** (RAF♻️). 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topic is track stands – followed by a short 8- to 10-mile ride. For more info contact A.B. Sandefur, 425-9463.

6:30 pm 15-20 mi. #2. **Recovery Ride** (RAF♻️). St. Matthews Baptist Church, 3515 Grandview Ave. RC: Alan Darby, 895-4904

Tuesday, July 17

6:30 pm 15/25 mi. #2/#3. Cherokee Park Hogan's Fountain (New Route!). RC: Earl Jones, 895-4850

Wednesday, July 18

8:00 am 30/60 mi. #3. Long Run Park. RC: Alison Ewart, 584 4222

6:30 pm 15/30 mi. #3. Vettiner Park. RC: Jim Tretter, 491-7120

Thursday, July 19

6:30 pm 15/30 mi. #3. **Fruit Ride**. E.P. 'Tom' Sawyer Park. RC: Marilee Martin, 423-0600. This will also be the Boxer Shorts Ride. Wear your favorite boxer shorts, then enter the contest to win the Boxer Shorts Trophy – contest MC'd by Eddie Doerr.

Saturday, July 21

8:30 am 30/60 mi. #3/4. **Tour de Rocky Top** - Joint ride with SIW club, Floyd Central High School (same as Harvest Homecoming Ride start location). RC: Alan Darby, 895-4904

10:00 am 10 mi. #1. **Turtle Ride** (RAF♻️). Great Lawn Playground in Waterfront Park. RC: Bill Rich, 458-0670

5:15 pm 20-25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 253-1746 or bikeolounger@prodigy.net or tarmstrong@schellers.com

Sunday, July 22

7:45 am 40/70 mi. #3. Blankenbaker Shopping Center (Blankenbaker Pkwy. across from Thornton's). RC: Michael Crawford; 244-1213

2:00 pm 15/30 mi. #3. **President's Ice Cream Ride** (the ice cream is on Earl!), Falls of the Ohio Interpretive Center. RC: Earl Jones, 895-4850

4:00 pm **General Membership Meeting**. Widow's Peak Ice Cream Shop (near Falls of the Ohio Interpretive Center)

Monday, July 23

6:30 pm **Bike Handling Class** (RAF♻️). 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topic is bumping – followed by a short 8- to 10-mile ride. For more info contact A.B. Sandefur, 425-9463.

6:30 pm 15-20 mi. #2. **Recovery Ride** (RAF♻️). St. Matthews Baptist Church, 3515 Grandview Ave. RC: Alan Darby, 895-4904

Tuesday, July 24

6:30 pm 15/25 mi. #3. Cherokee Park Hogan's Fountain. RC: Jim Preston, 339-1637

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July 2001 Ride & Event Schedule

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Wednesday, July 25

8:00 am 20/30/50 mi. #3. Memphis Truck Plaza. RC: Dick Williams, 426 4844

6:30 pm 15/30 mi. #3. Former bigg's parking lot. RC: Pennie DuBarry, 263-7215

Thursday, July 26

6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Marilee Martin, 423-0600.

6:30 pm 10 mi. #1. **Turtle Ride** (RAF^{♻️}), E.P. 'Tom' Sawyer Park. RC: Marilyn Minnick, 412-4224

Friday, July 27

6:30 pm 15/30 mi. #3. Vettiner Park. RC: Pennie DuBarry, 263-7215

Saturday, July 28

8:00 am 30/70 mi. #3. Vettiner Park. RC: Paul Battle, 459-6973

Sunday, July 29

8:00 am 30/60 mi. #3. Long Run Park. RC: Ellen Mueller, 485-1758

2:00 pm 12/20 mi. #1/2. **Family Fun Ride** (RAF^{♻️}), Cherokee Park Parking Lot at Ledges and Lexington Rd. RC: Steve Sarson, 499-7089

Monday, July 30

6:30 pm **Bike Handling Class** (RAF^{♻️}). 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topics are riding tips and techniques – followed by a short 8- to 10-mile ride. For more info contact A.B. Sandefur, 425-9463

6:30 pm 15-20 mi. #2. **Recovery Ride** (RAF^{♻️}). St. Matthews Baptist Church, 3515 Grandview Ave. RC: Alan Darby, 895-4904

Tuesday, July 31

6:30 pm 8/19/26 mi. #3 (RAF^{♻️}). Cherokee Park Hogan's Fountain. RC: John Samways, 447-4277

(RAF^{♻️}) - Look for this 'Recreation and Fitness' notation, which designates rides and events specially screened for clear directions and/or well-marked routes, supportive assistance and instructions, to encourage new riders. For more information, contact Lewis Miller at 897-9198.

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