

August 2001 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Wednesday, August 1

8:00 am 25/50 mi. #3. **Ride to Bernheim Forest.** New Cut Rd. & Outer Loop, RC: Sonny Neurath, 893-2306

6:30 pm 15/30 mi. #3. Prospect Point Shopping Center, RC: Jim Kimmel, 744-2794

Thursday, August 2

6:30 pm 15/30 mi. #3. E.P. 'Tom' Sawyer Park. RC: Jim Preston, 339-1637

Friday, August 3 through Sunday, August 5

LAB Bikefest 2001 National Rally, PSU Altoona Campus, in Altoona, Pa., <http://www.bikeleague.org/events/index.html>. Fee required.

Saturday, August 4

8:30 am 25/45 mi. #3. **Bike and Swim.** Baptist East/Milestone Wellness Center, located at 750 Cypress Station Drive (off Bowling Boulevard). This OKHT sponsor is offering free use of their lap pool and lockers after the ride. RC: Ellen Mueller, 485-1758

1:00 pm **Touring Meeting** (after the ride). Baptist East/Milestone Wellness Center Cafe. Help put together the fall schedule!

5:15 pm 20-25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road, RC: Tom Armstrong, 253-1746 or bikeolounger@prodigy.net or tarmstrong@schellers.com. Yet another in the Saturday evening series!

Sunday, August 5

8:00 am 30/60/100 mi. #3/#4. **Historic Harrodsburg Ride.** Meet at Taylorsville Lake Corps of Engineers visitor center on KY 2239 at Dam. RC: Adrian Freund, 231-1083

2:00 pm 15 mi. #1. **Turtle Ride (RAF^{♻️}).** Waterfront Park Parking Lot P (where I-65 crosses over River Rd) RC: Boyd Sigler, 589-1758

Monday, August 6

6:30 pm **Bike Handling Class (RAF^{♻️}).** 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topics are training and nutrition – followed by a short 8- to 10-mile ride. For more info contact A.B. Sandefur, 425-9463.

6:30 pm 15-20 mi. #2. **Recovery Ride (RAF^{♻️}).** St. Matthews Baptist Church, 3515 Grandview Ave. RC: Alan Darby, 895-4904. We'll stop for ice cream after the ride.

Tuesday, August 7

6:30 pm 15/25 mi. #3. Cherokee Park Hogan's Fountain. RCs: Bernice and John Martin, 228-5107

Wednesday, August 8

9:00 am 35 mi. #3. Heine Bros. on Chenoweth Ln. RC: Carole Sutton, 893 9216

6:30 pm 15/30 mi. #3. Floyd's Fork Park. RC: Jerry Gordon, 267-7084

Thursday, August 9

6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Steve Sarson, 499-7089

Friday, August 10

6:30 pm 15/30 mi. #3. Long Run Park. RC: Pennie DuBarry, 263-7215

Saturday, August 11

8:00 am 70 mi. #3+. New Albany Holiday Inn Overflow Lot. **Ride to the Overlook Inn** in Leavenworth, Ind., for breakfast. RC: Jim Kimmel, 744-2794

9:30 am 35 mi. #3. Corydon, Ind., parking lot at 337 and W. Poplar, just south of town square. **Ride to the Overlook Inn** in Leavenworth, Ind., for breakfast. RC: Ellen Mueller, 485-1758

Sunday, August 12

8:00 am 50 mi. #3. **Picnic Ride**, E.P. 'Tom' Sawyer Park

10:00 am 30 mi. #3. **Picnic Ride**, E.P. 'Tom' Sawyer Park

10:30 am 15 mi. #3. **Picnic Ride**, E.P. 'Tom' Sawyer Park

12:00 pm **LBC Picnic.** E.P. 'Tom' Sawyer Park, Main Pavilion. Club to provide hamburgers, hot dogs & drinks - members to bring salad, vegetables or dessert. Contact Norm Minnick, 452-6699, for information.

Monday, August 13

CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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6:30 pm **Bike Handling Class (RAF[♣])**. 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topic is riding with the Louisville Bicycle Club – followed by a short 8- to 10-mile ride. For more info contact A.B. Sandefur, 425-9463.

6:30 pm 15-20 mi. #2. **Recovery Ride (RAF[♣])**. St. Matthews Baptist Church, 3515 Grandview Ave. RC: Alan Darby, 895-4904

Tuesday, August 14

6:30 pm 15/25 mi. #2/#3, Cherokee Park Hogan's Fountain (New Route!). RC: Earl Jones, 895-4850

Wednesday, August 15

8:00 am 30-45 mi. #3. Memphis Truck Plaza, Memphis, Ind. RC: Sonny Neurath, 893 2306

6:30 pm 15/30 mi. #3. Vettiner Park. RC: Paul Battle, 459-6973

Thursday, August 16

6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Steve Sarson, 499-7089

6:30 pm 10 mi. #1. **Turtle Ride (RAF[♣])**, E.P. 'Tom' Sawyer Park. RC: Marilyn Minnick, 412-4224

Saturday, August 18

8:00 am 25/45/100 mi. #3. **Bike and Swim – Mad Dog Century**. Baptist East/Milestone Wellness Center, located at 750 Cypress Station Drive (off Bowling Boulevard). This OKHT sponsor is offering free use of their lap pool and lockers after the ride. 25/45 mi. (RAF[♣]) RC: Lewis Miller, 897-9198. 100 mi. RC: Mike Pitt, 454-4559

5:15 pm 20-25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 253-1746 or bikeolounger@prodigy.net

Sunday, August 19

8:00 am 30/60 mi. #3. New Albany Holiday Inn Overflow Lot. RC: Alan Darby, 895-4904

12:00 pm 20 mi. #2. **LBC Day at the RiverBats! (RAF[♣])**. Meet at Seneca Park restrooms and ride to Slugger Field. Bring a bike lock and we will use Slugger Field's new bike banks and racks! (It's Kid's Autograph Day) **RSVP required**--we need at least 20, tickets are \$5 ea. RC: Cheryl Brawner, 939-5140 bikecock@aol.com (preferred).

Monday, August 20

6:30 pm **Bike Handling Class (RAF[♣])**. 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight will be a review and question/answer session – followed by a short 8- to 10-mile ride. For more info contact A.B. Sandefur, 425-9463.

6:30 pm 15-20 mi. #2. **Recovery Ride (RAF[♣])**. St. Matthews Baptist Church, 3515 Grandview Ave. RC: Alan Darby, 895-4904

Tuesday, August 21

6:30 pm 15/25 mi. #2/#3. Cherokee Park Hogan's Fountain. RC: Jim Preston, 339-1637

Wednesday, August 22

8:00 am 25/50 mi. #3. E.P. 'Tom' Sawyer Park. RC: Dick Williams, 425-4844

6:30 pm 15/24 mi. #3. Prospect Point Shopping Center. RC: Alan Darby, 895-4904

Thursday, August 23

6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Steve Sarson, 499-7089

6:30 pm 10 mi. #1. **Turtle Ride (RAF[♣])**, E.P. 'Tom' Sawyer Park. RC: Marilyn Minnick, 412-4224

Saturday, August 25

6:00 am 160/200 mi. #4. **Mad Dog 200**. Big Dog Midwest Triple Crown Challenge. E.P. 'Tom' Sawyer Park. The Mad Dog 200 will follow the Old Kentucky Home Tour Century Route and return via Sunday's OKHT route to Tom Sawyer Park, the 160-mile route ends there, the 200-mile riders can stop and put on their lights and continue for another 40 miles. This ride is not for the weak or faint of heart! RC: Eddie Doerr, 285-0017

8:30 am 30/60 mi. #3. **Clark Forest Fire Tower Hill Challenge – Joint ride with SIW club**. The hill is optional – Take the challenge if you dare! Silver Creek High School in Sellersburg, Ind. (Speed/Sellersburg exit on I-65, turn right, go approx. 1 mile, school on left). Snacks and drinks will be provided in the park. RC: Ellen Mueller, 485-1758.

Sunday, August 26

CPSC- or Snell-approved Helmets Are Required

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- 9:00 am 20/40 mi. #3. Prospect Point Shopping Center. **President's Ice Cream Ride** (the ice cream is on Earl!). RC: Earl Jones, 895-4850
- 2:00 pm 15 mi. #1. **Turtle Ride (RAF[Ⓢ])**. Waterfront Park Parking Lot P (where I-65 crosses over River Rd) RC: Boyd Sigler, 589-1758

Monday, August 27

- 6:30 pm **Bike Handling Class (RAF[Ⓢ])**. 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Come and enjoy a **Fruit Ride**. For more info contact A.B. Sandefur, 425-9463.
- 6:30 pm 15-20 mi. #2. **Recovery Ride (RAF[Ⓢ])**. St. Matthews Baptist Church, 3515 Grandview Ave. RC: Alan Darby, 895-4904

Tuesday, August 28

- 6:30 pm 15/25 mi. #2/#3. Cherokee Park Hogan's Fountain. RC: Pennie DuBarry, 263-7215

Wednesday, August 29

- 8:00 am 30/50 mi. #3. Fairdale Community Park. RC: Sonny Neurath, 893-2306
- 6:30 pm 10/25 mi. #2/3. **Tour de Gil**. 9014 Wattlee Road in Fern Creek. Hot dogs and drinks after the ride! RC: Gil Morris, 239-7921

Thursday, August 30

- 6:30 pm 15/30 mi. #3. Vettiner Park, RC: Pennie DuBarry, 263-7215

(RAF[Ⓢ]) - Look for this 'Recreation and Fitness' symbol, which designates rides and events specially screened for clear directions and/or well-marked routes, supportive assistance and instructions, to encourage new riders. For more information, contact Lewis Miller at 897-9198.

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