

February 2002 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Saturday, February 2

11:00 am 20/35 mi. #3 (RIF RAF). Crescent Hill Library on Frankfort Ave. RC: Lewis Miller, 897-9198

Sunday, February 3

2:00 pm 15/20 mi. #2 (RIF RAF). Heine Bros. Coffee on Chenoweth Lane. RC: A.B. Sandefur, 425-9463

Tuesday, February 5

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. RC: Ellen Hall, 327-6965

Wednesday, February 6

10:00 am 30 mi. #3. Arby's in Sellersburg, Ind. RC: Sonny Neurath, 893-2306.

Thursday, February 7

7:00 pm **Trainer Tour** (20-mile credit). Broadway Baptist Church, 4000 Brownsboro Rd. RC: Ellen Hall, 327-6965

Saturday, February 9

11:00 am 10 mi. #3 Mountain Bike Ride. Otter Creek Park. RC: Joe Kinsinger, 543-1625

11:00 am 17/25 mi. #3. Long Run Park. RC: Bill Rich, 458-0670

Sunday, February 10

2:00 pm 15/20 mi. #2 (RIF RAF). Heine Bros. Coffee on Chenoweth Lane. RC: Cheryl Brawner, 896-8109

Tuesday, February 12

7:00 pm **Trainer Tour** (20-mile credit). Broadway Baptist Church, 4000 Brownsboro Rd. RC: Pam Thaler, 574-5016

Wednesday, February 13

10:00 am 30-35 mi. #3. Falls of the Ohio. RC: Alison Ewart, 584-4222.

Thursday, February 14 – Happy Valentine's Day ♥

7:00 pm **Valentine's Trainer Tour** (20-mile credit). Broadway Baptist Church, 4000 Brownsboro Rd. RC: Pam Thaler, 574-5016

Saturday, February 16

11:00 am 20/35 mi. #3. St. Matthews Baptist Church. RC: Alan Darby, 895-4904

2:00 pm **Touring Meeting**. Panera Bread at Dutchman's Lane and Breckinridge Lane. Help us put together the March/April ride schedule to kick off the official 2002 Touring Season!

Sunday, February 17

2:00 pm 15/20 mi. #2 (RIF RAF). Heine Bros. Coffee on Chenoweth Lane. RC: Ellen Hall, 327-6965

Tuesday, February 19

7:00 pm **Trainer Tour** (20-mile credit). Broadway Baptist Church, 4000 Brownsboro Rd. RC: John Samways, 447-4277

Wednesday, February 20

10:00 am 30-35 mi. #3. E. P. "Tom" Sawyer State Park. RC: A.B. Sandefur, 425-9463

Thursday, February 21

7:00 pm **Trainer Tour** (20-mile credit). Broadway Baptist Church, 4000 Brownsboro Rd. RC: John Samways, 447-4277

Saturday, February 23

1:00 pm 15/25 mi. #3. E.P. "Tom" Sawyer State Park. RC: Mimi Beilman, 636-5392

Sunday, February 24

2:00 pm 15/20 mi. #2 (RIF RAF). Heine Bros. Coffee on Chenoweth Lane. RC: Pam Thaler, 574-5016

Tuesday, February 26

7:00 pm **Trainer Tour** (20-mile credit). Broadway Baptist Church, 4000 Brownsboro Rd. RC: Cheryl Brawner, 896-8109

Wednesday, February 27

10:00 am 40 mi. #3. Edwardsville Park, Edwardsville, Ind. RC: Sonny Neurath, 893-2306

CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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Thursday, February 28

7:00 pm **Trainer Tour** (20-mile credit). Broadway Baptist Church, 4000 Brownsboro Rd. RC: Cheryl Brawner, 896-8109

Special: RIF RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! **Note:** These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198.

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