Louisvil le Bicycle Club

Founded in 1897 as the Louisville Wheelmen

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8:00 am 20/40/80 mi. #3. Vettiner Park. **Jay's "Take This Job and Shove It" Retirement** Ride to Rooster Run. RC: Jay "I ain't workin' there no more" Palmer, 267-9175

Sunday, June 2

10:00 am 42/56 mi. #3. Thurston Hutchins Park (across from Cox's Park). RC: Tim Chilton, 367-8946 30 mi. #3. **Mountain Bike Ride**. Mammoth Cave Park (the day after the Mammoth Cave Ride). Meet at the Maple Springs Parking area. RC: Bill Rich , 458-0670

6:00 pm 16 mi. #2. **The Cave Hill Cemetery Tour - An LBC Event**. Cave Hill Cemetery, Grinstead Drive entrance. (Enter cemetery at rear entrance on Grinstead Dr., across from Ray Ave., to park your car and meet.) A "first of its kind bicycle ride" in Louisville's historic Cave Hill Cemetery. Enjoy traffic free cycling until sunset, at your own pace or join the RC for a history tour. For more info visit: http://www.johnpaul.com/cavehill/. RC: John Paul, 637-1957

Monday, June 3

6:30 pm **Bike Handling Class**. 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topics are gearing and shifting. For more info contact A.B. Sandefur, 425-9463.

6:30 pm 12 mi. #2. **Recovery Ride** (RIF & RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RC: Ellen Hall, 327-6965

Tuesday, June 4

8:00 am 40/100 mi. #4. Buckner YMCA. RC: Eddie Doerr, 285-0017

6:30 pm 15/25 mi. #3. Cherokee Park, Hogan's Fountain. RCs: Glenn & Lisa Todd, 897-5406

Wednesday, June 5

8:00 am 25/50 mi. #3. E.P. 'Tom' Sawyer Park. RC: Dick Williams, 426-4844 6:30 pm 12/26 mi. #2/3. Floyds Fork Park. RCs: Bill & Anong Pustow, 245-1349

Thursday, June 6

6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Marilee Martin, 423-0600.

Friday, June 7

9:00 am 30/60 mi. #3. Vettiner Park. RC: Pennie DuBarry, 263-7215

Saturday, June 8

*** **MS 150 Weekend - Ride to Frankfort and Lexington**. Starts at E.P. 'Tom' Sawyer Park. Fundraiser ride. For info contact Phil Patterson, 266-6321

**** **Safari Ride**. 8, 17, 23, 33, 44, 52, and 62-mile routes. Starts at Eastern High School in Pekin, Ind. Fee required. Contact Tim Maudlin, (812) 967-5082 or www. safari bi cycl etour. org for more info.

8:00 am 20/40/80 mi. #3/4. Floyds Fork Park. RC: Scott Anderson, 244-9710

8:30 am 100 mi. #4. **Mad Dog Ğreen River Lake Century**. Meet at GRL St. Park near Campbellsville, Ky. Picnic after the ride. RC: Jim Moore, (270) 789-2581, j moore@campbellsvil. edu

5:15 pm 20-25 mi. #2/3. Scheller's Fitness and Cycling, 11520 Shelbyville Road RC: Tom Armstrong, 253-1746 or bi keol ounger@prodi gy. net

Sunday, June 9

9:00 am 15/40 mi. #3. Prospect Point Shopping Center. RC: Earl Jones, 895-4850

2:00 pm 15/25 mi. #3. Heine Bros. Coffee on Chenoweth Lane. RC: Pam Davis, 649-4840

Monday, June 10

6:30 pm Bike Handling Class. 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topic is tire changing. For more info contact A.B. Sandefur, 425-9463.

6:30 pm 12 mi. #2. **Recovery Ride** (RIF & RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RCs: Glenn & Lisa Todd, 897-5406

Tuesday, June 11

8:00 am 40/100 mi. #4. Buckner YMCA. RC: Eddie Doerr, 285-0017

6:30 pm 15/25 mi. #3. Cherokee Park, Hogan's Fountain. RC: Cheryl Brawner, 896-8109

CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at http://www.louisvillebicycleclub.org/ for more information. All rides begin 15 minutes after the scheduled ride start time • Route Difficulty Ratings are approximate • #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills • #3: Rolling, up to ½ hills • #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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Wednesday, June 12

8:00 am 30/60 mi. #3. Long Run Park. RC: Alison Ewart, 584-4222

6:30 pm 15/25 mi. #2/3 (RĬF & RAF). **Dinner Ride**. BBC Bluegrass Brewing Co., 3929 Shelbyville Rd. Park behind the Burdorf Center off St. Matthews Ave. Stay for dinner after the ride (buy your own dinner). RC: Lewis Miller. 897-9198

Thursday, June 13

6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Marilee Martin, 423-0600

Saturday, June 15

8:30 am
25/50 mi. #3. St. Matthews Baptist Church, 3515 Grandview Ave. RC: Alan Darby, 895-4904
2:00 pm
Touring Meeting. Panera Bread at Dutchmans Lane and Breckinridge Lane. Help us put together the July/August ride schedule.

Sunday, June 16 – Father's Day

8:00 am 40 mi. #4. K-mart on Outer Loop. #4 means hills! RC: Jerry Gordon, 267-7084 2:00 pm 15/25 mi. #3. Heine Bros. Coffee on Chenoweth Lane. RC: Ellen Hall, 327-6965

Monday, June 17

6:30 pm **Bike Handling Class**. 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topics are rock dodging and road hazard jumping. For more info contact A.B. Sandefur, 425-9463

6:30 pm 12 mi. #2. **Recovery Ride** (RIF & RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RC: Ellen Hall, 327-6965

Tuesday, June 18

8:00 am 40/100 mi. #4. Buckner YMCA. RC: Eddie Doerr, 285-0017

6:30 pm 15/25 mi. #3. Cherokee Park, Hogan's Fountain. RCs: Glenn & Lisa Todd, 897-5406

Wednesday, June 19

8:00 am 20/30/50 mi. #3. Memphis Truck Plaza. RC: Dick Williams, 426-4844

6:30 pm 15/25 mi. #3. Long Run Park. RCs: Marilyn Minnick, 412-4224 (15) & Bill Pustow, 245-1349 (25)

Thursday, June 20

6:30 pm 15/25 mi. #3. (RIF & RAF). **Dinner Ride**. Heather's on the River (on the Ohio River at the end of Hwy 1793 off Rose Island Rd.). Stay for dinner after the ride. (Buy your own dinner) RC: Don Frey, 292-0502

Friday, June 21

**** **Bike Virginia**. June 21 through June 26. Starts in Radford, Va. Registration fee \$195 before May 15. Go to http://www.bikevirginia.org/index.html for registration info.

9:00 am 30/60 mi. #3. Middletown Station (formerly bigg's parking lot). RC: Pennie DuBarry, 263-7215 **Saturday, June 22**

7:00 am 140 mi. #4. **Son of WACKY**, from Otter Creek Park to Franklin, Ky. Beautiful, traffic-free route for the second running of the cross-state ride. Ride roads you have never been on before. Start at the Lodge at Otter Creek Park, 25 miles and 30 minutes from I-65 and Snyder Freeway junction. Riders wishing to do the one-day ride must arrange for own transportation back from Franklin. RSVP to the RC for overnight accommodation info. RC: Duc M. Do, 893-8780

8:00 am 70 mi. #3+. New Albany Holiday Inn Overflow Lot. **Ride to the Overlook Inn** in Leavenworth for breakfast. RC: Norm Minnick, 494-8470

9:30 am 35 mi. #3. Corydon, parking lot at 337 and W. Poplar, just south of town square. Ride to the Overlook Inn in Leavenworth for breakfast. RC: Norm Minnick, 494-8470

5:15 pm 20-25 mi. #2/3. Scheller's Fitness and Cycling, 11520 Shelbyville Road, RC: Tom Armstrong 253-1746 or bi keol ounger@prodi gy. net

Sunday, June 23

6:00 am CDT (local time), 140 mi. #4. **Son of TACKY**. We'll retrace our route to return from Franklin, Ky., to Otter Creek Park. Riders who wish to ride just the one-day version should contact the RC for information on how to meet at the start in Franklin. RC: Duc M. Do, 893-8780

CPSC- or Snell-approved Helmets Are Required

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9:30 am 25/45 mi. #3. E. P. 'Tom' Sawyer Park. RC: Jim Preston, 339-1637

2:00 pm 15/25 mi. #3. Heine Bros. Coffee on Chenoweth Lane. RC: Sara Ferebee, 637-1429

Monday, June 24

6:30 pm **Bike Handling Class.** 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane.

Tonight's topic is paceline riding. For more info contact A.B. Sandefur, 425-9463.

7:00 pm 20 mi. #3. **Full Moon Ride** (RIF & RAF). We'll start a little later than normal—and finish

around dusk. Lights optional. St Matthews Baptist Church, 3515 Grandview Ave. RC: Earl

Jones, 895-4850

Tuesday, June 25

8:00 am 40/100 mi. #4. Buckner YMCA. RC: Eddie Doerr, 285-0017

6:30 pm 15/25 mi. #3. Cherokee Park, Hogan's Fountain. RC: Rich Kratt, 895-3020

Wednesday, June 26

8:00 am 25/45 mi. #3. E.P. 'Tom' Sawyer Park. RC: AB Sandefur, 426-9463

6:30 pm 15/25 mi. #2/3 (RIF & RAF). **Dinner Ride**. Vivarazzi, 10500 Watterson Trail (at Taylorsville

Rd.). Stay for dinner after the ride (buy your own dinner). RC: Lewis Miller, 897-9198

Thursday, June 27

6:30 pm 15/30 mi. #3. Middletown Station parking lot (formerly bigg's). RCs: Marilyn Minnick, 412-4224

(15) & Bill & Anong Pustow, 245-1349 (25)

Friday, June 28

9:00 am 30/60 mi. #3. Long Run Park. RC: Pennie DuBarry, 263-7215

Saturday, June 29

8:30 am 30/60 mi. #3/4. **Tour de Rocky Top**. Floyd Central High School (same as Harvest

Homecoming Ride start location). RC: Alan Darby, 895-4904

Sunday, June 30

8:00 am 30/60/100 mi. #3. Long Run Park. RC: Adrian Freund, 231-1083

2:00 pm 15/25 mi. #3. Heine Bros. Coffee on Chenoweth Lane. RC: Ellen Hall, 327-6965

RIF & RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198.