

August 2002 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Thursday, August 1


6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Marilee Martin, 423-0600

Friday, August 2

8:00 am 30/60 mi. #3. Vettiner Park. RC: Pennie DuBarry, 263-7215

Saturday, August 3

8:30 am 30/55 mi. #3. **Bike and Swim**, Baptist East/Milestone Wellness Center, located at 750 Cypress Station Drive (off Bowling Boulevard). This OKHT sponsor is offering free use of their lap pool after the ride, free lockers will also be available. RC: Ellen Mueller, 485-1758

9:00 am 12-15 mi. #2. (RIF  RAF). Cherokee Park parking lot at Lexington and Ledges Rd. RC: Karen Jaworski, 244-0144 or kjawor@iglou.com

2:00 pm **Touring Meeting**. Baptist East/Milestone Wellness Center. Help us put together the September/October ride schedule – it's the best time of year to ride!

5:15 pm 25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 253-1746 or bi keol ounger@prodi gy. net or tarmstrong@schellers.com


Sunday, August 4

9:00 am 42/56 mi. #3. Thurston Hutchins Park (across from Cox's Park). RC: Tim Chilton, 367-8946

2:00 pm 15/25 mi. #3. Heine Bros. Coffee on Chenoweth Lane. RC: Sara Ferebee, 637-1429

Monday, August 5

6:30 pm **Bike Handling Class**. 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Come and learn riding skills every rider should know, followed by a short ride. Tonight's topic is Riding with the Louisville Bicycle Club. For more info contact A.B. Sandefur, 425-9463

6:30 pm 12 mi. #2. **Recovery Ride** (RIF  RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RCs: Glenn & Lisa Todd, 897-5406

Tuesday, August 6

8:00 am 30/60 mi. #3. Long Run Park. RC: Jay Palmer, 267-9175

6:30 pm 19/26 mi. #3. Cherokee Park, Hogan's Fountain. RC: Rich Kratt, 895-3020

Wednesday, August 7

9:00 am 25/50 mi. #3. Memphis Truck Plaza, Memphis, Ind. RC: AB Sandefur, 425-9463

6:30 pm 15/30 mi. #3. Floyds Fork Park. RC: Jerry Gordon, 267-7084

Thursday, August 8

6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Marilee Martin, 423-0600

Friday, August 9

8:00 am 30/60 mi. #3. Vettiner Park. RC: Pennie DuBarry, 263-7215

Saturday, August 10

8:00 am 30/60/100 mi. #3. **Mad Dog Raid on Bagdad**. Long Run Park. RC: Marilyn Minnick, 412-4224 (30); RC: Bill Pustow, 245-1349 (60/100)


Sunday, August 11

8:00 am 30/60 mi. #3. Floyds Fork Park. RC: Jay Palmer, 267-9175

2:00 pm 15/25 mi. #3. Heine Bros. Coffee on Chenoweth Lane. RC: Sara Ferebee, 637-1429

Monday, August 12

6:30 pm **Bike Handling Class**. 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topic is Basic Bicycle Maintenance. For more info contact A.B. Sandefur, 425-9463

6:30 pm 12 mi. #2. **Recovery Ride** (RIF  RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RCs: Glenn & Lisa Todd, 897-5406

Tuesday, August 13

7:00 am 30/60/100 mi. #3. Happy Church, 3018 Middle Rd., Jeffersonville, Ind. RC: Eddie Doerr, 285-0017

6:30 pm 19/26 mi. #3. Cherokee Park, Hogan's Fountain. RCs: Glenn & Lisa Todd, 897-5406

Wednesday, August 14

8:30 am 25/50 mi. #3. New Cut Rd. & Outer Loop. RC: Sonny Neurath, 893-2306

CPSC- or Snell-approved Helmets Are Required


Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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6:30 pm 15/25 mi. #2/3. **Dinner Ride** (RIF  RAF). First Christian Church, 3209 Middle Road (east of downtown Jeffersonville, Ind.). Drive to Buckhead Mountain Grill on the river for dinner after the ride (buy your own dinner). Joint ride with S.I.W. "Slowspokes." RC: Lewis Miller, 897-9198

Thursday, August 15

6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Marilee Martin, 423-0600.

Friday, August 16

8:00 am 30/60 mi. #3. Vettiner Park. RC: Pennie DuBarry, 263-7215

Saturday, August 17

9:00 am 41/60 mi. #3/4. **Madison, Ind.** Come tour and climb the scenic/rural countryside around historic Madison, Ind. Ride starts and ends in downtown Madison on the Ohio River at Crystal Beach on Vaughn Dr. Park on Broadway and on the north side of Vaughn Dr. Overflow parking south of First St. between Central St. and West St. To get to Madison (approximately 1 hr 10 min) take Hwy 62 out of Jeffersonville; turn right on to SR 56 and follow signs to Madison; another option is to take US 42 to Bedford, Ky. then US 421 to Milton, Ky. where you cross the Ohio River into Madison. RC: Michael Crawford, 244-1213

5:15 pm 25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 253-1746 or bi keol ounge r@prodi gy. net or tarmstrong@schell ers. com


Sunday, August 18

8:30 am 50 mi. #3. E.P. 'Tom' Sawyer Park. RC: Bob Shindler, 499-1995

2:00 pm 15/25 mi. #3. Heine Bros. Coffee on Chenoweth Lane. RC: Mimi Beilman, 636-5392

Monday, August 19

6:30 pm **Bike Handling Class**. 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. Tonight's topic is a Review of Missed Lessons. For more info contact A.B. Sandefur, 425-9463

6:30 pm 12 mi. #2. **Recovery Ride** (RIF  RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RCs: Glenn & Lisa Todd, 897-5406

Tuesday, August 20

8:00 am 25/50/75 mi. #3. Vettiner Park. RC: Jay Palmer, 267-9175

6:30 pm 19/26 mi. #3. Cherokee Park, Hogan's Fountain. RC: Sara Ferebee, 637-1429

Wednesday, August 21

8:00 am 20/30/50 mi. #3. Memphis Truck Plaza, Memphis, Ind. RC: Dick Williams, 426-4844

6:30 pm 15/30 mi. #3. Vettiner Park. RC: Jerry Gordon, 267-7084

Thursday, August 22

6:30 pm 15/30 mi. #3. 15/27 mi. #3. McNeely Lake Park. RC: Paul Battle, 459-6973

Friday, August 23

8:00 am 30/60 mi. #3. Vettiner Park. RC: Pennie DuBarry, 263-7215

Saturday, August 24

6:30 am 160/200 mi. #3/4. **Mad Dog 200**. Long Run Park. Be there at 6:30 am for instructions, 7:00 am ride start. The entire Old Kentucky Home route in one day! Do the Pottershop Century and the Sunday return route. For those who are doing to the 200-mile route, at Sawyer Park, put your lights on before completing the ride. Per KY state law, a white light visible at least 500 feet from the front and a red reflector are minimum requirements. A reflective vest is also recommended. A great training ride for the OKHT Tour! RC: Eddie Doerr, 285-0017

8:30 am 30/60 mi. #3. **Clark Forest Fire Tower Hill Challenge**. The hill is optional – Take the challenge if you dare! Silver Creek High School in Sellersburg, Ind. (Speed/Sellersburg exit on I-65, turn right, go approx. 1 mile, school on left). Snacks and drinks will be provided in the park. RC: Ellen Mueller, 485-1758

Sunday, August 25

9:30 am 25/45 mi. #3. **President's Ice Cream Ride** (the ice cream is on Earl). Thierman Lane near Shelbyville Rd. (Old Circuit City parking lot.) RC: Earl Jones, 895-4850

2:00 pm 15/25 mi. #3. Heine Bros. Coffee on Chenoweth Lane. RC: AB Sandefur, 425-9463

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Monday, August 26

6:30 pm **Bike Handling Class.** 6:30 to 9:00 pm. St. Matthews Elementary School, 601 Browns Lane. It's graduation night! No lesson tonight, but join us for a fruit ride. For more info contact A.B. Sandefur, 425-9463

6:30 pm 12 mi. #2. **Recovery Ride** (RIF ☺ RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RCs: Glenn & Lisa Todd, 897-5406

Tuesday, August 27

8:00 am 30/60 mi. #3. Floyds Fork Park. RC: Jay Palmer, 267-9175

6:30 pm 19/26 mi. #3. Cherokee Park, Hogan's Fountain. RC: Tim Chilton, 367-8946

Wednesday, August 28

9:00 am 25/50 mi. #3. E.P. 'Tom' Sawyer Park. Lunch at Colonel's Lady. RC: AB Sandefur, 425-9463

6:30 pm 10/20 mi. #3. **Tour De Gil End of Summer Pot Luck.** Vettiner Park. RC: Louisville Bicycle Club. The club will provide hot dogs and drinks. Bring a side dish or desert. Volunteers needed! Contact Alan Darby for info, 895-4904.

Thursday, August 29

6:30 pm 15/30 mi. #3. **Fruit Ride**, E.P. 'Tom' Sawyer Park. RC: Marilee Martin, 423-0600

Friday, August 30

8:00 am 30/60 mi. #3. Long Run Park. RC: Pennie DuBarry, 263-7215

Saturday, August 31

7:00 am 50/100 mi. #3. **TOTS**, Floyds Fork Park. RC: Dave Runge, 454-7563

9:00 am 12-15 mi. #2 (RIF ☺ RAF), E. P. 'Tom' Sawyer Park. RC: Karen Jaworski, 244-0144 or kjawor@iglou.com

5:15 pm 25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 253-1746 or bi keol ounger@prodi gy. net or tarmstrong@schellers.com

Sunday, September 1

7:00 am 30/60/100 mi. #3/#4. **Harrodsburg Century.** Long Run Park. RC: Adrian Freund, 231-1083

2:00 pm 15/25 mi. #3. Heine Bros. Coffee on Chenoweth Lane. RC: AB Sandefur, 425-9463

Monday, September 2 – Labor Day

8:00 am 30/60/100 mi. #3. **Mad Dog Century.** E. P. 'Tom' Sawyer Park. RC: Eddie Doerr, 285-0017

RIF ☺ RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198.

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