

September 2002 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Sunday, September 1

7:00 am 30/60/100 mi. #3. Long Run Park. RC: Bill Pustow, 245-1349

2:00 pm 15/25 mi. #3. Heine Bros. Coffee on Chenoweth Lane. RC: AB Sandefur, 425-9463

Monday, September 2 – Labor Day

8:00 am 30/60/100 mi. #3. **Mad Dog Century**. E. P. 'Tom' Sawyer State Park. RC: Eddie Doerr, 285-0017

Tuesday, September 3

8:00 am 30/60 mi. #3. Vettiner Park. RC: Jerry Gordon, 267-7084

6:15 pm 19/26 mi. #3. Cherokee Park, Hogan's Fountain. Tonight we will be accepting donations to help club and racing team member Jason Lasley, whose new baby is ill. RC: Cheryl Brawner, 896-8109

Wednesday, September 4

9:00 am 20/40 mi. #3. **Ride & Eat**. 3523 Coronado Dr. RC: AB Sandefur, 425 9463

6:15 pm 15/25 mi. #3. Iroquois Park. RC: Tim Chilton, 367-8946

Thursday, September 5

6:15 pm 14/26 mi. #3. Floyd's Fork Park. RC: Bill Pustow, 245-1349

Friday, September 6

8:00 am 30/60 mi. #3. Vettiner Park. RC: Pennie DuBarry, 263-7215

Saturday, September 7

7:00 am **25th Annual Old Kentucky Home Tour**. Our premier cycling event! 50/70/100 mi. #3/3/4 routes to Bardstown. This year includes the first-ever, USA Cycling-sanctioned, 100-mile time trial! One-day loop is also available. See www.okht.org if you haven't already registered. Day-of-ride registration from 7:00 to 8:45 am at E.P. 'Tom' Sawyer State Park. For info contact Ellen Mueller, 485-1758

Sunday, September 8

Old Kentucky Home Tour, Day 2. 55-mile return from Bardstown.

Monday, September 9

6:15 pm 12 mi. #2. **Recovery Ride** (RIF ☺ RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RC: Rich Kratt, 895-3020

Tuesday, September 10

8:00 am 30/60 mi. #3. Long Run Park. RC: Jay Palmer, 267-9175

6:15 pm 19/26 mi. #3. Cherokee Park, Hogan's Fountain. RC: Pam Davis, 649-4840

Wednesday, September 11

8:30 am 35-40 mi. #3. Heine Bros. Coffee on Chenoweth Ln. RC: Carole Sutton, 893-9216

6:15 pm 9/18/25 mi. #3. Long Run Park. RC: Scott Slusher, 558-9424

Thursday, September 12

6:15 pm 15/25 mi. #3. **Bike and Swim**, Baptist East/Milestone Wellness Center, located at 750 Cypress Station Drive (off Bowling Boulevard). This OKHT sponsor is offering free use of their lap pool after the ride, free lockers will also be available. RC: Ellen Mueller, 485-1758

Friday, September 13

8:00 am 30/60 mi. #3. Middletown Station (former bigg's parking lot). RC: Pennie DuBarry, 263-7215

Saturday, September 14

8:30 am 30/60 mi. #3/4. **Return to Rocky Top**. New start location – I-64 West to Indiana, take Greenville/Paoli Exit (Hwy 150). Go approx. 4.5 miles, turn left at flashing yellow light on Edwardsville/Galena, then left on Old Vincennes at T intersection. Take first right into church parking lot – park in back. RC: Alan Darby, 895-4904

8:00 am **Bike Trek to Shakertown** to benefit the American Lung Association. For more information call the American Lung Association at 502-363-2652 or Dave Runge at 454-7563.

Sunday, September 15

12:00 noon 45 mi. #3. **President's Ice Cream Ride** (the ice cream is on Earl). Thierman Lane off Shelbyville Rd. (Old Circuit City parking lot). RC: Earl Jones, 895-4850

CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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1:00 pm 20/30 mi. #3 (RIF ☞ RAF) **President's Ice Cream Ride** (the ice cream is on Earl). Thierman Lane off Shelbyville Rd. (Old Circuit City parking lot). RC: Earl Jones, 895-4850

3:00 pm **General Membership Meeting** following the rides at Cakes and More ice cream shop on Shelbyville Road near Thierman Lane

Monday, September 16

6:15 pm 12 mi. #2. **Recovery Ride** (RIF ☞ RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RCs: Glenn & Lisa Todd, 897-5406

Tuesday, September 17

8:00 am 30/60 mi. #3. Vettiner Park. RC: Jerry Gordon, 267-7084

6:00 pm 19/26 mi. #3. Cherokee Park, Hogan's Fountain. RC: Earl Jones, 895-4850

Wednesday, September 18

8:00 am 30/60 mi. #3. Sellersburg Community Center, Sellersburg, Ind. RC: Alison Ewart, 584-4222

6:00 pm 9/18/25 mi. #3. Long Run Park. RC: Scott Slusher, 558-9424

Thursday, September 19

6:00 pm 15/25 mi. #3. Prospect Point Shopping Center. RC: Sara Ferebee, 637-1429

Friday, September 20

8:00 am 30/60 mi. #3. Long Run Park. RC: Pennie DuBarry, 263-7215

Saturday, September 21

8:00 am 30/60/100 mi. #3. **My First Mad Dog Century**. Silver Creek High School in Sellersburg - Speed/Sellersburg Exit (Exit 9) on I-65, turn right, go approx. 1 mile, turn left (after new construction) into high school parking lot. This will be a good century for those of you who have never done one but would like to give it a try. RC: Mike Pitt, 454-4559, mmpitt@aol.com

9:00 am 15 mi. #2 (RIF ☞ RAF) E.P. 'Tom' Sawyer State Park. RC: Karen Jaworski, 244-0144 or kjavor@iglou.com

Sunday, September 22

8:45 am 60 mi. #3. Pritchard Community Center in Elizabethtown. A rural/scenic ride in some new territory about one hour's drive from Louisville. Take I-65 south to the 2nd E'town exit which is the Western KY Parkway; approximately 1 mile take the Fort Knox exit which is the Elizabethtown Bypass; take the 1st E'town exit off the bypass; at the off ramp turn left; Pritchard Community Center is the first building on the left; all riders must park on the west side of the building near the basketball courts; riders must not park in front of the building; PCC's phone number is 270-765-5551. RC: Michael Crawford, 244-1213

9:00 am 35 mi. #3. Northeast YMCA. RC: Earl Jones, 895-4850

2:00 pm 15/25 mi. #2. Heine Bros. Coffee on Chenoweth Lane. RC: Scott Slusher, 558-9424

Monday, September 23

6:15 pm 12 mi. #2. **Recovery Ride** (RIF ☞ RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RCs: Glenn & Lisa Todd, 897-5406

Tuesday, September 24

8:00 am 30/60/100 mi. #3. Dairy Queen at 3011 Middle Road and Allison Lane in Jeffersonville, Ind. RC: Eddie Doerr, 285-0017

6:00 pm 19/26 mi. #3. Cherokee Park, Hogan's Fountain. RC: Pam Davis, 649-4840

Wednesday, September 25

8:30 am 28/58 mi. #3. E.P. 'Tom' Sawyer State Park. RC: Dick Williams, 426-4844

6:00 pm 15/20 mi. #3. **Dinner Ride** (RIF ☞ RAF). Clifton's Pizza on Frankfort Avenue. Stay for dinner after the ride (buy your own dinner). RC: Lewis Miller, 897-9198

Thursday, September 26

6:00 pm 15/25 mi. #3. **Pumpkin Pie Ride**. E.P. 'Tom' Sawyer State Park. RC: Lisa and Glenn Todd, 897-5406

Friday, September 27

8:00 am 30/60 mi. #3. Vettiner Park. RC: Pennie DuBarry, 263-7215

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
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
Saturday, September 28


- 7:30 am 120 mi. #4. **Mad Dog Fall Mammoth Cave Overnight Century.** Starts outside Louisville at Hatmakers Convenience Store at entrance to Floyd's Fork Park. We ride a portion of the OKHT route to Bardstown, then on for lunch in Hodgenville and ice cream in Park City, on our way to the Mammoth Cave National Park, and a special beer and wine reception. Make your own reservations at Mammoth Cave Hotel, (270)758-2225, ask for Juanita, tell her you are a Mad Dog cyclist. We have a block of cabins reserved. Beer and wine provided. And new for this year: no ferry detours, guaranteed. RC: Michael Pitt, 454-4559, mmspi tt@aol . com
- 8:00 am 16 (RIF  RAF) /26/60 mi. #3. Southeast Christian Church campus next to Youth Activity Center. Joint Ride with Spoke-N-Word Bike Club. RC: Brian Borgmann, 896-4916 (16/26). RC: Paul Battle, 459-6973 (60)
- 5:15 pm 25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Rd. RC: Tom Armstrong, 253-1746 or bi keol ounger@prodi gy. net or tarmstrong@schel lers. com

Sunday, September 29

- 7:30 am **Harvest Homecoming Bicycle Tour.** 25/40/62-mile routes. Early registration until 9/19. Day-of-ride registration from 7:30 to 9:00 am at Floyd Central High School. For info contact the Southern Indiana Wheelmen at 812-948-2453
- 7:30 am 120 mi. #4. **Mad Dog Mammoth Cave Return.** Starts at the lobby of the Mammoth Cave Hotel and returns to Louisville. Breakfast stop in Park City (Cracker Barrel) and special lunch in Bardstown. RC: Michael Pitt, 454-4559, mmspi tt@aol . com

Monday, September 30

- 6:00 pm 12 mi. #2. **Recovery Ride** (RIF  RAF). St. Matthews Baptist Church, 3515 Grandview Ave. RCs: Glenn & Lisa Todd, 897-5406

RIF  RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198.

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