

December 2002 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Sunday, December 1

2:00 pm 15/25 mi. #3 (RIF ☞ RAF). Heine Bros. Coffee on Chenoweth Lane. RC: Cheryl Brawner, 896-8109

Monday, December 2

10:00 am 30 mi. #3. E. P. 'Tom' Sawyer Park. RC: Brooke Willis, 244-0064

Tuesday, December 3

10:00 am **Show-n-Go** (Mileage depends on weather. Cancelled if below 30 degrees.) Vettiner Park. Contact Jay Palmer, 267-9175, for info.

7:00 pm **Trainer Tour** (20 mi. credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463

Wednesday, December 4

10:00 am 30/60 mi. #3. E.P. 'Tom' Sawyer Park. RC: Dick Williams, 426 4844

Friday, December 6

9:00 am 30/65 mi. #3. Long Run Park. RC: Bill Pustow, 245-1349

Saturday, December 7

10:00 am **Red Baron Ride**. Bowman Field Parking Lot. Come and chase down the Red Baron! Mountain and road bikes welcome. Ride for 1 to 1 1/2 hours in Cherokee Park then make a 3-point landing at Heine Bros. Coffee on Frankfort Ave to take in the Old Time Christmas Festival on Frankfort. RC: Alan Darby, 895-4904

6:00 pm **LBC Annual Awards Banquet**. Knights of Columbus Hall, 4417 Upper River Rd. Help celebrate another great year of riding and cheer on your friends (or yourself!) as the touring and volunteer awards are announced. This is also the official Annual Meeting, where next year's officers are elected. \$10.00 a plate – What a bargain!!

Sunday, December 8

8:00 am 100 mi. #3. **Boston-to-Munfordville Mad Dog Century**. Starts at Boston Store at KY 61 & Hwy 62 in Boston, Ky. RC: Tim Chilton, 367-8946

2:00 pm 15/25 mi. #3 (RIF ☞ RAF). Heine Bros. Coffee on Chenoweth Lane. RC: Rich Kratt, 895-3020

Monday, December 9

10:00 am 30 mi. #3. E. P. 'Tom' Sawyer Park. RC: Brooke Willis, 244-0064

Tuesday, December 10

10:00 am **Show-n-Go** (Mileage depends on weather. Cancelled if below 30 degrees.) Vettiner Park. Contact Jay Palmer, 267-9175, for info.

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Wednesday, December 11

10:00 am 30-40 mi. #3. Falls of the Ohio. RC: Alison Ewart, 584-4222

Saturday, December 14

11:00 am 20/40 mi. #3. **Hot Chocolate Ride**. St. Matthews Baptist Church. Hot chocolate after the ride at Alan's house! RC: Alan Darby, 895-4904

Sunday, December 15

2:00 pm 15/25 mi. #3 (RIF ☞ RAF). Heine Bros. Coffee on Chenoweth Lane. RC: Mimi Beilman, 636-5392

Tuesday, December 17

10:00 am **Show-n-Go** (Mileage depends on weather. Cancelled if below 30 degrees.) Vettiner Park. Contact Jay Palmer, 267-9175, for info.

CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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Wednesday, December 18

10:00 am 30 mi. #2. Arby's in Sellersburg, Ind. RC: Sonny Neurath, 893-2306

Friday, December 20

9:00 am 30/65 mi. #3. Long Run Park. RC: Bill Pustow, 245-1349

Saturday, December 21

10:00 am 15/30/47 mi. #3. Long Run Park. **Michele and Billie's Birthday Ride**. RCs: Michele Blackburn and Billie Beachy, 491-9241

Sunday, December 22

2:00 pm 15/25 mi. #3 (RIF ☺ RAF). Heine Bros. Coffee on Chenoweth Lane. RC: Earl Jones, 895-4850

Tuesday, December 24

10:00 am **Show-n-Go** (Mileage depends on weather. Cancelled if below 30 degrees.) Vettiner Park. Contact Jay Palmer, 267-9175, for info.

Wednesday, December 25 – **Merry Christmas** (take it easy on the fruit cake)

Friday, December 27

9:00 am 30/65 mi. #3. Long Run Park. RC: Bill Pustow, 245-1349

Saturday, December 28

12:00 pm 20 mi. #3. **New Bike Ride** – Come show off the new bike you got for Christmas. St. Matthews Baptist Church on Grandview Ave. RC: Alan Darby, 895-4904

Sunday, December 29

12:00 pm 15/27 mi. #2. **Road Kill Ride**, Iroquois Park. RC: Tim Chilton, 367-8947

2:00 pm 15/25 mi. #3 (RIF ☺ RAF). Heine Bros. Coffee on Chenoweth Lane. RC: Rick Knowles, 562-2411

Wednesday, January 1, 2003 – **HAPPY NEW YEAR!**

11:00 am **Polar Bear Ride and Potluck** (RIF ☺ RAF) Help us ring in the New Year! Ride mileage will depend on the weather -- Potluck lunch will not! After the ride, chili and drinks will be provided. Bring a side dish or dessert. Broadway Baptist Church, 4000 Brownsboro Rd. RC: A.B. Sandefur, 425-9463

RIF ☺ RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198.

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