

## Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

### Wednesday, January 1 - Happy New Year!

11:00 am **Polar Bear Ride and Potluck** (RIF RAF) Help us ring in the New Year! Ride mileage will depend on the weather - Potluck lunch will not! After the ride, chili and drinks will be provided. Bring a side dish or dessert. Broadway Baptist Church, 4000 Brownsboro Rd. RC: A.B. Sandefur, 425-9463

### Friday, January 3

10:00 am 30/60 mi. # 3. Floyds Fork Park. RC: Bill Pustow, 245-1349

### Saturday, January 4

8:00 am 30/60/100 mi. #3/#3/#4. **Mad Dog Century.** Ride to Bardstown and tackle Pottershop! Floyd's Fork Park. RC: Tim Chilton, 367-8946

### Sunday, January 5

2:00 pm 15/25 mi. #3 (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Jim Preston, 339-1637

### Tuesday, January 7

10:00 am 25+ mi. #3. **Show-n-Go** (Mileage depends on weather. Cancelled if under 30 degrees.) Vettiner Park. RC: Jay Palmer, 267-9175

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainers (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: Moe Kilroy, 899-9767

### Wednesday, January 8

10:00 am 30 mi. #3 E.P. "Tom" Sawyer Park. RC: A.B. Sandefur, 425-9463

### Thursday, January 9

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainers (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463

### Saturday, January 11

9:00 am **National Masters Championship Trainer Tour** (20-mi. credit). Bring your bike and trainers/rollers and smiles for the camera for a media event/press conference. Kentucky International Convention Center ballroom (enter from Market Street). RC: Cheryl Brawner, 939-5140

11:00 am 10 mi. #1 **"Wheeling Around Louisville" Ride.** Explore a route from Joe Ward's new book. Waterfront Park, "Purple" Lot. RC: Donna Connell, 231-5853

### Sunday, January 12

2:00 pm 15/25 mi. #3 (RIF RAF). Broadway Baptist Church, 4000 Brownsboro Rd. RC: Stewart Prather, 895-9094

4:00 pm **General Membership Meeting** following the rides at Broadway Baptist Church, 4000 Brownsboro Rd.

### Tuesday, January 14

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainers (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: Moe Kilroy, 899-9767

### Wednesday, January 15

10:00 am 35 mi. #3 Iroquois Park. RC: Sonny Neurath, 893-2306

### Thursday, January 16

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainers (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463

### CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride  
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

# January 2003 Ride & Event Schedule

## Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

### Friday, January 17

10:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 245-1349

### Saturday, January 18

10:00 am 40 mi. #3 E.P. "Tom" Sawyer Park. RC: Bob Schindler, 499-1995

### Sunday, January 19

2:00 pm 15/25 mi. #3 (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Jim Preston, 339-1637

### Tuesday, January 21

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainers (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: Sara Ferebee, 552-0736

### Wednesday, January 22

10:00 am 30-35 mi. #3. Falls of the Ohio. RC: Alison Ewart, 584-4222

### Thursday, January 23

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainers (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463

### Friday, January 24

10:00 am 30/60 mi. #3. E.P. "Tom" Sawyer Park. RC: Bill Pustow, 245-1349

### Saturday, January 25

9:00 am 30/60 mi. #3. **Chat 'n Nibble Ride**. E.P. "Tom" Sawyer Park. RC: Bill Pustow, 245-1349

2:00 pm 10 mi. #1 (RIF RAF) **"Wheeling Around Louisville" Ride**. Explore a route from Joe Ward's new book. Seneca Park lot near the basketball courts. Donna Connell, 231-5853

### Sunday, January 26

8:30 am 30/60/100 mi. #3. **"Dishonest Abe" Mad Dog Century**. Two climbs! Iroquois Park. RC: Tim Chilton, 367-8946

2:00 pm 15/25 mi. #3 (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Jim Preston, 339-1637

### Tuesday, January 28

10:00 am 25+ mi. #3 **Jay's Chili Ride Show-n-Go** (Mileage depends on weather. Cancelled if under 30 degrees). Eat hot Chili after the ride! 10819 Cherry Grove Court, near Vettiner Park. RC: Jay Palmer, 267-9175

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainers (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463

### Wednesday, January 29

10:00 am 30-35 mi. #3 Heine Brothers' on Chenoweth Lane. RC: Carole Sutton, 893-9216

### Thursday, January 30

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainers (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463

### Friday, January 31

10:00 am 30/60 mi. #3. Old bigg's store at the corner of Shelbyville Road and English Station Rd. RC: Bill Pustow, 245-1349

### CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride  
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.