

# May 2003 Ride & Event Schedule

## Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

### Thursday, May 1

6:30 pm 15/30 mi. #3. Vettiner Park. RC: Jerry Gordon, 267-7084

### Friday, May 2

9:00 am 30/60 mi. #3. **Oaks Day Ride.** Vettiner Park. RC: Jay Palmer, 267-9175

### Saturday, May 3

8:30 am 30/65 mi. #3. **Derby Day Ride to Bagdad.** 65-mile riders have lunch in Bagdad and watch the Governor's Derby Train pass through town. Long Run Park. RC: Ellen Mueller, 458-1758

### Sunday, May 4

9:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Jay Palmer, 267-9175.

10:00 am 15 mi. #2. (RIF RAF) "**Wheeling Around Louisville #9.**" **Jefferson County Forest Elf Ride.** Explore a route from Joe Ward's book. Medora Park. Take Dixie Highway (US 31W) to Pendleton Rd. to Orell Rd. RC: Donna Connell, 231-5853

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Mimi Beilman, 636-5392

### Monday, May 5

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride** aka **Scott's Birthday Ride.** St. Matthews Baptist Church on Grandview Ave. RC: Scott Slusher, 558-9424

6:30 pm **Bike Handling Class.** Become a better cyclist! 4500 Bowling Boulevard (office center near Milestone Wellness Center). Free access to Milestone Wellness Center showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089

### Tuesday, May 6

9:00 am 30/60 mi. #3. Memphis Truck Stop, Memphis, Ind. RC: Max Limbocker, 583-1233

6:30 pm 15/25 mi. #3. Hogan's Fountain, Cherokee Park. RC: johnpaul, 637-1957

### Wednesday, May 7

8:30 am 20/40 mi. #3. 3523 Coronado Drive. RC: A.B. Sandefur, 425-9463

6:30 pm 15/25 mi. #3. Prospect Point Shopping Center. RC: Alan Darby, 895-4904

### Thursday, May 8

9:00 am 30/50 mi. #3. Holiday Inn in New Albany, Ind. RC: Max Limbocker, 583-1233

6:30 pm 15/25 mi. #3. Milestone Wellness Center, 750 Cypress Springs Drive. Free use of showers and pool after the ride RC: Earl Jones, 895-4850

### Friday, May 9

9:00 am 20/40 mi. #3. Long Run Park. RC: Pennie DuBarry, 263-7215

### Saturday, May 10

9:00 am 55 mi. #3. Paoli, Ind. Joint ride with Southern Indiana Wheelmen. Meet at the Paoli United Methodist Church on SR 56 East. RC: Ed Wheeler and Jay Palmer, 267-9175

5:30 pm 25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Steve Sarson, 499-7089

### Sunday, May 11

8:30 am 30/60 mi. #3. Floyd's Fork Park. RC: Jennifer Wills, (859) 335-1345

2:00 pm 15/25 mi. #3. Milestone Wellness Center, 750 Cypress Station Drive. Free use of showers and pool after the ride! RC: Sara Ferebee, 664-2642

### Monday, May 12

6:30 pm 12 mi. #2. **Recovery Ride.** (RIF RAF) St. Matthews Baptist Church on Grandview Ave. RC: Mo Kilroy, 899-9767

6:30 pm **Bike Handling Class.** Become a better cyclist! 4500 Bowling Boulevard (office center near Milestone Wellness Center). Free access to Milestone Wellness Center showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089

### Tuesday, May 13

9:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Jay Palmer, 267-9175

6:30 pm 15/25 mi. #3. Hogan's Fountain, Cherokee Park. RC: Tim Chilton, 367-8946

### CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride  
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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### Wednesday, May 14

8:30 am 20/30/50 mi. #3. Memphis Truck Stop, Memphis, Ind. RC: Dick Williams, 426-4844

6:30 pm 15/25 mi. #2. **Dinner Ride.** (RIF RAF) Mark's Feed Store. Meet at Scheller's Fitness and Cycling, 11520 Shelbyville Road. Lewis says you must buy your own dinner! RC: Lewis Miller, 897-9198

### Thursday, May 15

9:00 am 30/50 mi. #3. Holiday Inn in New Albany, Ind. RC: Max Limbocker, 583-1233

6:30 pm 16/32 mi. #2. **"Wheeling Around Louisville #10." Sleepy Hollow Ride.** Explore a route from Joe Ward's book. Prospect Point Shopping Center. RC: Donna Connell, 231-5853

### Friday, May 16

9:00 am 20/40 mi. #3. Long Run Park. RC: Pennie DuBarry, 263-7215

### Saturday, May 17

9:00 am 30/60 mi. #3. **Rooftop Terrace Ride.** Long Run Park. RC: Ellen Mueller, 458-1758

### Sunday, May 18

9:00 am 30/60 mi. #3. Vettiner Park. RC: Jay Palmer, 267-9175

2:00 pm 15/25 mi. #3. (RIF RAF). **Earl's Ice Cream Ride.** Falls of Ohio Interpretive Center, Jeffersonville, Ind. Earl buys cool treats after the ride! RC: Earl Jones, 895-4850

4:00 pm **General Membership Meeting.** Widow's Walk Ice Cream Shop in Jeffersonville.

### Monday, May 19

6:30 pm 12 mi. #2. **Recovery Ride.** (RIF RAF) St. Matthews Baptist Church on Grandview Ave. RC: Sara Ferebee, 664-2642

6:30 pm **Bike Handling Class.** Become a better cyclist! 4500 Bowling Boulevard (office center near Milestone Wellness Center). Free access to Milestone Wellness Center showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089

### Tuesday, May 20

9:00 am 30/60 mi. #3. Memphis Truck Stop, Memphis, Ind. RC: Max Limbocker, 583-1233

6:30 pm 15/25 mi. #3. Hogan's Fountain, Cherokee Park. RC: Stewart Prather, 584-1135

### Wednesday, May 21

9:00 am 35/55 mi. #3. Winn-Dixie at the Shepherdsville Shopping Center, Shepherdsville, Ky. RC: Joe Kinsinger, (502) 543-1625

6:30 pm 16/25 mi. #3. Long Run Park. RC: Scott Slusher. 558-9424

### Thursday, May 22

9:00 am 30/50 mi. #3. Holiday Inn in New Albany, Ind. RC: Max Limbocker, 583-1233

6:30 pm 15/25 mi. #3. Vettiner Park. RC: Bob Schindler, 499-1995

### Friday, May 23

9:00 am 30/60 mi. #3. Old bigg's in Middletown Station. RC: Pennie DuBarry, 263-7215

### Saturday, May 24

**Horsey Hundred Weekend** - Bluegrass Cycling Club's signature event. Georgetown, Ky. Registration fee required. For information, see: <http://www.bgcycling.org/horsey/>

9:00 am 21/43 mi. #3. (RIF RAF) Milestone Wellness Center, 750 Cypress Station Drive. RC: Lewis Miller, 897-9198

5:30 pm 25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 253-1746

### Sunday, May 25

8:00 am 30/60/100 mi. #3. **Mad Dog Honest Abe Century.** Iroquois Park. RC: Tom Armstrong, 253-1746

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Steve Sarson, 499-7089

### Monday, May 26 - Memorial Day

9:00 am 30/60 mi. #3. Vettiner Park. RC: Jay Palmer, 267-9175

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### Tuesday, May 27

9:00 am 30/60 mi. #3. Long Run Park. RC: Jay Palmer, 267-9175

6:30 pm 15/25 mi. #3. Hogan's Fountain, Cherokee Park. RC: Stewart Prather, 584-1135

### Wednesday, May 28

8:00 am 30/60 mi. #3. Memphis Truck Stop, Memphis, Ind. RC: Alison Ewart, 584-4222

5:30 pm **Southern Indiana Time Trial Series.** Caesar's Casino. Registration and license required.

Contact David Schmidt, (502) 417-6617, or Clarksville Schwinn, (812) 948-BIKE. See

<http://www.louisvillebicycleclub.org/racing/caesarstimetrial.pdf>

6:30 pm 16/25 mi. #3. Long Run Park. RC: Scott Slusher, 558-9424

### Thursday, May 29

6:30 pm 15/25 mi. #3. Prospect Point Shopping Center. RC: Sara Ferebee, 664-2642


### Friday, May 30

9:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 245-1349

### Saturday, May 31

8:00 am 30/60 mi. #3. Vettiner Park. RC: Paul Battle, 459-6973

8:30 am 100 mi. #4. **Green River Lake Mad Dog Century.** Green River Lake State Park, Campbellsville, Ky. RC: Jim Moore, (270) 789-2581

RIF  RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198.

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