

June 2003 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Sunday, June 1

10:00 am 20/40mi. #3. Vettiner Park. RC: Jerry Gordon: 267-7084

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Steve Sarson, 499-7089

Monday, June 2

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride**. St. Matthews Baptist Church on Grandview Ave. RC: Mo Kilroy, 899-9767

6:30 pm **Bike Handling Class**. Become a better cyclist! 4500 Bowling Boulevard (office center near Milestone Wellness Center). Free access to Milestone Wellness Center showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089

Tuesday, June 3

9:00 am 30/60 mi. #3. Memphis Truck Stop, Memphis, Ind. RC: Max Limbocker, 583-1233

6:30 pm 15/25 mi. #3. Hogan's Fountain, Cherokee Park. RC: Tim Chilton, 367-8946

Wednesday, June 4

8:00 am 30/60 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844

6:30 pm 15/25 mi. #3. Prospect Point Shopping Center. RC: Alan Darby, 895-4904

Thursday, June 5

9:00 am 30/50 mi. #3. Holiday Inn in New Albany, Ind. RC: Max Limbocker, 583-1233

6:30 pm 15/25 mi. #3. E.P. "Tom" Sawyer State Park. RC: Sara Ferebee, 664-2642

Friday, June 6

8:00 am 30/60 mi. #3. Vettiner Park. RC: Pennie DuBarry, 263-7215

Saturday, June 7

8:00 am 50/75 mi. #3. **MS150 Ride**. Toyota Plant in Georgetown, Ky. Ride beautiful roads in the Bluegrass while helping to beat MS. Overnight in Danville. Fundraising required. RC: Phil Patterson, 266-6321

8:00 am 20/40/80 mi. #3. Vettiner Park. RC: Jay Palmer, 267-9175

5:30 pm 25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 245-1955

Sunday, June 8

8:00 am 50/75 mi. #3. **MS150 Ride**. Return Ride from Danville to Georgetown. RC: Phil Patterson, 266-6321

8:00 am 30/60 mi. #3. Vettiner Park. RC: Jay Palmer, 267-9175

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Mimi Beilman, 636-5392

Monday, June 9

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride**. St. Matthews Baptist Church on Grandview Ave. RC: Brian Borgmann, 896-4916

6:30 pm **Bike Handling Class**. Become a better cyclist! 4500 Bowling Boulevard (office center near Milestone Wellness Center). Free access to Milestone Wellness Center showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089

Tuesday, June 10

9:00 am 30/60 mi. #3. Memphis Truck Stop, Memphis, Ind. RC: Max Limbocker, 583-1233

6:30 pm 15/25 mi. #3. Hogan's Fountain, Cherokee Park. RC: Bob Schindler, 499-1995

Wednesday, June 11

8:00 am 40 mi. #3. Greenville Elementary School, Greenville, Ind. RC: Alison Ewart, 584-4222

6:30 pm 16/25 mi. #3. Long Run Park. RC: Scott Slusher, 558-9424

Thursday, June 12

8:00 am 30/60 mi. #3. Old bigg's in Middletown Station on Shelbyville Road. RC: Pennie DuBarry, 263-7215

6:30 pm 15/25 mi. #3. Milestone Wellness Center, 750 Cypress Station Drive. Free use of showers and pool after the ride! RC: Earl Jones, 895-4850

CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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Saturday, June 14

8:00 am 30/60 mi. #3. Long Run Park. RC: Jay Palmer, 267-9175

8:00 am 23/33/44/52/60 mi. #3. **Safari Ride**, Pekin, Ind. For those who love cycling and eating! Lunch and SAG stops. Registration fee required. Web site: <http://www.safaribicycltour.org/>. RC: Marilyn Minnick, 412-4224

Sunday, June 15

8:00 am 100 mi. #3. **Boston Mad Dog Century**. Ride to Munfordville on a classic century course. Meet at the Boston General Store at the intersection of KY 61 and US 62. RC: Tom Armstrong, 253-1746

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: A.B. Sandefur, 425-9463

Monday, June 16

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride**. St. Matthews Baptist Church on Grandview Ave. RC: Brian Borgmann, 896-4916

6:30 pm **Bike Handling Class**. Become a better cyclist! 4500 Bowling Boulevard (office center near Milestone Wellness Center). Free access to Milestone Wellness Center showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089

Tuesday, June 17

8:00 am 30/60/100 mi. #3. **Mid-week Century!** Vettiner Park. RC: Jay Palmer, 267-9175

6:30 pm 15/25 mi. #3. Hogan's Fountain, Cherokee Park. RC: johnpaul, 637-1957

Wednesday, June 18

8:00 am 25/45 mi. #3. E.P. "Tom" Sawyer State Park. RC: A.B. Sandefur, 425-9463

6:30 pm 15/30 mi. #3. Vettiner Park. RC: Jerry Gordon, 267-7084

Thursday, June 19

8:00 am 30/60 mi. #3. Old bigg's in Middletown Station on Shelbyville Road. RC: Pennie DuBarry, 263-7215

6:30 pm 15/30 mi. #3. Old bigg's in Middletown Station on Shelbyville Road. RC: Ellen Mueller, 485-1758

Saturday, June 21

7:00 am 140 mi. #4. **Son of WACKY**. The best way to see Kentucky! Begins at the Lodge in Otter Creek Park (25 miles and 30 minutes from I-65 and Snyder Freeway junction) and ends in Franklin, Ky. after a dip into Tennessee. One-day riders must make their own arrangements for transport home. Contact Duc for hotel options. RC: Duc M. Do, 893-8780

8:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Bob Schindler, 499-1995

Sunday, June 22

6:00 am CDT (local time) - 140 mi. #4. **Son of TACKY**. Franklin, Ky. Return route across scenic Kentucky. RC: Duc M. Do, 893-8780

9:00 am 40 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 245-1955

2:00 pm 15/25 #3. (RIF RAF) Milestone Wellness Center, 750 Cypress Station Drive. Free use of showers and pool after the ride! RC: Lewis Miller, 897-9198

Monday, June 23

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride**. St. Matthews Baptist Church on Grandview Ave. RC: Sara Ferebee, 664-2642

6:30 pm **Bike Handling Class**. Become a better cyclist! 4500 Bowling Boulevard (office center near Milestone Wellness Center). Free access to Milestone Wellness Center showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089

Tuesday, June 24

9:00 am 30/50 mi. #3. Holiday Inn in New Albany, Ind. RC: Max Limbocker, 583-1233

6:30 pm 15/25 mi. #3. Hogan's Fountain, Cherokee Park. RC: johnpaul, 637-1957

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Wednesday, June 25

9:00 am 35/55 mi. #3. Winn-Dixie at Shepherdsville Shopping Center, Shepherdsville, Ky. RC: Joe Kinsinger, (502) 543-1625

5:30 pm **Southern Indiana Time Trial Series.** Caesar's Casino. Registration and license required. Contact David Schmidt, (502) 417-6617, or Clarksville Schwinn, (812) 948-BIKE. See <http://www.louisvillebicycleclub.org/racing/caesarstimetrial.pdf>

6:30 pm 15/27 mi. #3. **Road Kill Ride.** Iroquois Park. RC: Tim Chilton, 367-8946

Thursday, June 26

6:30 pm 15/30 mi. #3. Floyd's Fork Park. RC: Jerry Gordon, 267-7084

Friday, June 27

8:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Jay Palmer, 267-9175

Saturday, June 28

8:30 am 30/60 mi. #4. **Tour de Rocky Top.** Floyd Central High School. I-64 West to US 150. Turn left onto Old Vincennes Road. RC: Alan Darby, 895-4904

Sunday, June 29

8:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Paul Battle, 459-6973


10:00 am 27 mi. #2. **"Wheeling Around Louisville #11."** Explore a route from Joe Ward's book. Stumler's Orchard, Starlight, Ind. Enjoy a hearty lunch after the ride at Joe Huber's Family Farm. Take I-64 to Greenville-Paoli Exit, follow US 150 west to Navilleton Road, and follow the signs to Huber Winery. RC: Donna Connell, 231-5853

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Steve Sarson, 499-7089

Monday, June 30

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride.** St. Matthews Baptist Church on Grandview Ave. RC: Mo Kilroy, 899-9767

6:30 pm **Bike Handling Class.** Become a better cyclist! 4500 Bowling Boulevard (office center near Milestone Wellness Center). Free access to Milestone Wellness Center showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089

RIF  RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198.

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