

November 2003 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Saturday, November 1

9:00 am 30/60 mi. #3. Vettiner Park. RC: Jerry Gordon, 267-7084.

Sunday, November 2

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Pam Davis, 589-4840.

2:00 pm Cherokee Park Mountain Biking #3+. (25-mile credit) Hogan's Fountain. RC: Jerry Gordon, 267-7084.

Tuesday, November 4

5:30 pm Seneca Park Mountain Biking #3+. (25-mile credit) Technical! Lights required. Meet at the Rock Creek gravel parking lot across from the restrooms in Seneca Park. RC: Mark French, 541-6547.

Wednesday, November 5

10:00am 30-35 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: Carole Sutton, 893-9216.

Friday, November 7

9:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Bill Pustow, 777-2847.

Saturday, November 8

9:00 am 56/42 mi. #3+/#3. **Ostrich Hill Ride**. Thurman-Hutchins Park. RC: Tim Chilton, 367-8946.

Sunday, November 9

9:00 am 50 mi. #3+. **Straight Shot to Salem**. Floyd Central High School. (I-64 West to Georgetown exit, follow US 150 W to Old Vincennes Road. RC: Tim Chilton, 367-8946.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Leslie Marlin, 893-5277.

2:00 pm Briar Hill Park Mountain Biking, #3+. (25-mile credit). Briar Hill Park on KY 22, 4 miles east of I-265. RC: Jerry Gordon, 267-7084.

Tuesday, November 11

9:30 am 30/60 mi. #3. Vettiner Park. RC: Jay Palmer, 267-9175.

Wednesday, November 12

10:00 am 30-35 mi. #3. Falls of the Ohio Interpretive Center. RC: Alison Ewart, 584-4222.

Friday, November 14

9:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 777-2847.

Saturday, November 15

9:00 am 25/50 mi. #3. St. Matthews Baptist Church on Grandview Avenue. RC: Alan Darby, 895-4904.

Sunday, November 16

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: A.B. Sandefur, 425-9463.

Tuesday, November 18

9:30 am 30/60 mi. #3. Floyd's Fork Park. RC: Jay Palmer, 267-9175.

5:30 pm Seneca Park Mountain Biking #3+. (25-mile credit) Technical! Lights required. Meet at the Rock Creek Gravel parking lot across from the restrooms in Seneca Park. RC: Mark French, 541-6547.

Wednesday, November 19

10:00 am 20/30/50 mi. #3. Memphis Truck Plaza, Memphis, Ind. RC: Dick Williams, 426-4844.

Friday, November 21

9:00am 30/60 mi. #3. The old bigg's parking lot in Middletown. RC: Bill Pustow, 777-2847.

Saturday, November 22

8:00 am 100 mi. #3. **Mad Dog Century**. Vettiner Park. RC: Jim Moore, (270) 789-2581.

10:00 am 40 mi. #3. **Donna's Birthday Ride**. Enjoy birthday treats at a mid-ride SAG. Vettiner Park. RC: Donna Connell, 231-5853.

Sunday, November 23

2:00 pm 15/25 mi. #3. (RIF RAF). BaptistEast/Milestone Fitness and Wellness Center, 750 Cypress Station Drive. Free use of shower and pool after the ride! RC: Earl Jones, 895-4850.

Tuesday, November 25

9:30 am 30/60 mi. #3. Long Run Park. RC: Jay Palmer, 267-9175.

CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

November 2003 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Wednesday, November 26

10:00 am 35 mi. #3. Iroquois Park. RC: Sonny Neurath, 893-2306.

Thursday, November 27 — Thanksgiving Day

*** no rides ***

Friday, November 28


9:00 am 30/60 mi. #3. E.P. "Tom" Sawyer State Park. RC: Bill Pustow, 777-2847.

Saturday, November 29

9:00 am 30/60 mi. #3. E.P. "Tom" Sawyer State Park. RC: David Wittry, 893-9475.

Sunday, November 30

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Stewart Prather, 895-9094.

RIF  RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198.

CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.