

December 2003 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Tuesday, December 2

10:00 am **Show-n-Go #3.** (Mileage depends on weather. Canceled if below 30 degrees.) Vettiner Park. RC: Jay Palmer, 267-9175.

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463.

Wednesday, December 3

10:00 am 30 mi. #3. E.P. "Tom" Sawyer Park. RC: Dick Williams, 426-4844.

Thursday, December 4

5:30 pm Seneca Park Mountain Biking #3+. (25-mile credit) Technical! Lights required. Meet at the Rock Creek gravel parking lot across from the restrooms in Seneca Park. RC: Mark French, 541-6547.

Friday, December 5

9:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Bill Pustow, 777-2847.

Saturday, December 6

10:00 am **Red Baron Ride.** Bowman Field Parking Lot. Come and chase down the Red Baron! Mountain and road bikes welcome. Ride for 1 to 2 hours in Cherokee Park then make a 3-point landing at Ellen's home for hot cocoa. RC: Alan Darby and Ellen Mueller, 895-4904.

6:00 pm **LBC Annual Awards Banquet.** Knights of Columbus Hall, 4417 Upper River Road. Help celebrate another great year of riding and cheer on your friends (or yourself!) as the touring and volunteer awards are announced. This is also the official Annual Meeting, where next year's officers are elected. \$10 a plate. What a bargain!

Sunday, December 7

8:00 am 100 mi. #3. **Mad Dog Century.** The Classic Boston-Munfordville route! Meet at the Boston store at the intersection of KY 61 and US 62. RC: Tim Chilton, 367-8946.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Leslie Marlin, 893-5277.

Tuesday, December 9

10:00 am **Show-n-Go #3.** (Mileage depends on weather. Canceled if below 30 degrees.) Vettiner Park. RC: Jay Palmer, 267-9175.

7:00 pm **Trainer Tour** (20-mile credit). Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463.

Wednesday, December 10

10:00 am 30-35 mi. #3. 5622 Elmer Lane. RC: Sonny Neurath, 893-2306.

Friday, December 12

9:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 777-2847.

Saturday, December 13

10:00 am 15/30 mi. #3. Prospect Point Shopping Center. RC: David Wittry, 893-9475.

Sunday, December 14

9:00 am 50 mi. #3+. **Straight Shot to Salem.** Floyd Central High School. Take I-64 West to the Georgetown exit, follow US 150 W to Old Vincennes Road. RC: Tim Chilton, 367-8946.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Lewis Miller, 897-9198.

Tuesday, December 16

10:00 am **Show-n-Go #3.** (Mileage depends on weather. Canceled if below 30 degrees.) Vettiner Park. RC: Jay Palmer, 267-9175.

7:00 pm **Trainer Tour** (20-mile credit). Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463.

Wednesday, December 17

10:00 am 30-35 mi. #3. 930 Franklin Street. RC: Alison Ewart, 584-4222.

CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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Thursday, December 18

5:30 pm Seneca Park Mountain Biking #3+. (25-mile credit) Technical! Lights required. Meet at the Rock Creek gravel parking lot across from the restrooms in Seneca Park. RC: Mark French, 541-6547.

Friday, December 19

9:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 777-2847.

Saturday, December 20

10:00 am 25/40 mi. #3. E.P. "Tom" Sawyer Park. RC: Mary Brice, 412-4001.

Sunday, December 21

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: A.B. Sandefur, 425-9463.

Tuesday, December 23

10:00 am **Show-n-Go** #3. (Mileage depends on weather. Canceled if below 30 degrees.) Vettiner Park. RC: Jay Palmer, 267-9175.

Thursday, December 25 — Christmas Day

*** No rides ***

Saturday, December 27

10:00 am 15/30 mi. #3. **Road Kill Ride**. Iroquois Park. RC: Tim Chilton, 367-8946.

Sunday, December 28

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: A.B. Sandefur, 425-9463.

Tuesday, December 30


10:00 am **Show-n-Go** #3. (Mileage depends on weather. Canceled if below 30 degrees.) Vettiner Park. RC: Jay Palmer, 267-9175.

Wednesday, December 31

10:00 am 30 mi. #2. Arby's in Sellersburg, Ind. RC: Sonny Neurath, 893-2306.

Thursday, January 1 — Happy New Year!

11:00 am **Polar Bear Ride and Potluck**. (RIF RAF) Help us ring in the New Year! Ride mileage will depend on the weather -- Potluck lunch will not! After the ride, chili and drinks will be provided. Bring a side dish or dessert. Broadway Baptist Church, 4000 Brownsboro Rd. RC: A.B. Sandefur, 425-9463.

RIF  RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198.

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