

# April 2004 Ride & Event Schedule

## Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

### Thursday, April 1

7:00 pm **Bicycle Maintenance Clinic.** Performance Enhancement Specialist. Reach your goals for 2004! Refreshments and door prizes are provided! Broadway Baptist Church, 4000 Brownsboro Road. For information call Steve Sarson, 499-7089.

### Saturday, April 3

9:00 am 30/60 mi. #3/3+. **Wheeling to Westport.** Lunch at the Westport General Store. Prospect Point Shopping Center. RC: Ron & Vicky Dobbs, 243-9318.

12:00 pm **L'Esprit Road Race.** Spring Racing Series. For information, call Cary Shields at 895-4812.

### Sunday, April 4 — Daylight Savings Time Begins!

8:00 am 100 mi. #3+. **Boston-Munfordville-Boston Mad Dog Century** (TMD Stage #2). Meet at the Boston store at the intersection of KY 61 and US 62 in Boston, Ky. RC: Tim Chilton, 367-8946.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Ln. RC: Jim Preston, 339-1637.

### Tuesday, April 6

6:30 pm 15/25 mi. #2. (RIF RAF) St. Matthews Baptist Church on Grandview Ave. RC: Mary Brice, 412-4001.

### Wednesday, April 7

9:30 am 30/60 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

6:30 pm 15 mi. #1. **Turtle Ride** (RIF RAF). E.P. "Tom" Sawyer State Park. RC: Ron & Vicky Dobbs, 243-9318.

6:30 pm 25 mi. #3. E.P. "Tom" Sawyer State Park. RC: Steve Sarson, 499-7089.

### Thursday, April 8

10:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 777-2847.

6:30 pm 15/25 mi. #3. Vettiner Park. RC: Jerry Gordon, 276-7084.

### Saturday, April 10

9:00 am 29/42/58 mi. #4. **Tim's Terrible Terrain Test.** Got fitness? Long route has seven big climbs! Iroquois Park. RC: Tim Chilton, 367-8946.

### Sunday, April 11 - Easter Sunday

9:00 am 30/60 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 253-1746.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: AB Sandefur, 425-9463.

### Tuesday, April 13

6:30 pm 15/25 mi. #2. (RIF RAF) St. Matthews Baptist Church on Grandview Avenue. RC: Scott Binzer, 243-3762.

### Wednesday, April 14

9:30 am 30/50 mi. #3. Memphis Truck Plaza, Memphis, Ind. RC: Alison Ewart, 584-4222.

6:30 pm 12 mi. #1. **Audubon Dogwood Ride** (RIF RAF). Hogan's Fountain in Cherokee Park. RC: Donna Connell, 231-5853.

### Thursday, April 15

6:30 pm 15/25 mi. #3. (RIF RAF). Baptist East/Milestone Fitness and Wellness Center. RC: Earl Jones, 895-4850.

### Friday, April 16

9:00 am 30/60 mi. #3/3+. **Wheeling to Westport.** Prospect Point Shopping Center. RC: Ron & Vicky Dobbs, 243-9318.

### Saturday, April 17

8:00 am 30/60/100 mi. #3. **Tour DuPont Mad Dog Century** (TMD Stage #3). Charlestown Middle School, 8804 High Jackson Rd., Charlestown, Ind. RC: Tim Chilton, 367-8946.

7:30 pm 15 mi. #1. **4th Annual LBC Thunder Over Louisville.** Meet at Mid-City Mall in the Highlands. Ride to Thunder Over Louisville! Watch the fireworks in comfort and enjoy the ride

### CPSC- or Snell-approved Helmets Are Required

Call the LBC Voice-Tel line, 502-329-1848, or see our web site at <http://www.louisvillebicycleclub.org/> for more information.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride  
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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back past the gridlocked cars. Stay for post-Thunder food and drink. Lights recommended (a limited number available for lending). Secure indoor bike parking. RC: Earl Jones, 895-4850.

### Sunday, April 18

9:00 am 25 mi. #3. **MS 150 Training Ride**. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 253-1746.

2:00 pm 15/25 mi. #3. (RIF RAF). Baptist East/Milestone Fitness and Wellness Center. RC: Stewart Prather, 895-9094 or 896-4570.

### Tuesday, April 20

6:30 pm 15/25 mi. #2. (RIF RAF) St. Matthews Baptist Church on Grandview Avenue. RC: Tim Chilton, 367-8946.

### Wednesday, April 21

9:30 am 25/50 mi. #3. E.P. "Tom" Sawyer State Park. RC: AB Sandefur, 425-9463.

6:30 pm 15 mi. #1. **Turtle Ride** (RIF RAF). E.P. "Tom" Sawyer State Park. RC: Ron & Vicky Dobbs, 243-9318.

6:30 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Marilyn Minnick, 412-4224.

### Thursday, April 22

6:30 pm 15/25 mi. #3. Floyd's Fork Park. RC: Jerry Gordon, 267-7084.

### Friday, April 23

9:30 am 30/60 mi. #3. Floyd's Fork Park. RC: Bill Pustow, 245-1349.

### Saturday, April 24

9:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 245-1349.

11:00 am **Pekin Road Race**. Spring Racing Series. For information, call Todd Wieringa at 797-6642.

### Sunday, April 25

9:00 am 25/50 mi. #3. Bowman Field Parking Lot. RC: Ellen Mueller, 485-1758.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Ln. RC: Leslie Marlin, 893-5277.

### Tuesday, April 27

6:30 pm 15/25 mi. #2. (RIF RAF) St. Matthews Baptist Church on Grandview Ave. RC: Sara Ferebee, 473-7447.

### Wednesday, April 28

8:30 am 30-35 mi. #3. **Derby Ride**. 102 Pope Street. RC: Emily Boone, 585-3430.

6:30 pm 15/25 mi. #3. **Wheeling by the Wheelmen's Bench**. Ride your oldest bike; wear your oldest jersey. Hogan's Fountain in Cherokee Park. RC: Donna Connell, 231-5853.

### Thursday, April 29

9:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 245-1349.

6:30 pm 15/25 mi. #3. E.P. "Tom" Sawyer State Park. RC: Scott Binzer, 243-3762.

### Friday, April 30

9:00 am 30/60 mi. #3/3+. **Wheeling to Westport**. Prospect Point Shopping Center. RC: Ron & Vicky Dobbs, 243-9318.

RIF RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198 or macbeast@earthlink.net.

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