

May 2004 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Saturday, May 1

8:30 am 30/65 mi. #3. **Derby Day Ride to Bagdad.** 65-mile riders have lunch in Bagdad and watch the Governor's Derby Train pass through town. Long Run Park. RC: Ellen Mueller, 458-1758.

Sunday, May 2

8:00 am 45/100 mi. #3 #3+. **Salem Mad Dog Century** (TMD Stage #4). See Amish country! Meet at parking lot beneath the Second Street bridge at the corner of Market Street and Southern Ind. Ave in Jeffersonville. RC: Tim Chilton, 367-8946.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Jim Preston, 339-1637.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Monday, May 3

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride.** St. Matthews Baptist Church, Grandview Avenue. RC: Alan Darby, 895-4904.

6:30 pm **Bike Handling Class.** Become a better cyclist! 4500 Bowling Boulevard (Office Center near Milestone Fitness Center). Free access to Milestone Fitness showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089.

Tuesday, May 4

8:30 am 30/60 mi. #3. Floyd's Fork Park. RC: Susan Howell, 451-1491.

6:30 pm 15/25 mi. #3. Cherokee Park, Hogan's Fountain. RC: Stewart Prather, 584-1135.

Wednesday, May 5

8:30 am 30/60 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

6:30 pm 15/29 mi. #3. **Road Kill and One Big Hill.** Iroquois Park. RC: Tim Chilton, 367-8946.

Thursday, May 6

9:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Bill Pustow, 777-2847.

6:30 pm 15/25 mi. #3. Vettiner Park. RC: Donna Connell, 231-5853.

Saturday, May 8

8:45 am 10/25 mi. #3. Floyd's Fork Park. SE Christian Spoke-n-Word Cycling. RC: Ken Williams, 499-5383.

9:00 am 35/60 mi. #3. Paoli, Ind. Meet at the Paoli United Methodist Church on SR 56 East. Take I-64 West to US 150W. Straight at stop sign in Paoli onto SR 56. Church is 1.5 miles up on the left. RC: Ed Wheeler and Jay Palmer, 267-9175.

10:00 am 18 mi. #1. (RIF RAF). **Slow and Easy!** Waterfront Park, Purple Lot. RC: Leslie Marlin, 893-5277.

5:30 pm 25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. Come celebrate the new Aiken Road bridge and the return of the Saturday evening ride series! RC: Tom Armstrong, 253-1746.

Sunday, May 9

8:30 am 33/63 mi. #3. **Mother's Day Ride.** McDonald's in Shelbyville at US 60 and KY 53. RC: Susan Howell, 451-1491.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Steve Sarson, 499-7089.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Monday, May 10

6:30 pm 25 mi. #4. **Monday Night Hill Jam.** Paul Yost Center on Holsclaw Hill Road. RC: Jeff White, 239-9753.

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride.** St. Matthews Baptist Church, Grandview Avenue. RC: Alan Darby, 895-4904.

6:30 pm **Bike Handling Class.** Become a better cyclist! 4500 Bowling Boulevard (Office Center near Milestone Fitness Center). Free access to Milestone Fitness showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089.

Tuesday, May 11

8:30 am 30/60 mi. #3. Vettiner Park. RC: Jay Palmer, 267-9175.

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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6:30 pm 15/25 mi. #3. Cherokee Park, Hogan's Fountain. RC: Michael Radmacher, 458-8503.

Wednesday, May 12

9:00 am 25/50 mi. #3. Memphis Truck Plaza, Memphis, Ind. RC: A.B. Sandefur, 425-9463.

6:30 pm 15/22 mi. #2/#3. E.P. "Tom" Sawyer State Park. RC: Ron & Vicky Dobbs, 243-9318.

Thursday, May 13

9:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 777-2847.

6:30 pm 15/25 mi. #3. Vettiner Park. RC: Jerry Gordon, 267-7084.

Friday, May 14

9:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Bob Schindler, 499-1995.

Saturday, May 15

7:00 am 120 mi. #4. **Mad Dog Spring Mammoth Cave Overnight** (TMD Stage #5). Hatmakers Convenience Store near Floyd's Fork Park. Reservations: Mammoth Cave Hotel, 270-758-2225, tell them you're a Mad Dog! RC: Michael Pitt, 290-3419.

9:00 am 30/60 mi. #3. Long Run Park. RC: Marilee Martin, 423-0600.

10:00 am 18 mi. #1. (RIF RAF). **Slow and Easy!** Waterfront Park, Purple Lot. RC: Leslie Marlin, 893-5277.

5:30 pm 25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Donna Connell, 231-5853.

Sunday, May 16

7:00 am 120 mi. #4. **Mad Dog Mammoth Cave Return.** Mammoth Cave Hotel to Louisville. RC: Michael Pitt, 290-3419.

9:00 am 35 mi. #3. Northeast YMCA. RC: Earl Jones, 895-4850

2:00 pm 15/25 mi. #3. (RIF RAF). **Earl's Ice Cream Ride.** Wear your Club Jerseys! Falls of Ohio Interpretive Center. Earl buys cool treats after the ride! RC: Earl Jones, 895-4850.

4:00 pm **General Membership Meeting.** Widow's Walk Ice Cream Shop in Jeffersonville.

Monday, May 17

6:30 pm 25 mi. #4. **Monday Night Hill Jam.** Paul Yost Center on Holsclaw Hill Road. RC: Jeff White, 239-9753.

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride.** St. Matthews Baptist Church. RC: Barbara Tretter, 491-7120.

6:30 pm **Bike Handling Class.** Become a better cyclist! 4500 Bowling Boulevard (Office Center near Milestone Fitness Center). Free access to Milestone Fitness showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089.

Tuesday, May 18

8:30 am 30/60 mi. #3. Vettiner Park. RC: Susan Howell, 451-1491.

6:30 pm 15/25 mi. #3. Cherokee Park, Hogan's Fountain. RC: Tim Chilton, 367-8946.

Wednesday, May 19

8:00 am 25/50 mi. #3. **Bernheim Forest Ride.** K-Mart at New Cut Road & Outer Loop. RC: Sonny Neurath, 893-2306.

6:30 pm 15/30 mi. #3. Vettiner Park. RC: Jay Palmer, 267-9175.

Thursday, May 20

9:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Bill Pustow, 777-2847.

6:30 pm 15/30 mi. #3. McNeely Lake Park. RC: Jon Wheat, 451-9372.

Saturday, May 22

8:00 am 30/60 mi. #3. E. P. "Tom" Sawyer State Park. RC: Mary Brice, 412-4001.

9:30 am 30/56/100 mi. #3/#3+. **The Sacred and the Profane Ride.** See the Abbey of Gethsemani and Maker's Mark Distillery. Joint ride with the Bluegrass Cycling Club. Idle Hour Park in Springfield, Ky. RC: Mark Medley, 859-806-7613.

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5:30 pm 25 mi. #3. Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 253-1746.

Sunday, May 23

9:00 am 40 mi. #3. **MS 150 Prep.** Get a taste of what it takes to complete the MS ride! Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 245-1955.

2:00 pm 15/25 mi. #3. **Glenn's Birthday Ride.** Lunch and drinks provided. Meijer's on Hurstbourne Lane. RC: Lisa Todd, 762-5429.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Monday, May 24

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride.** St. Matthews Baptist Church. RC: Barbara Tretter, 491-7120.

6:30 pm **Bike Handling Class.** Become a better cyclist! 4500 Bowling Boulevard (Office Center near Milestone Fitness Center). Free access to Milestone Fitness showers and pool after the session. All skill levels welcome. RC: Steve Sarson, 499-7089.

Tuesday, May 25

8:30 am 30/60 mi. #3. Floyd's Fork Park. RC: Jay Palmer, 267-9175.

6:30 pm 15/25 mi. #3. Cherokee Park, Hogan's Fountain. RC: Chad Green, 291-9979.

Wednesday, May 26

8:00 am 30/60 mi. #3. Long Run Park. RC: Alison Ewart, 584-4222.

6:30 pm 15/22 mi. #2/#3. E. P. "Tom" Sawyer State Park. RC: Ron & Vicky Dobbs, 243-9318.

Thursday, May 27

9:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 777-2847.

6:30 pm 15/30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Sara Ferebee, 473-7447.

Friday, May 28

9:00 am 30/60 mi. #3. E.P. "Tom" Sawyer State Park. RC: Bob Schindler, 499-1995.

Saturday, May 29

9:00 am 25/50 mi. #3. St. Matthews Baptist Church on Grandview Avenue. RC: Sara Ferebee, 473-7447.

Horsey Hundred Weekend - Bluegrass Cycling Club's signature event. Georgetown, Ky. Registration fee required. For information, <http://www.bgcycling.org/horsey/>

Sunday, May 30

9:00 am 50 mile #3+. **Straight Shot to Salem.** Floyd Central High School. (I-64 West to Georgetown exit, follow US 150W to Old Vincennes Road). RC: Tim Chilton, 367-8946.

2:00 pm 15/25 mi. #3. (RIF RAF). Baptist East/ Milestone Fitness and Wellness Center. RC: Stewart Prather, 584-1135.

3:00 pm 30 mi. #3. E. P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Monday, May 31 - Memorial Day

8:30 am 100 mi. #4. **Mad Dog Century** (TMD Stage #6). Green River Lake State Park. RC: Jim Moore, 270-789-2581.

8:00 am 30/60 mi. #3. E. P. "Tom" Sawyer State Park. RC: A.B. Sandefur, 425-9463.

RIF RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198 or macbeast@earthlink.net.

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