

# October 2004 Ride & Event Schedule

## Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

### Saturday, October 2

8:00 am – 100 mi. #3+. **Boston-Munfordville-Boston Century** (possible Tour de Mad Dog make-up). The Classic Mad Dog Route! Meet at the Boston store at the intersection of KY 61 and US 62 in Boston, Ky. RC: Michael Pitt, 290-3419.

9:00 am – 30/55 mi. #3. **Chat 'n' Nibble**. Pancakes! Enough said! RC: Alan Darby and Ellen Mueller, 485-1758.

1:00 pm – 25 mi. #3. Winn-Dixie parking lot on Main Street in Middletown. RC: Terry & Linda Donovan, 254-3968.

### Sunday, October 3

8:00 am – 30/70 mi. #3. **Leaf Festival Ride**. Visit beautiful Nashville, Ind. Meet at Mid-City Mall at 8:00 am (Louisville time) to carpool/caravan to Brownstown, Ind. Ride starts at the Courthouse in Brownstown at 9:30 am (Louisville time). Meet us there if you don't want to carpool/caravan. RC: Tim Chilton, 367-8946.

2:00 pm – 15/25 mi. #3. (RIF RAF) **Cyclers' Café** on Lexington Road. RC: Joe Sohm, 930-2100.

3:00 pm – 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

### Monday, October 4

5:45 pm – 12 mi. #1. (RIF RAF) **Recovery Ride**. St. Matthews Baptist Church on Grandview Avenue. RC: Susan Howell, 451-1491.

### Tuesday, October 5

9:00 am – 50 mi. #3. Floyd's Fork Park. RC: Jim Tretter, 491-7120.

5:45 pm – 15/25 mi. #3. **Cyclers' Café** on Lexington Road. RC: Joe Sohm, 930-2100.

### Wednesday, October 6

9:00 am – 30/60 mi. #3. Long Run Park. RC: Alison Ewart, 584-4222.

5:45 pm – 15/30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Ron & Vicky Dobbs, 243-9318.

### Thursday, October 7

5:45 pm – 15/29 mi. #3. **Road Kill and One Big Hill**. Iroquois Park. RC: Tim Chilton, 367-8946.

### Friday, October 8

9:00 am – 30/60 mi. #3+. Floyd's Fork Park. RC: Bill Pustow, 777-2847.

### Saturday, October 9

7:30 am – 120 mile #4. **Mad Dog Fall Mammoth Cave Overnight Century** (TMD Stage #18). Starts outside Louisville at Hatmakers Convenience Store at entrance to Floyd's Fork Park. Special beer and wine reception in the evening. Make your own reservations at Mammoth Cave Hotel, 270-758-2225, and tell them you are a Mad Dog cyclist. RC: Michael Pitt, 290-3419.

9:00 am – 30/60 mi. #3. E.P. "Tom" Sawyer State Park. RC: A.B. Sandefur, 925-9463.

10:00 am – 18 mi. #1. (RIF RAF). Slow and Easy! Waterfront Park, Purple Lot. RC: Leslie Marlin, 893-5277.

1:00 pm – **Seneca/Cherokee Park Mountain Biking** #3+. (25-mile credit) Technical! Hogan's Fountain, Cherokee Park. RC: Jack Wallen, 767-3858.

### Sunday, October 10

7:30 am – 120 mile #4. **Mad Dog Mammoth Cave Return** (possible Tour de Mad Dog make-up). Starts at the Mammoth Cave Hotel and returns to Louisville. RC: Michael Pitt, 290-3419.

8:00 am – 20/40/60 mi. #3. E.P. "Tom" Sawyer State Park. RC: Chad Green, 291-9979.

2:00 pm – 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Stewart Prather, 896-4570.

3:00 pm – 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

### Monday, October 11

5:45 pm – 12 mi. #1. (RIF RAF) **Recovery Ride**. St. Matthews Baptist Church on Grandview Avenue. RC: Dave Wittry, 893-9475.

### Tuesday, October 12

9:00 am – 50 mi. #3. Floyd's Fork Park. RC: Jim Tretter, 491-7120.

5:45 pm – 15/25 mi. #3. **Cyclers' Café** on Lexington Road. RC: Joe Sohm, 930-2100.

### CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride  
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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### Wednesday, October 13

9:30 am – 25/50 mi. #3. E.P. "Tom" Sawyer State Park. RC: A.B. Sandefur, 425-9463.

5:45 pm – 15/25 mi. #3. E.P. "Tom" Sawyer State Park. RC: Chad Green, 291-9979.

### Thursday, October 14

9:00 am – 30/60 mi. #3. Vettiner Park. RC: Jay Palmer, 267-9175.

5:45 pm – 24 mi. #3+. **Oktober (Hill) Fest.** Paul Yost Recreation Area, Holsclaw Hill Road. RC: Tim Chilton, 367-8946.

### Friday, October 15

9:00 am – 30/60 mi. #3+. Long Run Park. RC: Bill Pustow, 777-2847.

### Saturday, October 16

**Hilly Hundred Weekend.** Central Indiana Bicycling Association's Classic Event! Ellettsville, Ind.

Registration fee required. For information, see <http://www.hillyhundred.org/>.

8:30 am – 33/63 mi. #3. **Shelby County Tour.** McDonald's in Shelbyville at US 60 and KY 53. RC: Susan Howell, 451-1491.

2:00 pm – 25 mi. #3. Winn-Dixie parking lot on Main Street in Middletown. RC: Terry & Linda Donovan, 254-3968.

3:00 pm – **Touring Committee Meeting.** Help complete the November-December ride schedule! Cyclers' Café on Lexington Road.

### Sunday, October 17

8:00 am – 100 mi. #4. **Mad Dog Fall Colors Century** (TMD Stage #19). Tour of Taylor and Adair counties. Meet south of Campbellsville at the Tebbs Bend-Green River Nature Center (take KY 55 South 6.7 miles, turn right on Tebbs Bend Road). RC: Jim Moore, 270-789-2581.

9:00 am – 30/60 mi. #3. Floyd's Fork Park. RC: Chad Green, 291-9979.

2:00 pm – 15/25 mi. #3. Meijers on Hurstbourne Lane. RC: Glenn & Lisa Todd, 491-5727.

3:00 pm – 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

### Monday, October 18

5:45 pm – 12 mi. #1. (RIF RAF) **Recovery Ride.** St. Matthews Baptist Church on Grandview Avenue. RC: Dick Krakowski, 637-3172.

5:30 pm – **Seneca Park Mountain Biking** #3+ (25-mile or 10-mile credit). A headlight may be useful. Meet at the Rock Creek gravel parking lot across from the restrooms in Seneca Park. RC: Mark French, 541-6547.

### Tuesday, October 19

9:00 am – 50 mi. #3. Floyd's Fork Park. RC: Jim Tretter, 491-7120.

5:45 pm – 15/25 mi. #3. Cyclers' Café on Lexington Road. RC: Joe Sohm, 930-2100.

### Wednesday, October 20

9:30 am – 40 mi. #3. Edwardsville Park in Georgetown, IN. RC: Sonny Neurath, 893-2306.

5:45 pm – 15/22 mi. **Weeble Wobble Wibble.** E.P. "Tom" Sawyer State Park. RC: Tim Chilton, 367-8946.

### Thursday, October 21

9:00 am – 43/68 mi. #3+. **Fall in the Bluegrass.** Vietnam Memorial/State Library Archives parking lot in Frankfort. Take I-64 East exit 53B to US 127 North. Turn right on KY 676, cross the Kentucky River, then right on Coffee Tree Road. RC: Mike Crawford, 244.1213.

5:45 pm – 15/25 mi. #3. Baptist East/Milestone Fitness and Wellness Center, 750 Cypress Springs Drive. Free use of Milestone showers and pool after the ride! RC: Earl Jones, 895-4850.

### Friday, October 22

9:00 am – 30/60 mi. #3+. Floyd's Fork Park. RC: Bill Pustow, 777-2847.

### Saturday, October 23

8:00 am – 100 mi. #4. **Bardstown Century Overnight.** Ride to Bardstown on the OKHT century route and tackle Pottershop! Self-supported. You must make your own overnight arrangements. E.P. "Tom" Sawyer State Park. RC: Michael Pitt, 290-3419.

9:00 am – 30/60 mi. #3. Vettiner Park. RC: Jay Palmer, 267-9175.

10:00 am – 18 mi. #1. (RIF RAF). Slow and Easy! Waterfront Park, Purple Lot. RC: Leslie Marlin, 893-5277.

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### Sunday, October 24

8:00 am – 100 mi. #4. Bardstown to Louisville return via the OKHT century route. Pottershop is easier backwards! Parkview Motel in Bardstown. RC: Michael Pitt, 290-3419.

2:00 pm – 15/25 mi. #3. Baptist East/Milestone Fitness and Wellness Center, 750 Cypress Station Drive. Free use of shower and pool after the ride! RC: Pam Davis, 649-4840.

3:00 pm – 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

### Monday, October 25

5:45 pm – 12 mi. #1. (RIF RAF) Recovery Ride. St. Matthews Baptist Church on Grandview Avenue. RC: Dick Krakowski, 637-3172.

### Tuesday, October 26 – Last Evening Ride of the Year!

9:00 am – 50 mi. #3. Floyd's Fork Park. RC: Jim Tretter, 491-7120.

5:45 pm – 15/25 mi. #3. Cyler's Café on Lexington Road. RC: Joe Sohm, 930-2100.

### Wednesday, October 27

9:30 am – 30/50 mi. #3. Crestwood Station in Crestwood, Oldham County. RC: Alison Ewart, 584-4222.

### Thursday, October 28

9:00 am – 30/60 mi. #3. Floyd's Fork Park. RC: Jay Palmer, 267-9175.

### Friday, October 29

9:00 am – 30/60 mi. #3+. Long Run Park. RC: Bill Pustow, 777-2847.

### Saturday, October 30 - Daylight Saving Time ends!

8:00 am – 30/110 mi. 3+. Long Run Park. RC: Bill Pustow, 777-2847.

10:30 am – 30/40/60 mile #3/4. **Red River Gorge Ride.** Meet at the rest stop at the Slade exit (off Mountain Parkway). Experience the Nada tunnel and Sky Bridge. Join us for a kind of pot luck dinner on Saturday — call for details. Ride Saturday only or stay and ride or hike with us on Sunday. Make your own reservations at either the Red River Inn (877-600-5586) or at the Lil' Abner Motel (606-663-5384). LBC has a block of rooms reserved at both locations. RC: Ellen Mueller, 485-1758.

### Sunday, October 31

8:00 am – 30/60/100 mi. #3/#3/#3+. Dishonest Abe Mad Dog Century (Tour de Mad Dog Stage #20). Ride the Final Stage with the TMD Champions! Iroquois Park. RC: Tim Chilton, 367-8946.

2:00 pm – 15/25 mi. #3. (RIF RAF) Cyler's Café on Lexington Road. RC: Joe Sohm, 930-2100.

3:00 pm – 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

RIF RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198 or macbeast@earthlink.net.

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