

April 2005 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Saturday, April 2

9:00 am 25/50 mi. #3. E. P. "Tom" Sawyer State Park. RC: A. B. Sandefur, 425-9463.

Sunday, April 3 - Daylight Saving Time begins!

10:00 am 25 mi. #2. **MS-150 Prep.** Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 245-1955.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Connie Guild, 243-2809.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Monday, April 4

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride.** St. Matthews Baptist Church, Grandview Avenue. RC: Lori Boone, 459-2314.

Tuesday, April 5

4:45 am 25 mi. #3. **Furly Ride.** Seneca Park Tennis Courts. Lights required! RC: Paul Baldwin, 495-1506.

10:00 am 50 mi. #3. McNeely Lake Park. RC: Jim Tretter, 491-7120.

6:30 pm 15/25 mi. #3. Cyclers' Café on Lexington Road. RC: Joe Sohm, 930-2100.

Wednesday, April 6

9:30 am 20/30/50 mi. #3. Memphis Truck Plaza, Memphis, Ind. RC: Dick Williams, 426 4844.

6:30 pm 21 mi. #3. **Revised Tour de Gil.** Vettiner Park. RC: Tim Chilton, 367-8946.

Thursday, April 7

4:45 am 25 mi. #3. **Furly Ride.** Seneca Park Tennis Courts. Lights required! RC: Paul Baldwin, 495-1506.

6:30 pm 15/25 mi. #3. Floyd's Fork Park. RC: Jerry Gordon, 267-7084.

Saturday, April 9

8:00 am 50/100 mi. #3. **Urbane Century** (TMD Stage #5). A most civilized event - perfect for first time century riders. E. P. "Tom" Sawyer State Park. RC: Jon Wheat, 451-9372.

Sunday, April 10

8:00 am 30/70/100 mi. #4. **Westport-Eminence-Carrollton-Bedford Tour.** Scenic river and creek roads. Meet at Westport Park at Ohio River; ½mile past Westport General Store on KY 524. RC: Laurence Preble, 222-7551.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Jim Preston, 339-1637.

3:00 pm 30 mi. #3. E. P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Monday, April 11

6:30 pm 20 mi. #3+. **Monday Night Hill Jam.** Paul Yost Recreation Area on Holsclaw Hill Road. RC: Jeff White, 239-9763.

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride.** St. Matthews Baptist Church, Grandview Avenue. RC: Lori Boone, 459-2314.

Tuesday, April 12

4:45 am 25 mi. #3. **Furly Ride.** Seneca Park Tennis Courts. Lights required! RC: Paul Baldwin, 495-1506.

10:00 am 50 mi. #3. Floyd's Fork Park. RC: Jim Tretter, 491-7120.

6:30 pm 15/25 mi. #3. Cyclers' Café on Lexington Road. RC: Joe Sohm, 930-2100.

Wednesday, April 13

9:30 am 30/45/60 mi. #3. Crestwood Station, Crestwood, Ky. RC: Alison Ewart, 584 4222.

6:30 pm 15/25 mi. #3. Vettiner Park. RC: Jerry Gordon, 267-7084.

Thursday, April 14

4:45 am 25 mi. #3. **Furly Ride.** Seneca Park Tennis Courts. Lights required! RC: Paul Baldwin, 495-1506.

6:30 pm 15/25 mi. #3. McNeely Lake Park. RC: Chad Green, 291-9979.

Saturday, April 16

9:00 am 30/60 mi. #3. E. P. "Tom" Sawyer State Park. RC: Lori Boone, 459-2314.

1:00 pm 27 mi. #2. **Earth Day Ride to Falls of the Ohio.** Heine Brothers' Coffee on Chenoweth Lane. Route will cross the river via the 2nd Street Bridge. RC: Earl Jones, 895-4850.

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to ½ hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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2:00 pm **Touring Committee Meeting.** Help with the May/June Touring Schedule. Cyclers' Café on Lexington Road.

Sunday, April 17

10:00 am 10 mi. #4. **King of the Mad Dog Mountain** (TMD Stage #6). Uphill Time Trial! No entry fees or licenses. Open to all LBC members. Prize to first place male and female. Perkin's Deli at intersection of Knob Creek Road and Brooks Hill Road in Bullitt County. RC: Tim Chilton, 367-8946.

11:30 am 25 mi. #3. **Mad Dog Recovery Ride.** Cool down after your leg-burning performance. Perkin's Deli at intersection of Knob Creek Road and Brooks Hill Road in Bullitt County. RC: Tim Chilton, 367-8946.

2:00 pm 15/25 mi. #3. (RIF RAF). Baptist East/ Milestone Fitness and Wellness Center. RC: Steve Sarson, 499-7089.

3:00 pm 30 mi. #3. E. P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Monday, April 18

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride.** St. Matthews Baptist Church, Grandview Avenue. RC: Steve Anderson, 231-7546.

Tuesday, April 19

4:45 am 25 mi. #3. **Furly Ride.** Seneca Park Tennis Courts. Lights required! RC: Paul Baldwin, 495-1506.

9:00 am 50 mi. #3. McNeely Lake Park. RC: Jim Tretter, 491-7120.

6:30 pm 15/25 mi. #3. Cyclers' Café on Lexington Road. RC: Joe Sohm, 930-2100.

Wednesday, April 20

9:30 am 25/50 mi. #3. E.P. "Tom" Sawyer State Park. RC: A.B. Sandefur, 425-9463.

6:30 pm 15/29 mi. #3+. **Notorious Birthday Ride.** *Fetez l'anniversaire du Tim avec une pente raide de 16%!* Iroquois Park. RC: Tim Chilton, 367-8946.

Thursday, April 21

4:45 am 25 mi. #3. **Furly Ride.** Seneca Park Tennis Courts. Lights required! RC: Paul Baldwin, 495-1506.

6:30 pm 15/30 mi. #3. Old bigg's store at Middletown Station. RC: Mike Kamenish, 386-0179.

Saturday, April 23

8:00 am 30/60/100 mi. #3. **Tour Dupont Mad Dog Century** (TMD Stage #7). Charlestown Middle School, 8804 High Jackson Rd., Charlestown, Ind. RC: Tim Chilton, 367-8946.

2:00 pm 15/25 mi. #3. Buehler's parking lot on Main St. in Middletown. RC: Connie Guild, 243-2809.

7:30 pm 15 mi. #1. **5th Annual LBC Thunder Over Louisville.** Meet at the Mid-City Mall in the Highlands. Ride to Thunder Over Louisville! Watch the fireworks in comfort and enjoy the ride back past the gridlocked cars. Stay for post-Thunder food and drink. Lights recommended (a limited number available for lending). Secure indoor bike parking. RC: Earl Jones, 895-4850.

Sunday, April 24

9:00 am 30/60 mi. #3. Long Run Park. RC: Bill Pustow, 245-1349.

9:00 am 25 mi. #3. **MS-150 Prep #2.** Scheller's Fitness and Cycling, 11520 Shelbyville Road. RC: Tom Armstrong, 245-1955.

2:00 pm 15/25 mi. #3. (RIF RAF). Heine Brothers' Coffee on Chenoweth Lane. RC: Stewart Prather, 896-4570.

Monday, April 25

6:30 pm 12 mi. #2. (RIF RAF) **Recovery Ride.** St. Matthews Baptist Church, Grandview Avenue. RC: Connie Guild, 243-2809.

Tuesday, April 26

4:45 am 25 mi. #3. **Furly Ride.** Seneca Park Tennis Courts. Lights required! RC: Paul Baldwin, 495-1506.

10:00 am 50 mi. #3. Floyd's Fork Park. RC: Jim Tretter, 491-7120.

6:30 pm 15/25 mi. #3. Cyclers' Café on Lexington Road. RC: Joe Sohm, 930-2100.

Wednesday, April 27

9:00 am 40 mi. #3. Edwardsville Park on Corydon Ridge Road in Southern Indiana. RC: Sonny Neurath, 893-2306.

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6:30 pm 15/25 mi. #3. **Wheeling by the Wheelmen's Bench.** Ride your oldest bike; wear your oldest jersey. Hogan's Fountain in Cherokee Park. RC: Donna Connell, 231-5853.

Thursday, April 28

4:45 am 25 mi. #3. **Furly Ride.** Seneca Park Tennis Courts. Lights required! RC: Paul Baldwin, 495-1506.

6:30 pm 15/30 mi. #3. Prospect Point Shopping Center. RC: Michael Pitt, 290-3419.

Saturday, April 30

9:00 am 43/68 mi. #3+. **Spring in the Bluegrass.** Vietnam Memorial/State Library Archives parking lot in Frankfort. Take I-64 East to exit 53B to US 127 North. Turn right on KY 676, cross the Kentucky River, then right on Coffee Tree Road. RC: Mike Crawford, 244-1213.

10:00 am 15/27 mi. #3. E. P. "Tom" Sawyer State Park. RC: Terry & Linda Donovan, 254-3968.

RIF RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198 or macbeast@earthlink.net.

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