

# December 2005 Ride & Event Schedule

## Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

### Friday, December 2

9:00 am 45 mi. #3. **Friday Morning Chat 'n' Nibble.** Long Run Park. RC: Tim Chilton, 367-8946.

6:00 pm **LBC Annual Awards Banquet.** Big Springs Country Club. Celebrate another great year of cycling and cheer on your friends (or yourself!) as the Touring and Volunteer Awards are announced. This is also the Annual Meeting where the club officers for the next year are elected. \$14 per dinner. (see newsletter for reservation info.)

### Saturday, December 3

8:00 am 30/60/100 mi. #3. **Dishonest Abe Mad Dog Century (TMD Stage #2).** Iroquois Park. RC: Chad Green, 291-9979.

### Sunday, December 4

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: Connie Guild, 608-7758.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer Park. RC: Dick Williams, 426-4844.

### Tuesday, December 6

11:00 am 40 mi. #3. Floyd's Fork Park. Canceled if under 40 degrees. RC: Jim Tretter, 491-7120.

7:00 pm 20-mi credit. **Trainer Tour.** Broadway Baptist Church, 4000 Brownsboro Road. RC: A.B. Sandefur, 425-9463.

### Wednesday, December 7

10:00 am 30 mi. #3. Falls of the Ohio, Jeffersonville, Ind. RC: Alison Ewart, 584-4222.

### Saturday, December 10

10:00 am 29 mi. #3. **Road Kill and One Big Hill.** Iroquois Park. RC: Tim Chilton, 367-8946.

### Sunday, December 11

8:00 am 50/100 mi. #3. **Campbellsburg (Ind) Century.** Possible Tour de Mad Dog Stage make-up. I-65 North to Scottsburg Exit. Left (west) on SR 56 for approximately 3 miles. 4038 W. SR 56 (at Finley Firehouse Road). Park in the north parking lot of the fire station next door. No blocking the fire station doors, please. RC: Melissa Hall, 812-752-3973.

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: Jim Preston, 339-1637.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer Park. RC: Dick Williams, 426-4844.

### Tuesday, December 13

11:00 am 40 mi. #3. Vettiner Park. Canceled if under 40 degrees. RC: Jim Tretter, 491-7120.

7:00 pm 20-mi credit. **Trainer Tour.** Broadway Baptist Church, 4000 Brownsboro Road. RC: A.B. Sandefur, 425-9463.

### Wednesday, December 14

10:00 am 40 mi. #3. Long Run Park. Destination: Simpsonville. RC: A.B. Sandefur, 425-9463.

### Friday, December 16

9:00 am 45 mi. #3. **Friday Morning Chat 'n' Nibble.** Long Run Park. RC: Tim Chilton, 367-8946.

### Saturday, December 17

9:00 am 30/60 mi. #3. Floyd's Fork Park. RC: Barry Lockett, 810-0157.

### Sunday, December 18

2:00 pm 15/25 mi. #3. **(RIF-RAF)** Baptist East/Milestone Fitness and Wellness Center. 750 Cypress Station Drive. Free use of shower and pool after the ride! RC: Steve Sarson, 499-7089.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer Park. RC: Dick Williams, 426-4844.

### Tuesday, December 20

11:00 am 40 mi. #3. Floyd's Fork Park. Canceled if under 40 degrees. RC: Jim Tretter, 491-7120.

7:00 pm 20-mi credit. **Trainer Tour.** Broadway Baptist Church, 4000 Brownsboro Road. RC: A.B. Sandefur, 425-9463.

### Wednesday, December 21

10:00 am 30/60 mi. #3. E.P. "Tom" Sawyer Park. RC: Dick Williams, 426-4844.

### Saturday, December 24

9:00 am 30/60 mi. #3. E.P. "Tom" Sawyer Park. RC: Tim Chilton, 367-8946.

### Sunday, December 25 – Christmas Day!

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer Park. RC: Dick Williams, 426-4844.

### CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride  
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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### **Tuesday, December 27**

11:00 am 40 mi. #3. Vettiner Park. Canceled if under 40 degrees. RC: Jim Tretter, 491-7120.

### **Wednesday, December 28**

10:00 am 30 mi. #2. Arby's in Sellersburg, Ind. RC: Sonny Neurath, 893-2306.

### **Saturday, December 31**

10:00 am 40 mi. #3. Jefferson Memorial Forest Ride. Iroquois Park. RC: Tim Chilton, 367-8946.

### **Sunday, January 1, 2006 - Happy New Year!**

**Polar Bear Ride** - details to be announced!

RIF RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198 or macbeast@earthlink.net.

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