

FEBRUARY 2006 RIDE & EVENT SCHEDULE

LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN

Wednesday, February 1

10:00 am 15/30 mi. #3. Riverwalk (930 Franklin St.) Cancelled if under 40°. RC: Alison Ewart 584-4222.

Thursday, February 2 – Groundhog Day

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainer (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Road. \$1/night or \$10/year fee required. RC: Donna Connell, 231-5853.

Friday, February 3

9:30 am 30 mi. #3. Long Run Park. RC: Bill Pustow, 777-2847.

Saturday, February 4

8:00 am 100 mi. #4. **Brass Monkey Winter Challenge (TMD Stage #3)**. Free supported ride, but you must register by e-mailing RMitc59274@aol.com. RC: Chad Green, 291-9979.

Sunday, February 5

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: Connie Guild, 608-7758.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Tuesday, February 7

11:00 am 30 mi. #3. Vettiner Park. Cancelled if under 40°. RC: Jim Tretter, 491-7120.

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainer (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Road. \$1/night or \$10/year fee required. RC: Pam Davis, 649-4840.

Wednesday, February 8

10:00 am 20/30/50 mi. #3. Memphis Truck Plaza, Memphis, Ind. Cancelled if under 40°. RC: Dick Williams 426-4844.

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainer (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Road. \$1/night or \$10/year fee required. RC: Donna Connell, 231-5853.

Friday, February 10

9:30 am 30 mi. #3. Long Run Park. RC: Bill Pustow, 777-2847.

Saturday, February 11

10:00 am 25/50 mi. #3. Floyd's Fork Park. Cancelled if below 32°. RC: Barry Luckett, 810-0157.

Sunday, February 12

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: Jim Preston, 339-1637.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Tuesday, February 14 – Valentine's Day

11:00 am 33 mi. #3. Floyd's Fork Park. Cancelled if under 40°. RC: Jim Tretter, 491-7120.

7:00 pm **Trainer Tour, Special Valentine's Day Edition** (20-mi. credit). Wear your favorite Valentine Boxers and/or outfits and you could win the coveted prize. Be creative! Fun workout, fun times, and fun treats. More details will be posted later on the KyCycList mailing list. RC: Pam Davis, 649-4840.

Wednesday, February 15

10:00 am 30 mi. #2. Arby's in Sellersburg, Ind. Cancelled if under 40°. RC: Sonny Neurath, 893-2306.

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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Thursday, February 16

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainer (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit!
Broadway Baptist Church, 4000 Brownsboro Road. \$1/night or \$10/year fee required. RC: AB Sandefur, 425-9463.

Friday, February 17

9:30 am 30 mi. #3. Long Run Park. RC: Bill Pustow, 777-2847.

Saturday, February 18

10:00 am 30/60 mi. #3. Vettiner Park. Cancelled if below 10°. RC: Steve Sarson, 499-7089.

Sunday, February 19

2:00 pm 15/25 mi. #3. (RIF-RAF) Baptist East/Milestone Fitness & Wellness Center. 750 Cypress Station Drive. Free use of shower and pool after the ride! RC: Steve Sarson, 499-7089.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Monday, February 20 – President's Day

10:00 am 35 mi. #3. Iroquois Park. RC: Chad Green, 291-9979.

Tuesday, February 21

11:00 am 30 mi. #3. Vettiner Park. Cancelled if under 40°. RC: Jim Tretter, 491-7120.

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainer (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit!
Broadway Baptist Church, 4000 Brownsboro Road. \$1/night or \$10/year fee required. RC: Pam Davis, 649-4840.

Wednesday, February 22

10:00 am 30 mi. #3 E.P. "Tom" Sawyer Park. Cancelled if under 40°. RC: AB Sandefur, 425-9463.

Thursday, February 23

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainer (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit!
Broadway Baptist Church, 4000 Brownsboro Road. \$1/night or \$10/year fee required. RC: AB Sandefur, 425-9463.

Friday, February 24

9:30 am 30 mi. #3. Long Run Park. RC: Bill Pustow, 777-2847.

Saturday, February 25

10:30 am 15/30 mi. #3. Middletown Station (old bigg's). RC: Mike Kamenish, 386-0179.

2:00 pm 27 mi. #3. E.P. "Tom" Sawyer State Park. RC: Linda & Terry Donovan, 254-3068.

Sunday, February 26

8:00 am 100-mi #3+. Maple Syrup Ride. 2nd Street Bridge RC: Melissa Hall, 812-752-3973 and Dick Krakowski, 637-3172.

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: Stewart Prather, 895-9094.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

Tuesday, February 28

11:00 am 33 mi. #3. Floyd's Fork Park. Cancelled if under 40°. RC: Jim Tretter, 491-7120.

7:00 pm **Trainer Tour** (20-mi. credit). Bring your bike and trainer (or rollers for you pros!) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit!
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