

# February 2007 Ride & Event Schedule

## Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

### Thursday, February 1

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: Donna Connell, 231-5853.

### Saturday, February 3

10:00 am 17/40 mi. #1/#2. Slow and Easy (RIF RAF). Waterfront Park, Yellow Parking Lot. RC: Scott Howes, 445-8201.

10:00 am 52 mi. #3. Clark State Forest. I-65 N. to Henryville, Ind., exit. Go right (east) off exit. At first stop sign, go left (north) on Hwy. 31. Forest on left. Ride start at parking lot just past basketball court. RC: Melissa "Puddle" Hall, lissah45@yahoo.com or 812-752-3973.

### Sunday, February 4

9:00 am 25/50 mi. #3. Hogan's Fountain. RC: Dave King, 500-7351.

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: Connie Guild, 608-7758.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

### Monday, February 5

4:00 pm 12 mi. #2. **Chilly Recovery Ride**. St Matthews Baptist Church. Keep a little winter fitness going. Will cancel if extreme weather conditions exist. RC: Dick Krakowski, 637-3172, dkbikes@insightbb.com.

### Tuesday, February 6

11:00 am 33/47 mi. #3. Floyd's Fork Park. Canceled if under 40°. RC: Jim Tretter, 491-7120.

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463.

### Wednesday, February 7

10:00 am 30 mi. #2. Arby's in Sellersburg, Ind. Ride canceled if below 40°. RC: Sonny Neurath, 893-2306.

### Thursday, February 8

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463.

### Saturday, February 10

8:00 am 100 mi. #3. **Monkey's Eyebrow Century**. Start at the Great Escape Movie Theater, 250 Brighton Circle, Shelbyville, Ky. RC: Steve Royse, 859-873-2141

9:00 am 28/60 mi. #3. Floyd's Fork Park. RC: David King, 500-7351.

10:00 am 17/40 mi. #1/#2. Slow and Easy (RIF RAF) Waterfront Park, Yellow Parking Lot. RC: Steve Montgomery, 367-7103.

2:00 pm 10/15/25 mi. #3. Crestwood Station Shopping Center, KY 146, Crestwood, Ky. RC: Kevin Jones, 599-1981.

### Sunday, February 11

10:00 am 50 mi. #3. Vettiner Park. RC: Chad Green, 291-9979.

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: Scott Whitehair, 538-2843.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

4:00 pm **Touring Committee Meeting**. Heine Brothers' Coffee on Chenoweth Lane.

### Tuesday, February 13

11:00 am 32 mi. #3. Long Run Park. Canceled if under 40°. RC: Jim Tretter, 491-7120.

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463.

### CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride  
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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### Wednesday, February 14

10:00 am 30 mi. #2. Falls of the Ohio, Jeffersonville, Ind. Ride canceled if below 40°. RC: Alison Ewart, 584-4222.

### Thursday, February 15

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: Donna Connell, 231-5853.

### Saturday, February 17

7:00 am 125 mi. #4. **200K Brevet**. Days Inn Hotel, Shelbyville, Ky. This is located just north of I-64 Exit 32 (KY 55). These brevets are timed non-competitive events and will not be swept. Lights, reflective gear and registration is required. Please see the Bluegrass Cycling Club's brevet page or contact Steve Rice at [srice@insightbb.com](mailto:srice@insightbb.com) or 502-494-5288 for details.

9:00 am 30/60 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Rauh, 896-1290.

### Sunday, February 18

8:00 am 100 mi. #3+. **Wises Landing/Kentucky River Century** (TMD Stage #4). Ride start at YMCA in Buckner, Ky. Coming up I-71 take Exit 17, turn left. Go two blocks and turn left again on Quality Place (before the RR tracks). Go down to the end of Quality Place, turn right and park. RC: Dr. Larry "Gizmo" Preble, [kycyclist@preble.net](mailto:kycyclist@preble.net). 502-222-7551.

2:00 pm 15/25 mi. #3 (RIF RAF). Baptist East/Milestone Fitness & Wellness Center. 750 Cypress Station Drive. Free use of shower and pool after the ride! RC: Steve Sarson, 499-7089.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

### Tuesday, February 20

11:00 am 40 mi. #3. Vettiner Park. Canceled if under 40°. RC: Jim Tretter, 491-7120.

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463.

### Wednesday, February 21

10:00 am 35 mi. #3. Long Run Park. RC: A.B. Sandefur, 425-9463.

### Thursday, February 22

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: Donna Connell, 231-5853.

### Saturday, February 24

10:00 am 17/40 mi. #1/#2. Slow and Easy (RIF RAF). Waterfront Park, Yellow Lot. RC: Steve Anderson, 523-8592.

### Sunday, February 25

8:00 am 56/100 mi. #3+. **Carl's Maple Syrup Ride**. Starts under the Second Street Bridge in Jeffersonville. The 56-mile ride is one way and goes only to the festival. You are responsible for having someone meet you at the festival and bring you home. Web site for the festival is [www.lmsugarbush.com](http://www.lmsugarbush.com). RC: Dick "Grasshopper" Krakowski, [dkbikes@insightbb.com](mailto:dkbikes@insightbb.com) or 637-3172, and Melissa "Puddle" Hall, [lissah@yahoo.com](mailto:lissah@yahoo.com) or 812-752-3973.

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: Stewart Prather, 584-1135.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

### Tuesday, February 27

11:00 am 33/47 mi. #3. Floyd's Fork Park. Canceled if under 40°. RC: Jim Tretter, 491-7120.

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway

### CPSC- or Snell-approved Helmets Are Required

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Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: A.B. Sandefur, 425-9463.

### Wednesday, February 28

10:00 am 30/60 mi. #3. E.P. "Tom" Sawyer State Park. RC: Dick Williams, 426-4844.

RIF RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198 or mabeast@earthlink.net.

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