

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Friday, June 1

- 10:00 am 35 mi. #3. Shelbyville Kroger. Take I-64 east to exit 35, left on KY 53, cross US 60, Kroger is on the left. Please gather near the Kroger gas station. RC: *Marcie Klus, mak@ka.net, 682-3358.*
- 6:00 pm 12 mi. #2. **Weekend Tune-Up and Fun Ride (RIF RAF).** St. Matthews Baptist Church. RC: *Scott Howes, 445-8201.*

Saturday, June 2

- 8:00 am 30/60 mi. #3. Vettiner Park. RC: *Paul Battle, 459-6973.*
- 8:30 am 50/75/100 mi. #3. **MS 150.** Cincinnati Bengal's Training Camp, Georgetown College Campus, Georgetown, Ky. Ride beautiful roads in the Bluegrass while helping to beat MS. Overnight in Danville. Fundraising required. <http://shrinkster.com/o8m>. RC: *Steve Sexton, 718-1181.*

Sunday, June 3

- 7:30 am 50/75 mi. #3. **MS 150.** Return ride from Danville to Georgetown. Fundraising required. <http://shrinkster.com/o8m>. RC: *Steve Sexton, 718-1181.*
- 2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Connie Guild, 608-7758.*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844.*

Monday, June 4

- 6:00 pm 25 mi. #3. **Happy Hour Route.** 3850 Crandall Station Road, Crandall, Ind. RC: *Cathy Hill, 859-509-4425.*
- 6:30 pm 12 mi. #2. **Recovery Ride (RIF RAF).** St. Matthews Baptist Church. RC: *Ed Tonini, 897-0596.*
- 6:30 pm 30 mi. #4. **Monday Night Hill Jam.** Perkin's Deli (Knob Creek Rd & Brooks Hill Rd). RC: *Scott Kuchenbrod, 594-8559.*
- 6:30 pm 12 mi. #1. **Bike Handling Class.** Become a better cyclist! Certificate of Completion will be awarded to those attending 5 of the 7 sessions. Participants should plan on attending as many sessions as possible. Classes will start promptly at 6:30 with a hands-on activity and conclude with a short 10- to 12-mile ride. TARC Building (1000 W. Broadway). All skill levels welcome. RC: *Steve Sarson, 499-7089 and AB Sandefur, 425-9463.*

Tuesday, June 5

- 8:30 am 40/47 mi. #3. Floyd's Fork Park. RC: *Jim Tretter, 491-7120.*
- 6:00 pm 26 mi. #3. Silver Creek High School, Sellersburg, Ind. RC: *Kirk Roggenkamp, 718-1911 and Cathy Hill, 859-509-4425.*

Wednesday, June 6

- 8:30 am 30/45 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Vicky Dobbs, 243-9318.*
- 6:00 pm 25 mi. #2. **Whiskey Run Wednesdays.** N. Harrison Middle School, Ramsey, Ind. A scenic back roads route in Southern Indiana with historic Whiskey Run Rd as its backbone. Pace adjusted to rider ability, new riders welcomed. RC: *Kirk Roggenkamp, 718-1911 and Cathy Hill, 859-509-4425.*
- 6:00 pm 15 mi. #1. **Midweek Slow-and-Easy Ride.** Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg, 905-1365.*
- 6:30 pm 15/30 mi. #3. **Fruit Ride.** E.P. "Tom" Sawyer State Park. RC: *Mark & Lynn Luking, 423-7072.*

Thursday, June 7

- 10:00 am 38/50 mi. #3. Floyd's Fork Park. RC: *Angie Hopperton, 767-8148.*
- 6:30 pm 15/25 mi. #3. Charlie Vettiner Park. RC: *Steve Sexton, 239-8521.*
- 6:30 pm 19/25 mi. #3. Cycler's Café. RC: *Joe Sohm, 451-5152.*

Friday, June 8

- 6:00 pm 12 mi. #2. **Weekend Tune-Up and Fun Ride (RIF RAF).** St. Matthews Baptist Church. RC: *Scott Howes, 445-8201.*

Saturday, June 9

- 8:00 am 52/100 mi. #3. **Medora Century (TMD Stage #8).** Ride start at Clark State Forest in Henryville, Ind. I-65 North to Henryville Exit. Go east (right) off of exit. At first stop sign, go north (left) on Hwy. 31. Forest on left. Ride start at first parking lot past basketball court. RC: *Melissa "Puddle" Hall, 812-752-3973, lissah45@yahoo.com.*

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

5:30 pm 30 mi. #3. The "old" Buehler's parking lot in Middletown behind Mark's Feed Store. RC: *Linda & Terry Donovan*, 254-3068.

Sunday, June 10

8:00 am 13/25 mi. #3. **20/40k Club Time Trial**. Registration opens at 8:00 in the parking lot of Shelby Count East Middle School, TT begins at 9:00. \$10 entry fee. Contact *Mark Luking* for details, 423-7072.

2:00 pm 15/25 mi. #3. **Steve Anderson Heritage Birthday Ride**. Come celebrate my birthday with me as I creep closer to middle age. We will pass many historical sites of my misspent youth. Fun for all. Meijer, 4500 S. Hurstbourne Ln. RC: *Steve Anderson*, 523-8592.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams*, 426-4844.

Monday, June 11

6:00 pm 25 mi. #3. **Happy Hour Route**. 3850 Crandall Station Road, Crandall, Ind. RC: *Cathy Hill*, 859-509-4425.

6:30 pm 12 mi. #2. **Recovery Ride (RIF RAF)**. St. Matthews Baptist Church. RC: *Allison Dobbs*, 541-3886.

6:30 pm 30 mi. #4. **Monday Night Hill Jam**. Perkin's Deli (Knob Creek Rd & Brooks Hill Rd). RC: *Scott Kuchenbrod*, 594-8559.

6:30 pm 12 mi. #1. **Bike Handling Class**. Become a better cyclist! Certificate of Completion will be awarded to those attending 5 of the 7 sessions. Participants should plan on attending as many sessions as possible. Classes will start promptly at 6:30 with a hands-on activity and conclude with a short 10- to 12-mile ride. TARC Building (1000 W. Broadway). All skill levels welcome. RC: *Steve Sarson*, 499-7089 and *AB Sandefur*, 425-9463.

Tuesday, June 12

8:30 am 60 mi. #3. Vettiner Park. RC: *Jim Tretter*, 491-7120.

6:00 pm 26 mi. #3. Silver Creek High School, Sellersburg, Ind. RC: *Kirk Roggenkamp*, 718-1911 and *Cathy Hill*, 859-509-4425.

6:30 pm 15/25 mi. #3. **Tuesday Night Ride**. Bluegrass Brewing Company (BBC), park in the old Bacon's parking lot. RC: *Barry Lockett*, 810-0157.

Wednesday, June 13

8:00 am 32/62 mi. #3. Speed, Ind. parking lot across from Cement plant. RC: *Alison Ewart*, 584-4222.

6:00 pm 25 mi. #2. **Whiskey Run Wednesdays**. N. Harrison Middle School, Ramsey, Ind. A scenic back roads route in Southern Indiana with historic Whiskey Run Rd as its backbone. Pace adjusted to rider ability, new riders welcomed. RC: *Kirk Roggenkamp*, 718-1911 and *Cathy Hill*, 859-509-4425.

6:00 pm 15 mi. #1. **Midweek Slow-and-Easy Ride**. Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg*, 905-1365.

6:30 pm 15/30 mi. #3. **Fruit Ride**. E.P. "Tom" Sawyer State Park. RC: *Mark & Lynn Luking*, 423-7072.

Thursday, June 14

9:00 am 50 mi. #3. Westport Park. Ride #3017 at www.kybikerides.org. RC: *Larry Preble*, home: 222-7551, cell: 724-8477, kycyclist@preble.net.

6:00 pm 15 mi. #1. **Midweek Slow-and-Easy Ride**. Waterfront Park, Yellow Lot. RC: *Chad Green*, 291-9979.

6:30 pm 15/25 mi. #3. **Sleepy Hollow Jaunt**. Prospect Point Shopping Cntr. RC: *Dick Rauh*, 896-1290.

6:30 pm 19/25 mi. #3. Cycler's Café. RC: *Joe Sohm*, 451-5152.

Friday, June 15

10:00 am 50 mi. #3. Shelbyville Kroger. Take I-64 east to exit 35, left on KY 53, cross US 60, Kroger is on the left. Please gather near the Kroger gas station. RC: *Marcie Klus*, mak@ka.net, 682-3358.

6:00 pm 12 mi. #2. **Weekend Tune-Up and Fun Ride (RIF RAF)**. St. Matthews Baptist Church. RC: *Scott Howes*, 445-8201.

Saturday, June 16

4:00 am 200 mi. #4+. **2nd Annual Virgin Double Century**. Louisville to Danville loop. Lights are required. E.P. "Tom" Sawyer State Park. RC: *Mike Kamenish*, 386-0179.

8:00 am 55 mi. #3. Edwardsville Park. RC: *Paul Battle*, 459-6973

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

9:00 am 17/40 mi. #1/#2. **Slow and Easy** (RIF RAF). Waterfront Park, Yellow Lot. RC: *Steve Montgomery*, 367-7103.

2:00 pm 40 mi. #3+. Houchens Grocery in Mt. Washington. RC: *Scott Whitehair*, 303-2949.

5:30 pm 25 mi. #3. Blankenbaker Plaza. RC: *Tom Armstrong*, bikeolounger@bellsouth.net, 523-9581.

Sunday, June 17 – Father's Day

9:00 am 50 mi. #3+. **Straight Shot to Salem**. Floyd Central High School. I-64 west to US 150W (Greenville-Paoli exit), left on Old Vincennes Road. RC: *Tim Chilton*, 367-8946.

2:00 pm 15/25 mi. #3. Baptist East/Milestone Fitness & Wellness Center (RIF RAF). 750 Cypress Station Drive. Free use of shower and pool after the ride! RC: *Steve Sarson*, 499-7089.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams*, 426-4844.

4:00 pm **Ride Captain Training**. Baptist East/Milestone Fitness & Wellness Center. RC: *Chad Green*, 291-9979.

Monday, June 18

6:00 pm 25 mi. #3. **Happy Hour Route**. 3850 Crandall Station Road, Crandall, Ind. RC: *Cathy Hill*, 859-509-4425.

6:30 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Scott Howes*, 445-8201.

6:30 pm 30 mi. #4. **Monday Night Hill Jam**. Perkin's Deli (Knob Creek Rd & Brooks Hill Rd). RC: *Scott Kuchenbrod*, 594-8559.

6:30 pm 12 mi. #1. **Bike Handling Class**. Become a better cyclist! Certificate of Completion will be awarded to those attending 5 of the 7 sessions. Participants should plan on attending as many sessions as possible. Classes will start promptly at 6:30 with a hands-on activity and conclude with a short 10- to 12-mile ride. TARC Building (1000 W. Broadway). All skill levels welcome. RC: *Steve Sarson*, 499-7089 and *AB Sandefur*, 425-9463.

Tuesday, June 19

8:30 am 42/58 mi. #3. Floyd's Fork Park. RC: *Jim Tretter*, 491-7120.

6:00 pm 26 mi. #3. Silver Creek High School, Sellersburg, Ind. RC: *Kirk Roggenkamp*, 718-1911 and *Cathy Hill*, 859-509-4425.

6:30 pm 15/25 mi. #3. **Tuesday Night Ride**. Bluegrass Brewing Company (BBC), park in the old Bacon's parking lot. RC: *Dick Rauh*, 886-1290.

Wednesday, June 20

8:30 am 25/50 mi. #3. E.P. "Tom" Sawyer State Park. RC: *AB Sandefur*, 425-9463.

6:00 pm 25 mi. #2. **Whiskey Run Wednesdays**. N. Harrison Middle School, Ramsey, Ind. A scenic back roads route in Southern Indiana with historic Whiskey Run Rd as its backbone. Pace adjusted to rider ability, new riders welcomed. RC: *Kirk Roggenkamp*, 718-1911 and *Cathy Hill*, 859-509-4425.

6:00 pm 25 mi. #3. Shelbyville Kroger. Take I-64 to exit 35, left on KY 53, cross US 60, Kroger is on the left. Please gather near the Kroger gas station. RC: *Marcie Klus*, mak@ka.net, 682-3358.

6:00 pm 15 mi. #1. **Midweek Slow-and-Easy Ride**. Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg*, 905-1365.

6:30 pm 15/30 mi. #3. **Fruit Ride**. E.P. "Tom" Sawyer State Park. RC: *Mark & Lynn Luking*, 423-7072.

Thursday, June 21

9:00 am 60 mi. #3. Westport Park. Ride #3020 at www.kybikerides.org. RC: *Larry Preble*, home: 222-7551, cell: 724-8477, kycyclist@preble.net.

6:30 pm 15/30 mi. #3 Charlie Vettiner Park. RC: *Dick Rauh*, 896-1290.

6:30 pm 19/25 mi. #3. Cyclers's Café. RC: *Joe Sohm*, 451-5152.

Friday, June 22

6:00 pm 12 mi. #2. **Weekend Tune-Up and Fun Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Scott Howes*, 445-8201.

Saturday, June 23

7:00 am 140 mi. #4. **WACKY**. The best way to see Kentucky! Ride begins at the Lodge in Otter Creek Park (25 miles and 30 minutes from I-65 and the Snyder Freeway junction) and ends in Franklin, Ky.,

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

after a dip into Tennessee. One-day riders must make their own arrangements for transport home from Franklin. Contact Duc for hotel options in Franklin. RC: *Duc Do*, 893-8780.

5:30 pm 25 mi. #3. Blankenbaker Plaza (or other location TBD). Meet for dinner afterwards at a local eatery. RC: *Linda & Terry Donovan*, 254-3068.

MOOSA Tour (Maine-Vermont-NH-Quebec). Bethel, Maine. Registration and information at www.inmotionevents.net or 607-423-2769. RC: *Michael Pitt*, 523-8707.

Sunday, June 24

6:00 am (CDT) - 140 mi. #4. **TACKY**. Franklin, Ky. Return from downstate across scenic Kentucky. RC: *Duc Do*, 893-8780.

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Stewart Prather*, 895-9094.

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams*, 426-4844.

Bicycle Tour of Colorado. Registration and information online at www.bicycletourcolorado.com or 303-985-1180. Accommodations available through Alpine Cycle Connection (888-702-5746), indoor and outdoor camping available. RC: *Bernice McGill*, 228-5107 and *Jenny Gray*, 394-4030.

MOOSA Tour, see Saturday, June 23.

Monday, June 25

6:00 pm 12 mi. #2. **Recovery Ride (RIF RAF)**. St. Matthews Baptist Church. RC: *Scott Howes*, 445-8201.

6:00 pm 25 mi. #3. **Happy Hour Route**. 3850 Crandall Station Road, Crandall, Ind. RC: *Cathy Hill*, 859-509-4425.

6:30 pm 30 mi. #4. **Monday Night Hill Jam**. Perkin's Deli (Knob Creek Rd & Brooks Hill Rd). RC: *Scott Kuchenbrod*, 594-8559.

6:30 pm 12 mi. #1. **Bike Handling Class**. Become a better cyclist! Certificate of Completion will be awarded to those attending 5 of the 7 sessions. Participants should plan on attending as many sessions as possible. Classes will start promptly at 6:30 with a hands-on activity and conclude with a short 10- to 12-mile ride. TARC Building (1000 W. Broadway). All skill levels welcome. RC: *Steve Sarson*, 499-7089 and *AB Sandefur*, 425-9463.

Bicycle Tour of Colorado, see Sunday, June 24.

MOOSA Tour, see Saturday, June 23.

Tuesday, June 26

8:30 am 50 mi. #3. Long Run Park. RC: *Jim Tretter*, 491-7120.

6:00 pm 26 mi. #3. Silver Creek High School, Sellersburg, Ind. RC: *Kirk Roggenkamp*, 718-1911 and *Cathy Hill*, 859-509-4425.

6:30 pm 15/25 mi. #3. **Tuesday Night Ride**. Bluegrass Brewing Company (BBC), park in the old Bacon's parking lot. RC: *Scott Howes*, 445-8201.

Bicycle Tour of Colorado, see Sunday, June 24.

MOOSA Tour, see Saturday, June 23.

Wednesday, June 27

8:00 am 20/30/50 mi. #3. Love's Truck Plaza, Memphis, Ind. RC: *Dick Williams*, 426-4844

6:00 pm 25 mi. #2. **Whiskey Run Wednesdays**. N. Harrison Middle School, Ramsey, Ind. A scenic back roads route in Southern Indiana with historic Whiskey Run Rd as its backbone. Pace adjusted to rider ability, new riders welcomed. RC: *Kirk Roggenkamp*, 718-1911 and *Cathy Hill*, 859-509-4425.

6:00 pm 15 mi. #1. **Midweek Slow-and-Easy Ride**. Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg*, 905-1365.

6:30 pm 15/30 mi. #3. **Fruit Ride**. E.P. "Tom" Sawyer State Park. RC: *Mark & Lynn Luking*, 423-7072.

Bicycle Tour of Colorado, see Sunday, June 24.

MOOSA Tour, see Saturday, June 23.

Thursday, June 28

10:00 am 38/50 mi. #3. Floyd's Fork Park. RC: *Angie Hopperton*, 767-8148.

6:30 pm 15/25 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Barry Luckett*, 810-0157.

6:30 pm 19/25 mi. #3. Cyclers' Café. RC: *Joe Sohm*, 451-5152.

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Bicycle Tour of Colorado, see Sunday, June 24.

MOOSA Tour, see Saturday, June 23.

Friday, June 29

10:00 am 35 mi. #3. Shelbyville Kroger. I-64 east to exit 35, left on KY 53, cross US 60, Kroger is on the left. Please gather near the Kroger gas station. RC: *Marcie Klus*, mak@ka.net, 682-3358.

6:00 pm 12 mi. #2. **Weekend Tune-Up and Fun Ride (RIF RAF)**. St. Matthews Baptist Church. RC: *Scott Howes*, 445-8201.

Bicycle Tour of Colorado, see Sunday, June 24.

MOOSA Tour, see Saturday, June 23.

Saturday, June 30

8:00 am 30/60/100 mi. #3/#3+/#4+. **Bary's McCentury (TMD Stage 9)**. McNeely Lake Park/Wilt Elementary. RC: *Barry Lockett*, 810-0157.

Bicycle Tour of Colorado, see Sunday, June 24.

RIF RAF (Riders into Fitness, Recreation and Fun) – Look for this symbol, which identifies rides and events screened to include clear directions and/or well marked routes, and a 'pack at the back' whose goal is to support and encourage each other. Great for newer riders! NOTE: These may not be easy rides—refer to the difficulty ratings (#1, #2, #3, etc). They will be opportunities for improvement, exercise and friendship at a relaxed pace. For more information on this program, contact Lewis Miller at 897-9198 or macbeast@earthlink.net.

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.