

September 2007 Ride & Event Schedule

Louisville Bicycle Club

Founded in 1897 as the Louisville Wheelmen

Saturday, September 1

- 8:00 am 100 mi. #3. **Salvisa Mad Dog Century** (TMD Stage #13). Spencer County High School (520 Taylorsville Rd., Taylorsville, KY 40071) across from IGA and Dairy Queen, KY 55 at KY 44. RC: *Mike Kamenish*, 386-0179.
- 9:00 am 17/40 mi. #1/ #2. **Slow and Easy** (RIF RAF). Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg*, 897-7056.
- 9:00 am 30 mi. #3. E.P. "Tom" Sawyer State Park. A Labor Day Weekend Ride. RC: *Linda & Terry Donovan*, 254-3968.
- 5:30 pm 25 mi. #3. Blankenbaker Station. "Dutch Treat" dinner after the ride. RC: *Tom Armstrong*, bi keol ounger@bell south. net or 523-9581.

Sunday, September 2

- 9:00 am 17 mi. #1. **Family-Friendly Ride – Ohio River Levee Trail**. Great ride for the whole family. Start at Farnsley-Moremen parking lot. RC: *Doug Klein* 724-1819 and *Tim Wright*.
- 9:30 am 10 mi. #4. **King of the Mad Dog Mountain** (TMD Stage #14). Uphill Time Trial! No entry fees or licenses. Open to all LBC members. Prize to first place male and female. Perkin's Deli at junction of Knob Creek Road and Brooks Hill Road in Bullitt County. RC: *David King*, 500-7351.
- 11:00 am 27 mi. #3. Perkin's Deli at intersection of Knob Creek Road and Brooks Hill Road in Bullitt County. RC: *David King*, 500-7351.
- 2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Connie Guild*, 608-7758.
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams*, 426-4844.

Monday, September 3 — Labor Day

- 7:45 am 25/50 mi. #2/#3. **Nifty Fifty Ride** (paid ride), YMCA, 805 Community Way, Scottsburg, Ind. www.scfy.org. RC: *Bill Pustow*, 777-2847.
- 9:00 am 15 mi. **Mayor's Healthy Hometown Toyota Hike & Bike**. Waterfront Park. For more information, go to http://www.louisvilleky.gov/CommunityRelations/hike_bike.htm
- 1:00 pm 30 mi. #3. **Cards vs. Cats Ride**. Waterfront Park. Wear your favorite cardinal red or wildcat blue jersey and see which color can bring back the most green (signs). RC: *Kirk "Go Cards" Roggenkamp*, 718-1911, and *Cathy "I bleed blue" Hill*, 859-509-4425.

Tuesday, September 4

- 8:30 am 60 mi. #3. Vettiner Park. RC: *Jim Tretter*, 491-7120.
- 6:15 pm 15/25 mi. #3. **Tuesday Night Ride**. Bluegrass Brewing Company (BBC). Park in the old Bacon's parking lot. RC: *John Paul*, 637-1957.

Wednesday, September 5

- 9:00 am 30/55 mi. #3. E.P. "Tom" Sawyer State Park to *Our Best*. RC: *Vicky Dobbs*, 243-9318, or cell 500-4671.
- 6:00 pm 25 mi. #2. **Whiskey Run Wednesday Ride**. North Harrison Middle School, Ramsey, Ind. Flats and rollers between Ramsey and Bradford, Ind., relaxed pace. RC: *Kirk Roggenkamp*, 718-1911.
- 6:00 pm 19 mi. #3. Wilt Elementary (across the street from McNeeley Lake). Training ride for Apex Physical Therapy Challenge Duathlon! RC: *Linda Burry*, 297-8931.
- 6:15 pm 15/25 mi. #3. Prospect Point Shop. Center. **Sleepy Hollow Jaunt**. RC: *Dick Rauh*, 896-1290.

Thursday, September 6

- 6:00 pm 15 mi. #2. **OKHT Safety Video Opening Night Party!** All OKHT riders must attend a pre-ride safety class to complete their registration. Get your certification early and avoid day-of-ride delays. Baptist East/Milestone Fitness Center. Contact *Earl Jones*, 895-4850, for info.

Friday, September 7

- 6:15 pm 12 mi. #2. **Weekend Tune-Up and Fun Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Scott Howes*, 445-8201.
- 7:00 pm **OKHT Early Registration and Pre-Ride Safety Certification**. E.P. "Tom" Sawyer State Park. All OKHT riders must attend a pre-ride safety class to obtain their registration. Get your certification early and avoid day-of-ride delays.

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted.

All rides begin 15 minutes after the scheduled ride start time ♦ Route Difficulty Ratings are approximate ♦ #1: Family/Beginner ride
#2: Mostly flat to rolling, up to 1/3 hills ♦ #3: Rolling, up to 1/2 hills ♦ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.

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Saturday, September 8

7:00 am **30th Annual Old Kentucky Home Tour.** Our premier cycling event! 50/70/100 mi. #3/#3+/#4 routes from Louisville to Bardstown. See www.okht.org.

Sunday, September 9

7:00 am **30th Annual Old Kentucky Home Tour.** 55-mile returning route from Bardstown to Louisville, or one-day loop from Louisville. See www.okht.org.

Monday, September 10

8:30 am 65 mi. #3. Long Run Park. RC: *Bill Pustow, 777-2847.*

6:15 pm 30 mi. #4. **Monday Night Hill Jam.** Perkin's Deli (Knob Creek Rd. & Brooks Hill Rd.) RC: *Scott Kuchenbrod, 594-8559.*

6:15 pm 12 mi. #1. **Recovery Ride (RIF RAF).** St. Matthews Baptist Church. RC: *Allison Dobbs, 541-3886.*

Tuesday, September 11

8:15 am 40/70 mi. #3. Long Run Park. RC: *Michael Crawford, 314-9977.*

6:15 pm 15/25 mi. #3. **Tuesday Night Ride.** Bluegrass Brewing Company (BBC). Park in the old Bacon's parking lot. RC: *John Paul, 637-1957.*

Wednesday, September 12

9:00 am 25/50 mi. #3. Love's Truck Plaza, Memphis, Ind. RC: *AB Sandefur, 425 9463.*

6:00 pm 25 mi. #2. **Whiskey Run Wednesday Ride.** North Harrison Middle School, Ramsey, Ind. Flats and rollers between Ramsey and Bradford, Ind., at relaxed pace. RC: *Kirk Roggenkamp, 718-1911.*

6:00 pm 19 mi. #3. Wilt Elementary (across the street from McNeeley Lake). Training ride for Apex Physical Therapy Challenge Duathlon! RC: *Linda Burry, 297-8931.*

6:15 pm 15/25 mi. #3. Prospect Point Shop. Center. **Sleepy Hollow Jaunt.** RC: *Dick Rauh, 896-1290.*

Thursday, September 13

9:15 am 50 mi. #3. Shelbyville Kroger. Take I-64 east to exit 35, left on KY 53, cross US 60. Kroger is on your left. Park near gas station. RC: *Susan Howell, 724-1136.*

6:15 pm 19/25 mi. #3. Cycler's Café. RC: *Joe Sohm, 451-5152.*

Friday, September 14

8:00 am 65 mi. #3. **Clifty Falls Camp-out Ride.** Jeffersonville to Clifty Falls. \$10.00 fee for camping. Ride starts under 2nd Street Bridge in Jeffersonville. Contact RC with intent to ride. RC: *Donna Connell, 541-4759 or dgcpaint@bellsouth.net.*

6:15 pm 12 mi. #2. **Weekend Tune-Up and Fun Ride (RIF RAF).** St. Matthews Baptist Church. RC: *Scott Howes, 445-8201.*

Saturday, September 15

9:00 am 17/40 mi. #1/#2. **Slow and Easy (RIF RAF).** Waterfront Park, Yellow Lot. RC: *AB Sandefur, 425-9463.*

9:00 am 38/65 mi. #3. **22nd Annual Bike Trek to Shakertown.** Start at Ft. Harrod in Harrodsburg. Destination: Pioneer Playhouse in Danville. Fundraising event for American Lung Association of KY. RC: *David Runge, 749-5675.*

9:00 am 40 mi. #3. **Clifty Falls Camp-out Loop.** Clifty Falls Lodge. RC: *Donna Connell, 541-4759 or dgcpaint@bellsouth.net.*

10:00 am 50 mi. #3. Shelbyville Kroger. Take I-64 east to exit 35, left on KY 53, cross US 60, Kroger is on left. Please gather near the Kroger gas station. RC: *Marcie Klus, mak@ka.net, 682-3358.*

Sunday, September 16

8:00 am 102 mi. #3. **Packman's Hint: A Journey to Orleans.** Finley Firehouse, Scottsburg, Ind. I-65 north to Scottsburg Exit (30 miles from bridge). Go west on Hwy. 56 then right on Finley Firehouse Road and park behind the fire station. Parking for this ride is limited. RC: *Melissa "Puddle" Hall, 812-752-3973, lissah45@yahoo.com.*

8:00 am 65 mi. #3. **Clifty Falls Camp-out Return Ride.** Clifty Falls Lodge. RC: *Donna Connell, 541-4759 or dgcpaint@bellsouth.net.*

CPSC- or Snell-approved Helmets Are Required

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- 9:00 am 26/60 mi. #3. **22nd Annual Bike Trek to Shakertown**. Danville to Shakertown. RC: *David Runge*, 749 5675.
- 2:00 pm 15/25 mi. #3. **Earl's Ice Cream Ride**. Free ice cream after ride! Widow's Walk in Jeffersonville, Ind. RC: *Earl Jones*, 895-4850.
- 4:00 pm **General Membership Meeting**. E.P. "Tom" Sawyer State Park.
- Monday, September 17**
- 8:30 am 65 mi. #3. Long Run Park. RC: *Bill Pustow*, 777-2847.
- 9:00 am 20/38 mi. #3. **22nd Annual Bike Trek to Shakertown**. This is an optional day. Shakertown to Ft. Harrod. RC: *David Runge*, 749 5675.
- 6:00 pm 12 mi. #1. **Recovery Ride (RIF RAF)**. St. Matthews Baptist Church. RC: *Allison Dobbs*, 541-3886.
- Tuesday, September 18**
- 9:00 am 40/47 mi. #3. Floyd's Fork Park. RC: *Jim Tretter*, 491-7120.
- 6:00 pm 15/25 mi. #3. **Tuesday Night Ride**. Bluegrass Brewing Company (BBC). Park in the old Bacon's parking lot. RC: *John Paul*, 637-1957.
- Wednesday, September 19**
- 9:00 am 30/50 mi. #3. E.P. "Tom" Sawyer Park. RC: *Dick Williams*, 426 4844.
- 6:00 pm 25 mi. #2. **Whiskey Run Wednesday Ride**. North Harrison Middle School, Ramsey, Ind. Flats and rollers between Ramsey and Bradford, Ind., at relaxed pace. RC: *Kirk Roggenkamp*, 718-1911.
- 6:00 pm 10/15/25 mi. #3. Crestwood Station Shopping Center, Hwy 146, Crestwood, Ky. RC: *Kevin Jones*, 599-1981.
- Thursday, September 20**
- 9:15 am 50 mi. #3. Shelbyville Kroger. Take I-64 east to exit 35, left on KY 53, cross US 60. Kroger is on your left. Park near gas station. RC: *Susan Howell*, 724-1136.
- 6:00 pm 15/29 mi. #3. **Road Kill and One Big Hill**. Iroquois Park. RC: *Steve Montgomery*, 367-7103.
- 6:30 pm 19/25 mi. #3. **Cycler's Café**. RC: *Joe Sohm*, 451-5152.
- Friday, September 21**
- 6:00 pm 12 mi. #2. **Weekend Tune-Up and Fun Ride (RIF RAF)**. St. Matthews Baptist Church. RC: *Scott Howes*, 445-8201.
- Saturday, September 22**
- 8:00 am 30/60/100 mi. #3. **Virgin Mad Dog Century** (TMD Stage #15). Silver Creek High School in Sellersburg, Ind. The route is designed for first-time century riders. We'll be gentle! RC: *Ellen Mueller*, 485-1758, and *Alan Darby*, 895-4904.
- 9:00 am 17/35 mi. #1/#2. **Slow and Easy (RIF RAF)**. Waterfront Park, Yellow Lot. RC: *Steve Montgomery*, 367-7103.
- 2:00 pm 40 mi. #3+. **Mt. Washington Ride**. Houchens Grocery (Washington Square Shopping Center) KY 44 west of the Bardstown Rd-KY 44 intersection. RC: *Scott Whitehair*, 303-2949.
- Sunday, September 23**
- 8:00 am 55/100 mi. #3. **Cool Century – Sink or Swim**. Dare ya to jump in! (TMD Stage #16). Last of the Season! Westport Park Ride #3021/3022 at www.kybirdes.org, Westport, Ky. Scenic, often shady, relaxed century to points east. Lunch in Carrollton with optional dip in Ohio River for the brave or insane (depending on temperature). RC: *Larry Preble*, 222-7551.
- 8:30 am 35 mi. #2. **My Louisville Ride (RIF RAF)**. Each ride will feature a different My Louisville mural. Twig and Leaf–Heine Bros triangle; Bardstown, Douglass and Dundee Rds in the Highlands. Limited parking. RC: *Scott Howes*, 445-8201.
- 9:00 am 17 mi. #1. **Family-Friendly Ride – Ohio River Levee Trail**. Great ride for the whole family. Start at Farnsley-Moremen parking lot. RC: *Doug Klein* 724-1819 and *Tim Wright*.
- 2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Stewart Prather*, 895-9094.
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams*, 426-4844.
- Monday, September 24**
- 8:30 am 65 mi. #3. Long Run Park. RC: *Bill Pustow*, 777-2847.

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- 6:00 pm 25 mi. #3 **Happy Hour Ride**. 3850 Crandall Station Road, Crandall, Ind. Hot tub afterwards IF you bring a swimsuit! RC: *Cathy Hill*, 859-509-4425.
- 6:00 pm 30 mi. #4. **Monday Night Hill Jam**. Perkin's Deli (Knob Creek Rd. & Brooks Hill Rd.) RC: *Scott Kuchenbrod*, 594-8559.
- 6:00 pm 12 mi. #1. **Recovery Ride (RIF RAF)**. St. Matthews Baptist Church. RC: *Ed Tonini*, 897-0596.
- Tuesday, September 25**
- 9:00 am 50 mi. #3. Long Run Park. RC: *Jim Tretter*, 491-7120.
- 6:00 pm 15/25 mi. #3. **Tuesday Night Ride**. Bluegrass Brewing Company (BBC). Park in the old Bacon's parking lot. RC: *John Paul*, 637-1957.
- Wednesday, September 26**
- 9:00 am 34/50 mi. #3. Speed, Ind. across from cement plant. RC: *Alison Ewart*, 584 4222.
- 6:00 pm 25 mi. #2 **Whiskey Run Wednesday Ride**. North Harrison Middle School, Ramsey, Ind. Flats and rollers between Ramsey and Bradford, Ind., at relaxed pace. RC: *Kirk Roggenkamp*, 718-1911.
- 6:00 pm 10/15/25 mi. #3. Crestwood Station Shopping Center, Hwy 146, Crestwood, Ky. RC: *Kevin Jones*, 599-1981.
- Thursday, September 27**
- 9:15 am 50 mi. #3. Shelbyville Kroger. Take I-64 east to exit 35, left on KY 53, cross US 60. Kroger is on your left. Park near gas station. RC: *Susan Howell*, 724-1136.
- 6:00 pm 19/25 mi. #3. Cyclers's Café. RC: *Joe Sohm*, 451-5152.
- 6:00 pm 15/25 mi. #3. **Boxer Shorts Ride**. Wear your best, brightest, tackiest, boxer shorts (*over* your cycling shorts, please!) Fabulous prizes to the winner of the best boxers contest. E.P. "Tom" Sawyer State Park. RC: *Steve Anderson*, 523-8592.
- Friday, September 28**
- 6:00 pm 12 mi. #2. **Weekend Tune-Up and Fun Ride (RIF RAF)**. St. Matthews Baptist Church. RC: *Scott Howes*, 445-8201.
- Saturday, September 29**
- 7:00 am 120 mi. #4+. **Fall Mammoth Cave Overnight (TMD Stage #17)**. Starts at Hatmaker's Convenience Store. Special beer and wine reception in the evening. Make your own reservations at Mammoth Cave Hotel, 270-758-2225, and tell them you're a Mad Dog Cyclist. RC: *Deb Sexton*, 417-9150.
- 9:00 am 17/40 mi. #1/#2. **Slow and Easy (RIF RAF)**. Waterfront Park, Yellow Lot. RC: *Joe Thomas*, 447-2318.
- Sunday, September 30**
- 6:00 am 120 mi. #4+. **Fall Mammoth Cave Overnight Return**. Starts at Mammoth Cave Hotel and returns to Louisville. *New improved return route* RC: *Deb Sexton*, 417-9150.
- 7:30 am 5/25/40/65 mi. #3/#3+. **Harvest Homecoming Bicycle Tour**. Day-of-ride registration from 7:30 to 9:00 am at The Forest Discovery Center, Starlight, Ind. For info contact the Southern Indiana Wheelmen at 812-948-2453 or www.siwheelmen.org. RC: *Scott Kuchenbrod*, 594-8559.
- 8:30 am 35 mi. #2. **My Louisville Ride (RIF RAF)**. Each ride will feature a different My Louisville mural. Twig and Leaf-Heine Bros triangle; Bardstown, Douglass and Dundee Rds in the Highlands. Limited parking. RC: *Scott Howes*, 445-8201.
- 10:00 am **JP Morgan Tour de Louisville Cyclocross Race**. E.P. "Tom" Sawyer State Park. Registration opens at 10:00; races begin at 11:00. Entry fee and USCF license required. See 2wheel sports.com for more information.
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams*, 426-4844.

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