



# LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN



## Saturday, March 1

- 7:00 am 200K (125 mi). #4. **200K Brevet** - Start at Days Inn Hwy 55 Shelbyville. Registration, lights and reflective gear required. For more information see [http://www.louisvillebicycleclub.org/touring/Louisville\\_Bicycle\\_Club\\_Brevet\\_Series\\_2008.pdf](http://www.louisvillebicycleclub.org/touring/Louisville_Bicycle_Club_Brevet_Series_2008.pdf) These rides to not observe the 15 minute start delay (aka Wheelman Time). Please arrive early to complete the required paperwork and the bicycle/equipment inspection. RC: *Steve Rice, 502-494-5288, srice at insightbb.com*
- 9:00 am 17/35 mi. #1/#2. Slow and Easy. Waterfront Park, Yellow Lot. RC: *Steve Montgomery, 367-7103.*
- 12:00 pm **L'Esprit Road Race**. LaGrange, KY. Details at [www.kyanaseries.com](http://www.kyanaseries.com). Come out and support the LBC Racing Team.

## Sunday, March 2

- 8:00 am 100/56 mi. #4. **Carl's Maple Syrup Ride** [TMD Stage #1]. Ride starts under 2nd Street bridge in Jeffersonville. The 56-mile route will end at the festival. If you ride the 56-mile option, you will need to arrange your own transportation home from the festival. Expect a bit of a wait at the lunch stop. Festival website: [www.lmsugarbush.com](http://www.lmsugarbush.com). RC: *Melissa "Puddle" Hall, lissah45@yahoo.com, 812-752-3973, and Dick "Grasshopper" Krakowski, 502-637-3172.*
- 2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Connie Guild, 608-7758.*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844.*

## Monday, March 3

- 6:45 pm 15 mi #2. **Monday Night Lights**. St. Matthews Baptist Church. Lights required front/rear. RC: *Scott Howes, 445-8201.*

## Tuesday, March 4

- 11:00 am 33 mi. #3. Floyd Fork Park. Canceled if under 40°. RC: *Jim Tretter, 491-7120.*
- 6:30 pm 25 mi. #3. **Wheeling Into The Night**. Front white headlight and rear red (blink) taillights required. Hogan's Fountain in Cherokee Park. RC: *John Cummings, 239-0114/553-6870 and Eric Sellers, 216-8248.*

## Wednesday, March 5

- 10:00 am 26/45 mi. #3. Crestwood Station. Ride canceled if under 40 degrees. RC: *Alison Ewart 584-4222.*

## Thursday, March 6

- 9:30 am 40 mi. #3. **W.I.N.G.S.** (Westport Incremental New Goals Series). Progressively more difficult series of rides designed to bring back fitness for the spring season. Westport Park, Westport, Ky. RC: *Larry Preble, 222-7551.*
- 6:30 pm 25 mi. #3. **Wheeling Into The Night**. Front white headlight and rear red (blink) taillights required. Hogan's Fountain in Cherokee Park. RC: *John Cummings, 239-0114/553-6870 and Eric Sellers, 216-8248.*

## Friday, March 7

- 11:00 am 10 to 15 mi. #2. **Your Option Ride (YOR)**. St. Matthews Baptist Church parking lot. Ride at workout speed, medium speed, or leisurely (e.g., your option). A lunch stop may be considered for post ride or mid-ride. Bring money for lunch (and possibly a bike lock for mid-ride lunch) if you chose to eat. This ride is automatically cancelled if roads are wet. RC: *Connie Guild, 502-608-7758 (cell).*

## Saturday, March 8

- 8:00 am 100 mi. #3+. **Campbellsburg Century**. Ride start at Finley Firehouse, Scottsburg, Indiana. RC: *Melissa "Puddle" Hall. lissah45@yahoo.com. 812-752-3973.*
- 9:00 am 50 mi. #3+. E.P. Tom Sawyer State Park. RC: *Kevin Jones, 599-1981.*
- 9:00 am 17/35 mi. #1/#2. Slow and Easy. Waterfront Park, Yellow Lot. RC: *Eric Sellers, 216-8248.*
- 12:45 pm 50 mi. #3. **Mike Upsall's Lets Be Blunk Ride**. Cross 2<sup>nd</sup> street bridge into Southern Indiana to Blunk Knob. Two interesting climbs on this ride. Waterfront Park, Yellow Lot. RC: *Soctt Howes, 445-8201.*
- 12:00 pm **Henryville Classic Road Race**. Henryville, IN. Details at [www.kyanaseries.com](http://www.kyanaseries.com). Come out and support the LBC racing team.

## Sunday, March 9 – Daylight Savings Time Begins

- 8:00 am 70 mi. #3. **Seventy at Sunrise Series**, Westport Park. A 67 to 70 mile route will be offered in this series of three rides. RC: *Larry Preble, 222-755.*
- 2:00 pm 15/25 mi. #3. **Earl's Hot Chocolate Ride**. Broadway Baptist Church, 4000 Brownsboro Rd. RC: *Eric Sellers, 216-8248.*
- 4:00 pm **General Membership Meeting**. Broadway Baptist Church, 4000 Brownsboro Rd.

## Monday, March 10

- 6:45 pm 15 mi #2. **Monday Night Lights**. St. Matthews Baptist Church. Lights required front/rear. RC: *Scott Howes, 445-8201.*

## Tuesday, March 11

- 11:00 am 32 mi. #3. Long Run Park. Canceled if under 40°. RC: *Jim Tretter, 491-7120.*
- 6:30 pm 25 mi. #3. **Wheeling Into The Night**. Front white headlight and rear red (blink) taillights required. Hogan's Fountain in Cherokee Park. RC: *John Cummings, 239-0114/553-6870 and Eric Sellers, 216-8248.*

### CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted. All rides begin 15 minutes after the scheduled ride start time (unless noted otherwise) □ Route Difficulty Ratings are approximate □ #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills □ #3: Rolling, up to 1/2 hills □ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.



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## Wednesday, March 12

10:00 am 30/45mi. #3 Arby's in Sellersburg, IN. Ride canceled if under 40 degrees. RC: *Doris Herp 635-1888.*

## Thursday, March 13

9:30 am 45 mi. #3. **W.I.N.G.S.** (Westport Incremental New Goals Series). Progressively more difficult series of rides designed to bring back fitness for the spring season. Westport Park, Westport, Ky. Ride #3016 on [www.kybikerides.org](http://www.kybikerides.org) RC: *Larry Preble, 222-7551*

6:30 pm 25 mi. #3. **Wheeling Into The Night.** Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *John Cummings, 239-0114/553-6870 and Eric Sellers, 216-8248.*

## Friday, March 14 - No Rides Scheduled

## Saturday, March 15

**Texas Hell Week.** Information at [www.hellweek.com](http://www.hellweek.com) RC: *Dave King, 500-7351.*

9:00 am 17/35 mi. #1/#2. Slow and Easy. Waterfront Park, Yellow Lot. RC: *George Cooper 499-1652.*

9:00 am 50 mi. #3+. **Straight Shot to Salem.** Floyd Central High School. I-64 West to US 150W (Greenville-Paoli exit), left on Old Vincennes Road. RC: *Tim Chilton, 367-8946.*

1:00 pm 50 mi. #3. **Mike Upsall's Lets Be Blunk Ride.** Cross 2<sup>nd</sup> street bridge into Southern Indiana to Blunk Knob. Two interesting climbs on this ride. Waterfront Park, Yellow Lot. RC: *Soctt Howes, 445-8201.*

9:00 am **Fort Boonesborough Criterium.** Fort Boonesborough State Park. Details at [www.kyanaseries.com](http://www.kyanaseries.com). Come out at support the LBC racing team.

## Sunday, March 16

**Texas Hell Week.** Information at [www.hellweek.com](http://www.hellweek.com) RC: *Dave King, 500-7351.*

8:00 am 70 mi. #3. **Seventy at Sunrise Series,** Westport Park. A 67 to 70 mile route will be offered in this series of three rides. RC: *Larry Preble, 222-7551.*

2:00 pm 15/25 mi. #3. Baptist East/Milestone Fitness & Wellness Center. 750 Cypress Station Drive. RC: *Steve Sarson, 499-7089.*

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844.*

## Monday, March 17

**Texas Hell Week.** Information at [www.hellweek.com](http://www.hellweek.com) RC: *Dave King, 500-7351.*

6:00 pm 12 mi. #2. **Recovery Ride (RIF RAF).** St. Matthews Baptist Church. RC: *Eric Sellers, 216-8248.*

6:45 pm 15 mi #2. **Monday Night Lights.** St. Matthews Baptist Church. Lights required front/rear. RC: *Scott Howes, 445-8201.*

## Tuesday, March 18

**Texas Hell Week.** Information at [www.hellweek.com](http://www.hellweek.com) RC: *Dave King, 500-7351.*

11:00 am 10 to 15 mi. #2. **Your Option Ride (YOR).** St. Matthews Baptist Church parking lot. Ride at workout speed, medium speed, or leisurely (e.g., your option). A lunch stop may be considered for post ride or mid-ride. Bring money for lunch (and possibly a bike lock for mid-ride lunch) if you chose to eat. This ride is automatically cancelled if roads are wet. RC: *Connie Guild, 502-608-7758 (cell).*

11:00 am 35 mi. #3. Vettiner Park. Canceled if under 40°. RC: *Jim Tretter, 491-7120.*

6:30 pm 25 mi. #3. **Wheeling Into The Night.** Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *John Cummings, 239-0114/553-6870 and Eric Sellers, 216-8248.*

## Wednesday, March 19

**Texas Hell Week.** Information at [www.hellweek.com](http://www.hellweek.com) RC: *Dave King, 500-7351.*

10:00 am 30/46mi. #3 Iroquois Pk. to Mike Linnig's. Ride canceled if under 40 degrees. RC: *Vicky Dobbs 500-4671.*

## Thursday, March 20

**Texas Hell Week.** Information at [www.hellweek.com](http://www.hellweek.com) RC: *Dave King, 500-7351.*

9:30 am 50 mi. #3. **W.I.N.G.S.** (Westport Incremental New Goals Series). Progressively more difficult series of rides designed to bring back fitness for the spring season. Westport Park, Westport, Ky. Ride #3017 on [www.kybikerides.org](http://www.kybikerides.org) RC: *Larry Preble, 222-7551.*

6:30 pm 25 mi. #3. **Wheeling Into The Night.** Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *John Cummings, 239-0114/553-6870 and Eric Sellers, 216-8248.*

## Friday, March 21

**Texas Hell Week.** Information at [www.hellweek.com](http://www.hellweek.com) RC: *Dave King, 500-7351.*

## Saturday, March 22

**Texas Hell Week.** Information at [www.hellweek.com](http://www.hellweek.com) RC: *Dave King, 500-7351.*

8:00 am 100/60 mi. #3. **Dishonest Abe Mad Dog Century** [TMD Stage #2]. Iroquois Park Amphitheater Lot. RC: *Tim Chilton 457-8337.*

9:00 am 17/35 mi. #1/#2. Slow and Easy. Waterfront Park, Yellow Lot. RC: *Scott Whitehair.502-303-2949.*

2:00 pm 22/26 mi. #3. Fairdale High School. 1001 Fairdale Rd, Louisville (Canceled if below 40 F) RC: *Rick Singleton, 937-9790.*

11:00 am **Mount Victory Road Race.** Somerset, KY. Details at [www.kyanaseries.com](http://www.kyanaseries.com). Come out and support the LBC racing team.

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## Sunday, March 23 – Easter Sunday

- 2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *AB Sandefur, 425-9463.*  
3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844.*

## Monday, March 24

- 10:00 am 25(+) mi. #3. E.P. "Tom" Sawyer State Park. RC: *Linda & Terry Donovan, 254-3968.*  
6:00 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Ron & Vicky Dobbs 500-4671.*  
6:45 pm 15 mi #2. **Monday Night Lights**. St. Matthews Baptist Church. Lights required front/rear. RC: *Scott Howes, 445-8201.*

## Tuesday, March 25

- 11:00 am 33 mi. #3. Floyd Fork Park. Canceled if under 40°. RC: *Jim Tretter, 491-7120.*  
6:30 pm 25 mi. #3. **Wheeling Into The Night**. Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *John Cummings, 239-0114/553-6870 and Eric Sellers, 216-8248.*

## Wednesday, March 26

- 10:00 am 20/30/50mi. #3 Love's Truck Plaza, Memphis IN. RC: *Dick Williams 426-4844.*  
6:00 pm 17/25 mi. #3. Mike Linnig's. RC: *Dave King, 500-7351.*

## Thursday, March 27

- 9:30 am 55 mi. #3. **W.I.N.G.S.** (Westport Incremental New Goals Series). Progressive series of rides designed to bring back fitness for the spring season. Westport Park, Westport, Ky. Ride #3022 on [www.kybikerides.org](http://www.kybikerides.org) RC: *Larry Preble, 222-7551.*  
6:30 pm 25 mi. #3. **Wheeling Into The Night**. Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *John Cummings, 239-0114/553-6870 and Eric Sellers, 216-8248.*

## Friday, March 28

- 11:00am 10 to 15 mi. #2. **Your Option Ride (YOR)**. E.P. Tom Sawyer Park. Ride at workout speed, medium speed, or leisurely (e.g., your option). A lunch stop may be considered for post ride or mid-ride. Bring money for lunch (and possibly a bike lock for mid-ride lunch) if you chose to eat. This ride is automatically cancelled if roads are wet. RC: *Connie Guild, 502-608-7758 (cell).*

## Saturday, March 29

- 8:00 am 100/60 mi. #3. **Urbane Mad Dog Century** [TMD Stage #3]. E.P. "Tom" Sawyer State Park. RC: *Tim Chilton 457-8337.*  
9:00 am 17/35 mi. #1/#2. Slow and Easy. Waterfront Park, Yellow Lot. RC: *A.B. Sandefur, 425-9463.*  
10:00 am **Lexington Criterium**. Lexington, KY. Details at [www.kyanaseries.com](http://www.kyanaseries.com). Come out and support the LBC racing team.

## Sunday, March 30

- Bike Florida**. Registration info at [www.bikeflorida.org](http://www.bikeflorida.org) . RC: *Donna Connell [dgcpaint@bellsouth.net](mailto:dgcpaint@bellsouth.net) 231-5853*  
8:00 am 70 mi #3. **Seventy at Sunrise Series**, Westport Park. A 67-70 mile route will be offered in this series of three rides. RC *Larry Preble, 222-7551.*  
8:00 am 30/50/60 mi. #3. **Rick's 3rd Annual Fixed Gear Ride**. Iroquois Park. Bring your fixie if you have one, or ride your geared bike. All are welcome. RC: *Rick Croslin, 368-4415.*  
10:30 am 24mi, #3. **Bike MS Prep Ride**, Middletown Scheller's Cycling, 11520 Shelbyville Rd. RC: *Jesse Roberson 502-245-1955.*  
2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Connie Guild, 502-608-7758 (cell).*  
3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844.*

## Monday, March 31

- Bike Florida**. Registration info at [www.bikeflorida.org](http://www.bikeflorida.org) . RC: *Donna Connell [dgcpaint@bellsouth.net](mailto:dgcpaint@bellsouth.net) 231-5853*  
6:00 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Eric Sellers, 216-8248.*  
6:45 pm 15 mi #2. **Monday Night Lights**. St. Matthews Baptist Church. Lights required front/rear. RC: *Scott Howes, 445-8201.*

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