



LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN



Future Out of Town Rides

March 14 - 21 **Texas Hell Week.** Registration Required. Info at <http://www.hellweek.com> . RC: Bill Pustow 777-2847.

Thursday, January 1st

- 11:00am **Polar Bear Ride and Potluck.** Help us ring in the New Year! Mileage will depend on the weather; potluck lunch will not! After the ride, chili and drinks will be provided. Bring a side dish or dessert. Broadway Baptist Church, 4000 Brownsboro Rd. RC: *A.B. Sandefur, 425-9463.*
- 12:00pm **Sixth Annual New Year's Day Swap Meet.** Go down into the cellar and dig out some of those old bike components that you don't need and trade them in for something you can use. Broadway Baptist Church, 4000 Brownsboro Rd.
- 1:00pm **General Membership Meeting** following lunch. Broadway Baptist Church, 4000 Brownsboro Rd.

Friday, January 2nd

- 10:00am 40 Miles # 3. **South Louisville 40.** Iroquois Park to Jefferson Memorial Forest and return. RC: *Andy Murphy, 526-1040, murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.*

Saturday, January 3rd

- 8:00 am 100 miles #3. **Boston-Munfordville-Boston Mad Dog Century.** [Not a TMD Stage]. Celebrate the 7th Anniversary of the first Mad Dog event! Boston Elementary School (I-65 South to Lebanon Jct exit, left to US 61/62, left on KY 733.) RC: *Tim Chilton, 457-8337.*
- 10:00 am 17/35 mi. #1/#2. **Slow and Easy.** Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg, 905-1365.*

Sunday, January 4th

- 9:00 am 25 mi. #2+. **Indian Hills Ride.** Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201.*
- 9:00 am 56/77 mi. #4. **Salt of the Earth Ride.** Park & Tarc Lot. Paraquet Springs Dr. Sheperdsville, KY. RC: *Joe Kinsinger 502-889-7145.*
- 2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Connie Guild, 502-608-7758*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, January 5th

- 6:45 pm 20 mi. # 2. **Wheeling Into The Night.** Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *Eric Sellers, 216-8248 and John Cummings, 239-0114/553-6870*

Tuesday, January 6th

- 7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur, 425-9463. Great way to get in shape for OKHT.*

Wednesday, January 7th

- 10:00 am 30mi.#3 Long Run Pk. RC: *AB Sandefur 425-9463* (ride canceled if under 40 degrees.)

Thursday, January 8th

- 10:00 am 50 mile #2. **Louisville Loop 50,** Waterfront Park, Yellow Lot to Farnsley-Moremen House and back via The Loop. RC: *Andy Murphy, 526-1040, murphco@insightbb.com*
- 7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur, 425-9463. Great way to get in shape for OKHT*

Friday, January 9th

- 10:00 am 40 Miles # 3. **South Louisville 40.** Iroquois Park to Jefferson Memorial Forest and return. RC: *Andy Murphy, 526-1040, murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.*

Saturday, January 10th

- 9:00 am 25/60 mi. #3. **Fixie-Friendly Southside 60.** Cherokee Park, Hogan's Fountain. All bikes welcome. The course is intended to be semi-rolly. Lunch at Southside Inn if you want. Bring money for lunch and a bike lock if you chose to eat. RC: *David King, 500-7351.*
- 10:00 am 17/35 mi. #1/#2. **Slow and Easy.** Waterfront Park, Yellow Lot. RC: *Steve Montgomery, 367-7103*

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted. Start time is for eastern time zone unless otherwise noted. All rides begin 15 minutes after the scheduled ride start time (unless noted otherwise) □ Route Difficulty Ratings are approximate □ #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills □ #3: Rolling, up to ½ hills □ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.



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Sunday, January 11th

- 9:00 am 25 mi. #2+. **Indian Hills Ride.** Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201.*
- 10:30 am 40mi Credit. #4. Mountain Bike Ride. Youngers Creek. Hwy 61/62 SW out of Boston KY. Left on 583. Right on Miller Road. Through tunnel, over bridge on the right. Meet at parking lot. RC: *Joe Kinsinger 502-889-7145.*
- 2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Eric Sellers, 216-8248.*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, January 12th

- 6:45 pm 20 mi. # 2. **Wheeling Into The Night.** Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *Eric Sellers, 216-8248 and John Cummings, 239-0114/553-6870*

Tuesday, January 13th

- 1:00 pm 40 mi. #3. Floyds Fork. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120*
- 7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur, 425-9463. Great way to get in shape for OKHT.*

Wednesday, January 14th

- 10:00 am 20/30/50mi. #3 Love's Truck Plaza, Memphis, IN. RC: *Dick Williams 426-4844*

Thursday, January 15th

- 10:00 am 50 mile #2. **Louisville Loop 50**, Waterfront Park, Yellow Lot to Farnsley-Moremen House and back via The Loop. RC: *Andy Murphy, 526-1040, murphco@insightbb.com*
- 7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *Donna Connell 541-4759 dgcpaint@bellsouth.net Great way to get in shape for OKHT.*

Friday, January 16th

- 10:00 am 40 Miles # 3. **South Louisville 40.** Iroquois Park to Jefferson Memorial Forest and return. RC: *Andy Murphy, 526-1040, murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.*
- 1:15 pm 15/25 mi. #3. E.P. Tom Sawyer Park RC: *Ron & Vicky Dobbs, 500-4671.*

Saturday, January 17th

- 8:00 am 100 mi. #3. **Tour De Green.** St. Matthews Baptist Church. RC: *Scott Howes, 445-8201.*
- 10:00 am 17/35 mi. #1/#2. **Slow and Easy.** Waterfront Park, Yellow Lot. RC: *George Cooper, 499-1652.*
- 6:00 pm **LBC Annual Awards Banquet.** Big Springs Country Club. Celebrate another great year of cycling and cheer on your friend (or yourself) as the Touring and Volunteer Awards are announced. This is also the Annual Meeting where the club officers for 2008 are elected.

Sunday, January 18th

- 9:00 am 25 mi. #2+. **Indian Hills Ride.** Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201.*
- 9:00 am 56/79 mi. #4. **Salt of the Earth Ride.** Park & Tarc Lot. Paraquet Springs Dr. Sheperdsville, KY. RC: *Joe Kinsinger 502-889-7145*
- 2:00 pm 15/25 mi. #3. Baptist East/Milestone Fitness & Wellness Center. 750 Cypress Station Drive. RC: *Steve Sarson, 499-7089*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844*

Monday, January 19th

- 6:45 pm 20 mi. # 2. **Wheeling Into The Night.** Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *Eric Sellers, 216-8248 and John Cummings, 239-0114/553-6870*

Tuesday, January 20th

- 1:00 pm 35 mi. #3. Vettiner Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120 .*
- 7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur, 425-9463 Great way to get in shape for OKHT.*

CPSC- or Snell-approved Helmets Are Required

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Wednesday, January 21st

10:00 am 30mi. #2 Ashland Pk., Jeffersonville, IN. RC: *Alison Ewart 584-4222*. (ride canceled if under 40 degrees.)

Thursday, January 22nd

10:00 am 50 mile #2. **Louisville Loop 50**, Waterfront Park, Yellow Lot to Farnsley-Moremen House and back via The Loop. RC: *Andy Murphy, 526-1040, murphco@insightbb.com*

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *Donna Connell 541-4759 dgcpaint@bellsouth.net*. **Great way to get in shape for OKHT.**

Friday, January 23rd

10:00 am 40 Miles # 3. **South Louisville 40**. Iroquois Park to Jefferson Memorial Forest and return. RC: *Andy Murphy, 526-1040, murphco@insightbb.com and John Cummings, 239-0114 or 553-6870*.

Saturday, January 24th

9:00 am 60 mi. #3. Crestwood Station Shopping Center. Hwy 146, Crestwood KY. RC: *Debi Hatton 502-548-8739*

10:00 am 17/35 mi. #1/#2. **Slow and Easy**. Waterfront Park, Yellow Lot. RC: *Eric Sellers, 216-8248*.

Sunday, January 25th

9:00 a.m. 56 miles. #4. **Scenic Sixty**. Ride start at Love's Truck Plaza, Memphis, IN.. (Ride profile on www.kybikerides.org). Please bring extra tubes due to cinder use. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973*. Cancellations announced on kycyclist. Call if in doubt.

10:30 am 40mi Credit. #4. Mountain Bike Ride. Youngers Creek. Hwy 61/62 SW out of Boston KY. Left on 583. Right on Miller Road. Through tunnel, over bridge on the right. Meet at parking lot. RC: *Joe Kinsinger 502-889-7145*.

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Stewart Prather, 895-9094*

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844*

Monday, January 26th

6:45 pm 20 mi. # 2. **Wheeling Into The Night**. Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RCs: *Eric Sellers, 216-8248 and John Cummings, 239-0114/553-6870*

Tuesday, January 27th

1:00 pm 32 mi. #3. Long Run Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120*

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur, 425-9463*. **Great way to get in shape for OKHT.**

Wednesday, January 28th

10:00 am 30mi. #2+ Arby's in Sellersburg, IN. RC: *Sonny Neurath 893-2306* (ride canceled if under 40 degrees)

Thursday, January 29th

10:00 am 50 mile #2. **Louisville Loop 50**, Waterfront Park, Yellow Lot to Farnsley-Moremen House and back via The Loop. RC: *Andy Murphy, 526-1040, murphco@insightbb.com*

7:00pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *Donna Connell 541-4759 dgcpaint@bellsouth.net* **Great way to get in shape for OKHT..**

Friday, January 30th

10:00 am 40 Miles # 3. **South Louisville 40**. Iroquois Park to Jefferson Memorial Forest and return. RC: *Andy Murphy, 526-1040, murphco@insightbb.com and John Cummings, 239-0114 or 553-6870*.

1:15 pm 25 mi. #3. Crestwood Station Shopping Center, Crestwood, Ky. RC: *Ron & Vicky Dobbs, 500-4671*.

Saturday, January 31st

10:00 am 17/35 mi. #1/#2. **Slow and Easy**. Waterfront Park, Yellow Lot. RC: *AB Sandefur, 425-9463*.

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