



LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN



Sunday, February 1st

- 8:00 am 52/100mi. #4. **Packman's Hint: Orleans.** Ride start at Finley Firehouse, Scottsburg. Century ride will be swept. 52 mile route (not swept) is an out and back course that stays with the century to the first store stop. Remember to bring extra tubes due to cinder use in Indiana. Century riders should be able to maintain a 15 mph moving average due to darkness concerns. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.* Cancellation due to weather will be announced on the kycyclist. Please call if in doubt.
- 10:30 am 40mi Credit. #4. Mountain Bike Ride. Youngers Creek. Hwy 61/62 SW out of Boston KY. Left on 583. Right on Miller Road. Through tunnel, over bridge on the right. Meet at parking lot. RC: *Joe Kinsinger 502-889-7145.*
- 2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Connie Guild, 502-608-7758.*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844*

Monday, February 2nd

- 6:45 pm 20 mi. # 2. **Wheeling Into The Night.** Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *Eric Sellers, 216-8248 and John Cummings, 239-0114/553-6870*

Tuesday, February 3rd

- 7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur, 425-9463. Great way to get in shape for OKHT.*

Wednesday, February 4th

- 10:00 am 40mi. #3. Long Run Pk. to Claudia Sanders. RC: *AB Sandefur 426-9463* (ride canceled if under 40 degrees)

Thursday, February 5th

- 10:00 am 50 mile #2. **Louisville Loop 50**, Waterfront Park, Yellow Lot to Farnsley-Morem House and back via The Loop. RC: *Andy Murphy, 526-1040, murphco@insightbb.com*
- 7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *Donna Connell 541-4759 dgcpaint@bellsouth.net Great way to get in shape for OKHT.*

Friday, February 6th

- 10:00 am 40 Miles # 3. **South Louisville 40.** Iroquois Park to Jefferson Memorial Forest and return. RC: *Andy Murphy, 526-1040, murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.*

Saturday, February 7th

- 9:00 am 30/60 mi. #3. E.P. Tom Sawyer State Park. RC: *David King 500-7351.*
- 10:00 am 17/35 mi. #1/#2. **Slow and Easy.** Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg, 905-1365*

Sunday, February 8th

- 9:00 am 25 mi. #2+. **Indian Hills Ride.** Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201.*
- 10:15 am 40mi Credit. #4. Mountain Bike Ride. Youngers Creek. Hwy 61/62 SW out of Boston KY. Left on 583. Right on Miller Road. Through tunnel, over bridge on the right. Meet at parking lot. RC: *Joe Kinsinger 502-889-7145.*
- 2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Eric Sellers, 216-8248.*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844*

Monday, February 9th

- 6:45 pm 20 mi. # 2. **Wheeling Into The Night.** Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *Eric Sellers, 216-8248 and John Cummings, 239-0114/553-6870*

Tuesday, February 10th

- 7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur, 425-9463. Great way to get in shape for OKHT.*

Wednesday, February 11th

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted. Start time is for eastern time zone unless otherwise noted. All rides begin 15 minutes after the scheduled ride start time (unless noted otherwise) □ Route Difficulty Ratings are approximate □ #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills □ #3: Rolling, up to 1/2 hills □ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.



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10:00 am 30/50 mi. #3 Tom Sawyer Pk. RC: *Dick Williams 426-4844*

Thursday, February 12th

Bike Summit II - Help build on the success of the 2005 Bike Summit by participating in this community-wide effort to develop programs and strategies to guide Louisville Metro in the creation of safe, functional, viable and sustainable bicycle facilities and programs.

Salvation Army Male Campus (Old Male H.S.)

911 South Brook St.

Louisville KY 40203

Contact: *Earl Jones, president@louisvillebicycleclub.org, 287-7770.*

10:00 am 50 mile #2. **Louisville Loop 50**, Waterfront Park, Yellow Lot to Farnsley-Moremén House and back via The Loop. RC: *Andy Murphy, 526-1040, murphco@insightbb.com*

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *Donna Connell 541-4759 dgcpaint@bellsouth.net. Great way to get in shape for OKHT.*

Friday, February 13th

10:00 am 40 Miles # 3. **South Louisville 40**. Iroquois Park to Jefferson Memorial Forest and return. RCs: *Andy Murphy, 526-1040, murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.*

1:15 pm 25 mi. #3. E.P. Tom Sawyer Park RC: *Ron & Vicky Dobbs, 500-4671.*

Saturday, February 14th

8:00 am 100 mi. #4. **Hardinsburg Century**. Ride start Finley Firehouse, Scottsburg, IN. Please bring extra tubes due to cinders in the road. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. Cancellation posted on kycyclist. Call if in doubt.*

10:00 am 17/35 mi. #1/#2. **Slow and Easy**. Waterfront Park, Yellow Lot. RC: *Steve Montgomery, 367-7103*

Sunday, February 15th

9:00 am 25 mi. #2+. **Indian Hills Ride**. Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201.*

9:00 am 56/90 mi. #4. **Salt of the Earth Ride**. Park & Tarc Lot. Paraquet Springs Dr. Sheperdsville, KY. RC: *Joe Kinsinger 502-889-7145*

2:00 pm 15/25 mi. #3. Baptist East/Milestone Fitness & Wellness Center. 750 Cypress Station Drive. RC: *Steve Sarson, 499-7089*

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844*

Monday, February 16th

6:45 pm 20 mi. # 2. **Wheeling Into The Night**. Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park. RC: *Eric Sellers, 216-8248 and John Cummings, 239-0114/553-6870*

Tuesday, February 17th

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur, 425-9463. Great way to get in shape for OKHT.*

Wednesday, February 18th

10:00 am 32/40mi. #3 Love's Travel Plaza, Memphis, IN. RC: *Alison Ewart 584-4222. (ride canceled if under 40 degrees)*

Thursday, February 19th

10:00 am 50 mile #2. **Louisville Loop 50**, Waterfront Park, Yellow Lot to Farnsley-Moremén House and back via The Loop. RC: *Andy Murphy, 526-1040, murphco@insightbb.com*

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *Donna Connell 541-4759 dgcpaint@bellsouth.net. Great way to get in shape for OKHT.*

Friday, February 20th

10:00 am 40 Miles # 3. **South Louisville 40**. Iroquois Park to Jefferson Memorial Forest and return. RCs: *Andy Murphy, 526-1040, murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.*

CPSC- or Snell-approved Helmets Are Required

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Saturday, February 21st

9:00 am 30/60 mi. #3. Vettiner Park. RC: *Steve Sarson RC: 499-7089.*
10:00 am 17/35 mi. #1/#2. **Slow and Easy.** Waterfront Park, Yellow Lot. RC: *George Cooper, 499-1652*

Sunday, February 22nd

9:00 am 56/77 mi. #4. **Salt of the Earth Ride.** Park & Tarc Lot. Paraquet Springs Dr. Sheperdsville, KY. RC: *Joe Kinsinger 502-889-7145*
9:00 am 60 mi. #3. Crestwood Station Shopping Center. Hwy 146, Crestwood KY. RC: *Debi Hatton 502-548-8739*
2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *AB Sandefur, 425-9463*
3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams, 426-4844*

Monday, February 23rd

6:45 pm 20 mi. #2. **Wheeling Into The Night.** Front white headlight and rear red (blinky) taillights required. Hogan's Fountain in Cherokee Park.
RC: *Eric Sellers, 216-8248 and John Cummings, 239-0114/553-6870*

Tuesday, February 24th

7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur, 425-9463. Great way to get in shape for OKHT.*

Wednesday, February 25th

11:00 am 50mi. #3 Long Run Pk. to McKinley's RC: *Vicky Dobbs 500-4671.* (ride canceled if under 40 degrees)

Thursday, February 26th

10:00 am 50 mile #2. **Louisville Loop 50**, Waterfront Park, Yellow Lot to Farnsley-Moremen House and back via The Loop. RC: *Andy Murphy, 526-1040, murphco@insightbb.com*
7:00 pm **Trainer Tour** (20-mile credit). Bring your bike and trainers (or rollers for you pros) and enjoy some wintertime indoor training with fellow cyclists. Cyclists of all levels can benefit! Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur, 425-9463. Great way to get in shape for OKHT.*

Friday, February 27th

10:00 am 40 Miles #3. **South Louisville 40.** Iroquois Park to Jefferson Memorial Forest and return. RC: *Andy Murphy, 526-1040, murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.*
1:15 pm 25 mi. #3. Crestwood Station Shopping Center, Crestwood, Ky. RC: *Ron & Vicky Dobbs, 500-4671.*

Saturday, February 28th

8:00 am 100 mi. #3. **Tour De Green.** St. Matthews Baptist Church. RC: *Scott Howes, 445-8201*
10:00 am 17/35 mi. #1/#2. **Slow and Easy.** Waterfront Park, Yellow Lot. RC: *Eric Sellers, 216-8248.*

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