



LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN



Wednesday, April 1st – Sunset 8:06pm

- 9:30 am 40mi. #3. Long Run Pk. to "Our Best". RC: *Vicky Dobbs 500-4671*. (ride canceled if under 40 degrees)
7:00 pm 25 miles #2. **Wheeling into the Night** – Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. Front white head light and rear red (blinky), required. RC: *John Cummings 502-239-0114, 502-553-6870*

Thursday, April 2nd– Sunset 8:07pm

- 9:30 am 55 mi. #3. **W.I.N.G.S.** (Westport Incremental New Goals Series). Progressive series of rides designed to bring back fitness for the spring season. WINGS training will make you fly! Westport Park, Westport, Ky. Ride #3018 on www.kybikerides.org RC: *Dr. Larry Preble, 724-8477*
6:30 pm 15/25 mi. #3. Charlie Vettiner Park. RC: *Steve and Deb Sexton, 239-8521*.

Friday, April 3rd– Sunset 8:08pm

- 10:00 am 42 mile #3. **South Louisville 42**. Iroquois Park to Jefferson Memorial Forest and return. RC's: *Andy Murphy, 526-1040*
murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.

Saturday, April 4th – Sunrise 7:23am

- 8:00 am **Mad Dog Team In Training Series**. 85 miles max. #3+. New Middletown, IN Elementary School. Opportunity to mix and match several short to moderate loops that all cloverleaf back thru common starting point to progressively work towards century fitness. Riders may drop on any loop they wish and receive credit for all miles they do ride up to max listed. RCs: *Kirk Roggenkamp anchorog@insightbb.com 718-1911 and Cathy Hill 859-509-4425*
9:00 am 17/35 mi. #1/#2. **Slow and Easy**. Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg, 905-1365*
10:30 am 35mi. #3. **Tour de Cure & Bike MS Training Ride**. Scheller's Fitness & Cycling – Clarksville, IN. RC: *Mark Newbold 812-288-6100*
12:00 pm 50 mi. #2. **Louisville Loop 50**, Waterfront Park, Yellow Lot to Farnsley-Moremen House and back via The Loop. RC: *Cathy Hamilton 502-523-3367, cathyjhamilton@yahoo.com*. (ride canceled if under 32 degrees.)

Sunday, April 5th – Sunrise 7:22am

- 8:00 am 50/100 mi. #4. **General Butler's Assault** [TMD Stage #3]. Westport Park. Rides #3017/3009 at www.kybikerides.org. Scenic, challenging century traveling the eastern side of the KY River. Lunch in Carrollton. RC: *Larry Preble, 222-7551 Home, 724-8477 Cell*.
9:00 am 17/32 mi. #1. **Family-Friendly Ride -Ohio River Levee Trail**. Great ride for the whole family. This ride is go at your own pace. Start at Farnsley-Moreman parking lot. Canceled if under 40 degrees. RC: *Doug Klein 724-1819*.
9:00 am 56/90 mi. #4. **Salt of the Earth Ride**. Park & Tarc Lot past Kart County. Paraquet Springs Dr. Shepherdsville, KY. RC: *Joe Kinsinger 502-889-7145*
2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *Connie Guild, 502-608-7758*
3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, April 6th– Sunset 8:11pm

- 4:00 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. *Cathy Hamilton 502-523-3367 cathyjhamilton@yahoo.com* (ride canceled if under 32 degrees.)
6:00 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Ron & Vic Dobbs 500-4671*.
6:00 pm 15 mi. #2. **Recovery Ride** (RIF RAF). McNeely Lake Park. RC: *Scott Howes 445-8201*.

Tuesday, April 7th– Sunset 8:12pm

- 11:00 am 32 mi. #3. Long Run Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120*
6:00 pm 15/25 mi. #3. **St. Matthews Tuesday Night Ride**. Burdorf Galleries parking lot (former Bacon's parking lot) RC: *John Paul, 637-1957*.

Wednesday, April 8th– Sunset 8:13pm

- 9:30 am 25/50mi. #3. Newcut & Outer Loop. "Bernheim Ramble". RC: *Sonny Neurath, 893-2306*.
7:00 pm 25 miles #2. **Wheeling into the Night** – Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. Front white head light and rear red (blinky), required. RC: *John Cummings 502-239-0114, 502-553-6870*

Thursday, April 9th– Sunset 8:14pm

- 9:30 am 55 mi. #3. **W.I.N.G.S.** (Westport Incremental New Goals Series). Progressive series of rides designed to bring back fitness for the spring season. WINGS training will make you fly! Westport Park, Westport, Ky. Ride #3007 on www.kybikerides.org RC: *Dr. Larry Preble, 724-8477*
6:30 pm 15/25 mi. #3. Charlie Vettiner Park. RC: *Steve and Deb Sexton, 239-8521*.

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted. Start time is for eastern time zone unless otherwise noted. All rides begin 15 minutes after the scheduled ride start time (unless noted otherwise) □ Route Difficulty Ratings are approximate □ #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills □ #3: Rolling, up to ½ hills □ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.



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Friday, April 10th– Sunset 8:15pm

10:00 am 46 mile #3. **South Louisville 46.** Iroquois Park to Jefferson Memorial Forest and return. RC's: *Andy Murphy, 526-1040 murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.*

Saturday, April 11th – Sunrise 7:13am

6:00 am 300K (186 mi). #4. **300K Brevet** -Start at Days Inn Hwy 55 Shelbyville. Registration, lights and reflective gear required. For more information see [Louisville_Bicycle_Club_Brevet_Series_2009.pdf](#). These rides do not observe the 15 minute start delay (aka Wheelman Time). Please arrive early to complete the required paperwork and the bicycle/equipment inspection. RC: *Steve Rice, 502-494-5288, srice at insightbb.com*

8:00 am **Mad Dog Team In Training Series.** 100 miles max. #3+. New Middletown, IN Elementary School. Opportunity to mix and match several short to moderate loops that all cloverleaf back thru common starting point to progressively work towards century fitness. Riders may drop on any loop they wish and receive credit for all miles they do ride up to max listed. RCs: *Kirk Roggenkamp anchor dog@insightbb.com 718-1911 and Cathy Hill 859-509-4425*

9:00 am 17/35 mi. #1/#2. Slow and Easy. Waterfront Park, Yellow Lot. RC: *Steve Montgomery, 367-7103*

Sunday, April 12th – Sunrise 7:11am Easter Sunday

9:00 am 25 mi. #2+. **Indian Hills Ride.** Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201.*

9:00 am 51 miles #3. **Bernheim Ramble** - Celebrate Ron's birthday. Tandem and Fixie Friendly, ALL BIKES WELCOME. K-Mart Lot, Newcut Rd. & Outer Loop. RC: *Ron & Vic Dobbs 500-4671*

9:00 am 46/80 mi. #4. **Boston and Bardstown.** Park & Tarc Lot past Kart County. Paraquet Springs Dr. Shepherdsville, KY. RC: *Joe Kinsinger 502-889-7145*

2:00 pm 15/25 mi. #3. Heine Brothers' Coffee on Chenoweth Lane. RC: *AB Sandefur, 425-9463*

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, April 13th– Sunset 8:18pm

4:00 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Cathy Hamilton 502-523-3367, cathyjhamilton@yahoo.com* (ride canceled if under 32 degrees.)

6:00 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Ron & Vic Dobbs 500-4671.*

6:00 pm 15 mi. #2. **Recovery Ride** (RIF RAF). McNeely Lake Park. RC: *Scott Howes 445-8201.*

Tuesday, April 14th– Sunset 8:19pm

11:00 am 40 mi. #3. Floyd Fork Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120*

6:15 pm 15/25 mi. #3. **St. Matthews Tuesday Night Ride.** Burdorf Galleries parking lot (former Bacon's parking lot) RC: *John Paul, 637-1957.*

Wednesday, April 15th– Sunset 8:19pm

9:30 am 25/50mi. #3. Tom Sawyer Pk. RC: *Alison Ewart 584-4222.*(ride canceled if under 40 degrees).

7:00 pm 25 miles #2. **Wheeling into the Night** – Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. Front white head light and rear red (blinkly), required. RCs: *Eric Sellers 502-216-8248 and John Cummings 502-239-0114, 502-553-6870*

Thursday, April 16th– Sunset 8:20pm

9:30 am 61 mi. #3. **W.I.N.G.S.** (Westport Incremental New Goals Series). Progressive series of rides designed to bring back fitness for the spring season. WINGS training will make you fly! Westport Park, Westport, Ky. Ride #3020 on [www.kybikerides.org](#) RC: *Dr. Larry Preble, 724-8477*

6:30 pm 15/25 mi. #3. Charlie Vettiner Park. RC: *Steve and Deb Sexton, 239-8521.*

Friday, April 17th– Sunset 8:21pm

10:00 am 43 mile #3. **South Louisville 43.** Iroquois Park to Jefferson Memorial Forest and return. RC's: *Andy Murphy, 526-1040 murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.*

6:00 pm 15 mi #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Scott Howes, 445-8201.*

Saturday, April 18th – Sunrise 7:03am

8:00 am 50/100 mi. #4. **Tour de Bourbon Trail.** [TMD stage 4]. Crestwood Station Shopping Center. Hwy 146, Crestwood, Ky. Ride will be posted at [kybikerides.org](#) 30 days prior. Lunch at the Labrot and Graham Woodford Reserve distillery. RC: *Scott Howes, 445-8201.*

8:00 am 12/26/63 mi. #3. **Town & Country bike tour,** Henderson, KY. Registration required. RC: *Joe Kinsinger 502-889-7145*

9:00 am 17/35 mi. #1/#2. **Slow and Easy.** Waterfront Park, Yellow Lot. RC: *George Cooper, 499-1652*

CPSC- or Snell-approved Helmets Are Required

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Sunday, April 19th – Sunrise 7:02am

- 8:00 am 30/60 mi. #3. Charlie Vettiner Park. RC: *David King 500-7351*
- 9:00 am 17/32 mi. #1. **Family-Friendly Ride -Ohio River Levee Trail**. Great ride for the whole family. This ride is go at your own pace. Start at Farnsley-Moreman parking lot. Canceled if under 40 degrees. RC: *Doug Klein 724-1819*.
- 9:00 am 25 mi. #2+. **Indian Hills Ride**. Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201*.
- 2:00 pm 15/25 mi. #3. Baptist East/Milestone Fitness & Wellness Center. 750 Cypress Station Drive. RC: *Steve Sarson, 499-7089*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, April 20th – Sunset 8:24pm

- 4:00 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Cathy Hamilton 502-523-3367 cathyjhamilton@yahoo.com* (ride canceled if under 32 degrees.)
- 6:00 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church RC: *Cathy Hamilton 502-523-3367 cathyjhamilton@yahoo.com* (ride canceled if under 32 degrees.)
- 6:00 pm 15 mi. #2. **Recovery Ride** (RIF RAF). McNeely Lake Park. RC: *Scott Howes 445-8201*.

Tuesday, April 21st – Sunset 8:25pm

- 10:00 am 40 mi. #3 Vettiner Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120*
- 6:15 pm 15/25 mi. #3. **St. Matthews Tuesday Night Ride**. Burdorf Galleries parking lot (former Bacon's parking lot) RC: *John Paul, 637-1957*.

Wednesday, April 22nd – Sunset 8:26pm

- 9:30 am 40mi. #3. Long Run Pk. to Claudia Sanders. RC: *AB Sandefur 425-9463*. (ride canceled if under 40 degrees.)
- 4:00 pm 15 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Cathy Hamilton 502-523-3367 cathyjhamilton@yahoo.com* (ride canceled if under 32 degrees.)
- 6:30 pm 17/25 mi. #3. Mike Linnig's. RC: *Dave King, 500-7351*
- 7:00 pm 25 miles #2. **Wheeling into the Night** – Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. Front white head light and rear red (blinky), required. RCs: *Eric Sellers 502-216-8248 and John Cummings 502-239-0114, 502-553-6870*

Thursday, April 23rd – Sunset 8:27pm

- 9:30 am 70 mi. #3. **W.I.N.G.S.** (Westport Incremental New Goals Series). Progressive series of rides designed to bring back fitness for the spring season. WINGS training will make you fly! Westport Park, Westport, Ky. Ride #3003 on www.kybikerides.org RC: *Dr. Larry Preble, 724-8477*
- 6:30 pm 15/25 mi. #3. Charlie Vettiner Park. RC: *Steve and Deb Sexton, 239-8521*.

Friday, April 24th – Sunset 8:28pm

- 10:00 am 25 mi.. #3. Tom Sawyer - RC: *Terry & Linda Donovan, 254-3968*.
- 10:00 am 55 mile #3. **South Louisville 55**. Iroquois Park to Levee Trail and return. RC's: Andy Murphy, 526-1040 murphco@insightbb.com and John Cummings, 239-0114 or 553-6870.

Saturday, April 25th – Sunrise 6:54am

- 9:00 am 17/35 mi. #1/#2. **Slow and Easy**. Waterfront Park, Yellow Lot. RC: *Eric Sellers, 216-8248*
- 9:00 am 60 miles #3. **Schimpf's Fixie Sixty**. Long Run Park. Ride to Schimpf's Confectionery in Jeffersonville for lunch at the historic candy store, soda fountain and candy museum! Bring a lock for your bike during lunch. RC: *Steve Rice, 494-5288*.
- 12:00 pm 45 mi. #2. **Louisville Loop 50**, Waterfront Park, Yellow Lot to Farnsley-Moreman House and back via The Loop. RC: *Cathy Hamilton 502-523-3367, cathyjhamilton@yahoo.com* . (ride canceled if under 32 degrees.)

Sunday, April 26th – Sunrise 6:52am

- 9:00 am 17/32 mi. #1. **Family-Friendly Ride -Ohio River Levee Trail**. Great ride for the whole family. This ride is go at your own pace. Start at Farnsley-Moreman parking lot. Canceled if under 40 degrees. RC: *Doug Klein 724-1819*.
- 9:00 am 25 mi. #2+. **Indian Hills Ride**. Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201*.
- 9:30 am 40mi. #3. **Tour de Cure & Bike MS Training Ride**. Scheller's Fitness & Cycling – Middletown. RC: *Paul Baldwin 502-245-1955*
- 2:00 pm 7/15/25 mi. #3. **LBC Kentucky Derby Festival Bike Ride** in partnership with Brain Injury Association of Kentucky. Wear your Pegasus Pin. Waterfront Park. Volunteers Needed. RC: *Earl Jones, 287-7770*

CPSC- or Snell-approved Helmets Are Required

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Monday, April 27th– Sunset 8:31pm

- 4:00 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church, RC: *Cathy Hamilton 502-523-3367 cathyjhamilton@yahoo.com* (ride canceled if under 32 degrees.)
- 6:00 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church, RC: *Cathy Hamilton 502-523-3367 cathyjhamilton@yahoo.com* (ride canceled if under 32 degrees.)
- 6:00 pm 15 mi. #2. **Recovery Ride** (RIF RAF). McNeely Lake Park. RC: *Scott Howes 445-8201.*

Tuesday, April 28th– Sunset 8:32pm

- 10:00 am 50 mi. #3 Long Run Park. RC: *Jim Tretter 491-7120*
- 6:30 pm 15/25 mi. #3. **St. Matthews Tuesday Night Ride**. Burdorf Galleries parking lot (former Bacon's parking lot) RC: *John Paul, 637-1957.*

Wednesday, April 29th– Sunset 8:33pm

- 9:00 am 20/30/50mi. #3. Love's Truck Plaza, Memphis, IN. RC: *Dick Williams 426-4844.*
- 4:00 pm 15 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Cathy Hamilton 502-523-3367 cathyjhamilton@yahoo.com* (ride canceled if under 32 degrees.)
- 6:15 pm 10/17/25mi. #3+. Bluegrass Bicycle/Crestwood Station Shopping Center. Hwy 146. Crestwood, KY. RC: *Kevin Jones, 502-599-1981*
- 7:00 pm 25 miles #2. **Wheeling into the Night** – Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. Front white head light and rear red (blinky), required. RCs: *Eric Sellers 502-216-8248 and John Cummings 502-239-0114, 502-553-6870*

Thursday, April 30th– Sunset 8:34pm

- 9:30 am 70 mi. #3. **W.I.N.G.S.** (Westport Incremental New Goals Series). Progressive series of rides designed to bring back fitness for the spring season. WINGS training will make you fly! Westport Park, Westport, Ky. Ride #3002 on www.kybikerides.org RC: *Dr. Larry Preble, 724-8477*
- 6:30 pm 15/25 mi. #3. Charlie Vettiner Park. RC: *Steve and Deb Sexton, 239-8521.*

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