



LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN



Tuesday, December 1st

- 12:00 pm 40 mi. #3. Vettiner Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120* .
7:00 pm **Trainer Tour** (20 mile credit). Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclists. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$1/night or \$10/Yr fee required. RC *A.B.Sandefur 425-9463*

Wednesday, December 2nd

- 10:00 am 40 mi.#3. Love's Travel Plaza, Memphis, IN. Ride canceled if under 40deg.RC: *AB Sandefur 425-9463*
6:30 pm 26 mi. #2. **Wheeling into the night**. Front headlight and rear red (blinky) taillight required. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RCs: *Eric Sellers 502-216-8248 and John Cummings 502-239-0114, 502-553-6870*

Thursday, December 3rd

- 10:00 am 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*
5:30 pm 15 mi. #3+. **Happy Hills Ride**. Hogan's Fountain, Cherokee Park. Front and rear lights required. Will hit every hill in Cherokee and Seneca parks. RC: *Tommy Sutton 777-3458*.
7:00 pm **Trainer Tour** (20 mile credit). Bring your own trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church,4000 Brownsboro Rd. \$1/night or \$10 year fee Required. RC: *A.B. Sandefur 425-9463*

Friday, December 4th

Saturday, December 5th

- 8:00 am 100 mi. #4. **Puddle's Annual Christmas Breakfast ride**. Breakfast begins at 7:00 a.m. and ride at 8:00 a.m. Breakfast reservations accepted starting November 15th and limited to the first 14 persons. No limit to those who may ride, but please be capable of maintaining a 14 mph moving average due to daylight concerns. Ride start at Finley Firehouse, Scottsburg, Indiana. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973*.
10:00 am 17/35 mi. #1/2. **Slow & Easy**. Waterfront Park, Yellow Lot. RC: *Steve Montgomery 367-7103*

Sunday, December 6th

- 9:00 am 25 mi #2. **Indian Hills Ride**. Douglas Loop on Bardstown Road in front of Heine Bros & Breadworks Coffee Shops. RC: *Dave Combs 724-9405*
9:00 am 55/80 mi. #3. **Boston/Bardstown**. Paroquet Springs Conference Center. To right behind steakhouse. Shepherdsville, Ky. RC: *Joe Kinsinger (502)889-7145*
2:00 pm 15/25 mi. #3 Heine Bros. Coffee, Chenoweth Ln. RC: *Connie Guild 608-7758*
3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, December 7th

- 9:45 am 40 mi. #3. **Fat Forty Ride**. Douglass Loop on Bardstown Rd in front of Heine Bros Coffee and Breadworks near Fat Jimmy's. RC: *Tommy Sutton 777-3458*.
3:15 pm 20 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. RC: *Cathy Hamilton 502-523-3367* (canceled if under 40 degrees)

Tuesday, December 8th

- 12:00 pm 50 mi. #3. Long Run Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120* .
7:00 pm **Trainer Tour** (20 mile credit) Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all level can benefit. Broadway Baptist Church,4000 Brownsboro Rd. \$1night or \$10 /yr Fee required. RC: *A.B.Sandefur 425-9463*

Wednesday, December 9th

- 10:00 am 30 mi. #3. Arby's at Sellersburg, IN. Ride canceled if under 40deg. RC: *Sonny Neurath 893-2306*.
6:30 pm 26 Miles. #2. **Wheeling into the night**. Front headlight and rear red (blinky) taillight required. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RCs: *Eric Sellers 502-216-8248 and John Cummings 502-239-0114, 502-553-6870*

Thursday, December 10th

- 10:00 am 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*
5:30 pm 15 mi. #3+. **Happy Hills Ride**. Hogan's Fountain, Cherokee Park. Front and rear lights required. Will hit every hill in Cherokee and Seneca parks. RC: *Tommy Sutton 777-3458*.
7:00 pm **Trainer Tour** (20 mile credit) Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church,4000 Brownsboro Rd. \$1/night or \$10/yr fee required. RC: *A.B.Sandefur 425-9463*.

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted. Start time is for eastern time zone unless otherwise noted. All rides begin 15 minutes after the scheduled ride start time (unless noted otherwise) □ Route Difficulty Ratings are approximate □ #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills □ #3: Rolling, up to 1/2 hills □ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.



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Friday, December 11th

Saturday, December 12th

9:00 am 30/60 mi. #3. Floyds Fork Park. RC: *Dave King 500-7351*

10:00 am 17/35 mi. #1/2. **Slow & Easy**. Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg 905-1365*

Sunday, December 13th

8:00 am 100 mi. #3+. **Bethlehem Century**. Come mail those Christmas cards from Bethlehem. Please be capable of maintaining a 14 mph average due to day light concerns. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973*

9:00 am 25 mi #2. **Indian Hills Ride**. Douglas Loop on Bardstown Road in front of Heine Bros & Breadworks Coffee Shops. RC: *Dave Combs 724-9405*

9:00 am 55/80 mi. #3. **Boston/Bardstown**. Paroquet Springs Conference Center. To right behind steakhouse. Sheperdsville, Ky. RC: *Joe Kinsinger (502)889-7145*

2:00 pm 15/25 mi. #3. Heine Bros. Coffee, Chenoweth Ln. RC: *Eric Sellers 216-8248*

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, December 14th

9:45 am 40mi. #3. **Fat Forty Ride**. Douglass Loop on Bardstown Rd in front of Heine Bros Coffee and Breadworks near Fat Jimmy's. RC: *Tommy Sutton 777-3458*.

3:15 pm 20 mi. #2. **Recovery Ride (RIF RAF)**. St. Matthews Baptist Church. RC: *Cathy Hamilton 502-523-3367* (canceled if under 40 degrees)

Tuesday, December 15th

1:00 pm 40 mi. #3. Floyds Fork Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120* .

7:00 pm **Trainer Tour** (20 mile credit) Bring your own bike and trainer or rollers and enjoy some winter indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church,4000 Brownsboro Rd. \$1/night or \$10/year fee required. RC: *A.B. Sandefur 425-9463*

Wednesday, December 16th

10:00 am 28 mi. #2. Ashland Pk., Jeffersonville, IN. Ride canceled if under 40deg. RC:*Alison Ewart 584-4222*.

6:30 pm 26 mi. #2. **Wheeling into the night**. Front headlight and rear red (blinkly) taillight required. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RCs: *Eric Sellers 502-216-8248 and John Cummings 502-239-0114, 502-553-6870*

Thursday, December 17th

10:00 am 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*

5:30 pm 15 mi. #3+. **Happy Hills Ride**. Hogan's Fountain, Cherokee Park. Front and rear lights required. Will hit every hill in Cherokee and Seneca parks. RC: *Tommy Sutton 777-3458*.

Friday, December 18th

Saturday, December 19th

10:00 am 17/35 mi. #1/2. **Slow & Easy**. Waterfront Park, Yellow Lot. RC: *George Cooper 499-1652*.

Sunday December 20th

9:00 am 25 mi #2. **Indian Hills Ride**. Douglas Loop on Bardstown Road in front of Heine Bros & Breadworks Coffee Shops. RC: *Dave Combs 724-9405*

9:00 am 55/80 mi. #3. **Boston/Bardstown**. Paroquet Springs Conference Center. To right behind steakhouse. Sheperdsville, Ky. RC: *Joe Kinsinger (502)889-7145*

2:00 pm 15/25 mi. #3. Baptist East/Milestone, Cyprus St. Rd. RC: *Steve Sarson 499-7089*

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, December 21st

9:45 am 40mi. #3. **Fat Forty Ride**. Douglass Loop on Bardstown Rd in front of Heine Bros Coffee and Breadworks near Fat Jimmy's. RC: *Tommy Sutton 777-3458*.

Tuesday, December 22nd

1:00 pm 35 mi. #3. Vettiner Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120* .

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Wednesday, December 23rd

10:00 am 20/30/50 mi. #3. Love's Travel Plaza. RC: *Dick Williams 426-4844*

6:30 pm 26 mi. #2. **Wheeling into the night.** Front headlight and rear red (blinky) taillight required. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RCs: *Eric Sellers 502-216-8248 and John Cummings 502-239-0114, 502-553-6870*

Thursday, December 24th

Friday, December 25th

Saturday, December 26th

9:00 am 30/60 mi. #3. E.P. Tom Sawyer State Park. RC: *Dave King 500-7351*

10:00 am 17/35 mi. #1/2. **Slow & Easy.** Waterfront Park, Yellow Lot. RC: *AB Sandefur 425-9463.*

Sunday, December 27th

9:00 am 25 mi #2. **Indian Hills Ride.** Douglas Loop on Bardstown Road in front of Heine Bros & Breadworks Coffee Shops. RC: *Dave Combs 724-9405*

9:00 am 55/80 mi. #3. **Boston/Bardstown.** Paroquet Springs Conference Center. To right behind steakhouse. Sheperdsville, Ky. RC: *Joe Kinsinger (502)889-7145*

2:00 pm 15/25 mi. #3 Heine Bros. Coffee, Chenoweth Ln. RC: *Stewart Prather 895-9094*

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, December 28th

1:00 pm 32 mi. #3. Long Run Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120 .*

Tuesday, December 29th

10:00 am 35 mi. #3. Iroquois Pk. Ride canceled if under 40deg RC: *Sonny Neurath 893-2306.*

Wednesday, December 30th

6:30 pm 26 Miles. #2. **Wheeling into the night.** Front headlight and rear red (blinky) taillight required. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RCs: *Eric Sellers 502-216-8248 and John Cummings 502-239-0114, 502-553-6870*

Thursday, December 31st

10:00 am 50 mi. #2 **Louisville Loop 50.** Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*

Friday, January 1st 2010

11:00 am **Polar Bear Ride and Potluck.** Help us ring in the New Year! Mileage will depend on the weather; potluck lunch will not! After the ride, chili and drinks will be provided. Bring a side dish or dessert. Broadway Baptist Church, 4000 Brownsboro Rd. RC: *A.B. Sandefur, 425-9463.*

12:00 pm **Sixth Annual New Year's Day Swap Meet.** Go down into the cellar and dig out some of those old bike components that you don't need and trade them in for something you can use. Broadway Baptist Church, 4000 Brownsboro Rd.

1:00 pm **General Membership Meeting** following lunch. Broadway Baptist Church, 4000 Brownsboro Rd.

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