



# LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN



## Monday, February 1st

- 9:30 am 40 mi. #3. **Fat Forty Ride.** Bardstown Road in front of Heine Bros and Breadworks Coffee shops. Ride cancelled if temperature below 40 degrees. RC: *Dave Combs 724-9405*
- 9:45am 40 mi. #4. Long Run Park. All Monday morning rides in January will only be cancelled if there is snow or ice on roads. RC: *Bill Pustow, 777-2847*

## Tuesday, February 2nd

- 7:00 pm **Trainer Tour.** (20 mile Credit) Bring your own bike and trainer or rollers and enjoy some winter indoor training with fellow cyclist. Cyclist of all levels will benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$1/ night or \$10/yr. RC: *A.B. Sandefur,425-9463*

## Wednesday, February 3rd

- 10:00 am 40mi. #3. Long Run Pk. Ride canceled if under 40F. RC: *AB Sandefur 425-9463*

## Thursday, February 4th

- 10:00 am 50 mi. #2. **Louisville Loop 50.** Waterfront Park, Yellow Lot to Farnsley-Moremey Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*
- 7:00 pm **Trainer Tour.** (20 mile Credit) Bring your own bike and trainer or rollers and enjoy some winter indoor training with fellow cyclist. Cyclist of all levels will benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$1/ night or \$10/yr. RC: *A.B. Sandefur,425-9463*

## Friday, February 5th

- 10:30 am 30 mi. #3. From Goose Creek Cycle, LaGrange. Meet inside where it is warm. Ride Canceled if Snowing or Raining. RC: *Jon Kindig 265-1808*
- 11:00 am 42 mi. #3. **South Louisville 42.** (Scotts Gap-Weaver Run) Iroquois Park to Jefferson Memorial Forest and return. (Ride cancelled if temperature is below 40 degrees) RC: *Dave Combs 724-9405*

## Saturday, February 6th

- 8:00 am 100 mi. #4. Ride start at Silver Creek High School, Sellersburg, IN. Ride is ride 2601 on [www.kybikerides.org](http://www.kybikerides.org). ATTENTION: this ride is also scheduled for Sunday, February 7th. I will pick whichever date has the best weather and CANCEL the other date. I will post it on the kycyclist listserve no later than 8:00 p.m. on Friday evening. I will only do this during the months of January and February. Due to darkness and safety concerns, please be capable of maintaining a 14 mph. moving average. If you do not have internet service, please call. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.*
- 10:00 am 17/35 mi. #1/2. **SLOW & EASY.** Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg 905-1365*

## Sunday, February 7th

- 8:00 am 100 mi. #4. Ride start at Silver Creek High School, Sellersburg, IN. Ride is ride 2601 on [www.kybikerides.org](http://www.kybikerides.org). ATTENTION: this ride is also scheduled for Saturday, February 6th. I will pick whichever date has the best weather and CANCEL the other date. I will post it on the kycyclist listserve no later than 8:00 p.m. on Friday evening. I will only do this during the months of January and February. Due to darkness and safety concerns, please be capable of maintaining a 14 mph. moving average. If you do not have internet service, please call. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.*
- 9:15 am 12mi. #3 "Mountain Biking" Ride starts at Dog Hill in Cherokee Park, trail riding through Cherokee and Seneca Parks RC: *Perry Finley 314-4243*
- 11:00 am 40 mi. #2. **Rooster Run Ride.** Paroquet Springs Conference Center. To right behind steakhouse. Shepherdsville, KY RC: *Joe Kinsinger (502)889-7145*
- 2:00 pm 15/25 mi. #3. Heine Bros Coffee, Chenoweth Ln. RC: *Connie Guild 608-7758*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

## Monday, February 8th

- 9:30 am 40 mi. #3. **Fat Forty Ride.** Bardstown Road in front of Heine Bros and Breadworks Coffee shops. Ride cancelled if temperature below 40 degrees. RC: *Dave Combs 724-9405*
- 9:45am 40 mi. #4. Long Run Park. All Monday morning rides in January will only be cancelled if there is snow or ice on roads. RC: *Bill Pustow, 777-2847*

## Tuesday, February 9th

- 7:00 pm **Trainer Tour.** (20 mile Credit) Bring your own bike and trainer or rollers and enjoy some winter indoor training with fellow cyclist. Cyclist of all levels will benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$1/ night or \$10/yr. RC: *A.B. Sandefur,425-9463*

### CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted. Start time is for eastern time zone unless otherwise noted. All rides begin 15 minutes after the scheduled ride start time (unless noted otherwise) □ Route Difficulty Ratings are approximate □ #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills □ #3: Rolling, up to ½ hills □ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.



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## Wednesday, February 10th

10:00 am 20/30/50mi. #3. Love's Travel Stop, Memphis, IN. RC: *Dick Williams 426 4844*

## Thursday, February 11th

10:00 am 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremey Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*

7:00 pm **Trainer Tour**. (20 mile Credit) Bring your own bike and trainer or rollers and enjoy some winter indoor training with fellow cyclist. Cyclist of all levels will benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$1/ night or \$10/yr. RC: *Donna Connell 231-5853*

## Friday, February 12th

10:30 am 30 mi. #3. From Goose Creek Cycle, LaGrange. Meet inside where it is warm. Ride Canceled if Snowing or Raining. RC: *Jon Kindig 265-1808*

11:00 am 42 mi. #3. **South Louisville 42** (Scotts Gap-Weaver Run). Iroquois Park to Jefferson Memorial Forest and return. (Ride cancelled if temperature is below 40 degrees) RC: *Dave Combs 724-9405*

## Saturday, February 13th

9:00 am 60 mi. #3+. **Scenic Sixty**. Ride start at Memphis, Indiana. Please be capable of maintaining a 14 mph moving average for winter safety reasons. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.*

10:00 am 17/35 mi. #1/2. **SLOW & EASY**. Waterfront Park, Yellow Lot. RC: *Steve Montgomery 367-7103*

## Sunday, February 14th

8:30 am 25/60 mi. #3. **Fixie-Friendly 25/60**. Cherokee Park, Hogan's Fountain. All bikes welcome. The course is intended to be semi-rolly. RC: *David King, 500-7351.*

11:00 am 40 mi. #2. **Rooster Run Ride**. Paroquet Springs Conference Center. To right behind steakhouse. Shepherdsville, KY RC: *Joe Kinsinger (502)889-7145*

2:00 pm 15/25 mi. #3. Heine Bros Coffee, Chenoweth Ln. RC: *Eric Sellers 216-8248*

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

## Monday, February 15th

9:30 am 40 mi. #3. **Fat Forty Ride**. Bardstown Road in front of Heine Bros and Breadworks Coffee shops. Ride cancelled if temperature below 40 degrees. RC: *Dave Combs 724-9405*

9:45am 62 mi. #4. Long Run Park. All Monday morning rides in January will only be cancelled if there is snow or ice on roads. RC: *Bill Pustow, 777-2847*

11:00 am 40 mi. #2. **Rooster Run Ride**. Paroquet Springs Conference Center. To right behind steakhouse. Shepherdsville, KY RC: *Joe Kinsinger (502)889-7145*

## Tuesday, February 16th

7:00 pm **Trainer Tour**. (20 mile Credit) Bring your own bike and trainer or rollers and enjoy some winter indoor training with fellow cyclist. Cyclist of all levels will benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$1/ night or \$10/yr. RC: *A.B. Sandefur,425-9463*

## Wednesday, February 17th

10:00 am 35mi. #3. Iroquois Pk. Ride canceled if under 40F. RC: *Sonny Neurath 893-2306*

## Thursday, February 18th

10:00 am 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremey Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*

7:00 pm **Trainer Tour**. (20 mile Credit) Bring your own bike and trainer or rollers and enjoy some winter indoor training with fellow cyclist. Cyclist of all levels will benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$1/ night or \$10/yr. RC: *Donna Connell 231-5853*

## Friday, February 19th

10:30 am 30 mi. #3. From Goose Creek Cycle, LaGrange. Meet inside where it is warm. Ride Canceled if Snowing or Raining. RC: *Jon Kindig 265-1808*

11:00 am 42 mi. #3. **South Louisville 42** (Scotts Gap-Weaver Run). Iroquois Park to Jefferson Memorial Forest and return. (Ride cancelled if temperature is below 40 degrees) RC: *Dave Combs 724-9405*

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## Saturday, February 20th

- 8:00 100 mi. #4. Floyd's Fork Park. This is a winter century and will be swept at 14 mph. Please be considerate of others and only show up if you can keep this pace. RC: *Steve Rice srice@insightbb.com 502-494-5288*
- 9:00 am 17/35 mi. #1/2. **Slow and Easy**. Waterfront Park, Yellow Lot. RC: *George Cooper 499-1652*

## Sunday, February 21st

- 9:15 am 12mi. #3. "Mountain Biking" Ride starts at Dog Hill in Cherokee Park, trail riding through Cherokee and Seneca Parks RC: *Perry Finley 314-4243*
- 11:00 am 40 mi. #2. **Rooster Run Ride**. Paroquet Springs Conference Center. To right behind steakhouse. Shepherdsville, KY RC: *Joe Kinsinger (502)889-7145*
- 2:00 pm 15/25 mi. #3. Baptist East/Milestone Wellness Center, 750 Cypress Station Drive. RC: *Steve Sarson 499-7089*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

## Monday, February 22nd

- 9:30 am 40 mi. #3. **Fat Forty Ride**. Bardstown Road in front of Heine Bros and Breadworks Coffee shops. Ride cancelled if temperature below 40 degrees. RC: *Dave Combs 724-9405*
- 9:45am 40 mi. #4. Long Run Park. All Monday morning rides in January will only be cancelled if there is snow or ice on roads. RC: *Bill Pustow, 777-2847*

## Tuesday, February 23rd

- 7:00 pm **Trainer Tour**. (20 mile Credit) Bring your own bike and trainer or rollers and enjoy some winter indoor training with fellow cyclist. Cyclist of all levels will benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$1/ night or \$10/yr. RC: *A.B. Sandefur,425-9463*

## Wednesday, February 24th

- 10:00 am 32 mi. #3. Love's Travel Stop, Memphis, IN. Ride canceled if under 40F. RC: *Alison Ewart 584-4222*

## Thursday, February 25th

- 10:00 am 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*
- 7:00 pm **Trainer Tour**. (20 mile Credit) Bring your own bike and trainer or rollers and enjoy some winter indoor training with fellow cyclist. Cyclist of all levels will benefit. Broadway Baptist Church, 4000 Brownsboro Rd. \$1/ night or \$10/yr. RC: *A.B. Sandefur,425-9463*

## Friday, February 26th

- 10:30 am 30 mi. #3. From Goose Creek Cycle, LaGrange. Meet inside where it is warm. Ride Canceled if Snowing or Raining. RC. *Jon Kindig 265-1808*
- 11:00 am 42 mi. #3. **South Louisville 42** (Scotts Gap-Weaver Run) .Iroquois Park to Jefferson Memorial Forest and return. (Ride cancelled if temperature is below 40 degrees) RC: *Dave Combs 724-9405*

## Saturday, February 27th

- 8:00 a.m 100 mi. #4. **Maple Syrup Festival Ride**. [www.lmsugarbush.com](http://www.lmsugarbush.com). Ride start is in Jeffersonville, IN under the 2nd Street Bridge. ATTENTION: this ride is also scheduled for Sunday, February 28th. I will pick whichever date has the best weather and CANCEL the other date. I will post it on the kycyclist listserv no later than 8:00 p.m. on Friday evening. I will only do this during the months of January and February. Due to darkness and safety concerns, please be capable of maintaining a 14 mph. moving average. If you do not have internet service, please call. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.*
- 10:00 am 17/35 mi. #1/2. **Slow & Easy**. Waterfront Park, Yellow Lot. RC: *Eric Sellers 216-8248*

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## Sunday, February 28th

- 8:00 am 100 miles. #4. **Maple Syrup Festival Ride.** [www.lmsugarbush.com](http://www.lmsugarbush.com). Ride start is in Jeffersonville, IN under the 2nd Street Bridge. ATTENTION: this ride is also scheduled for Saturday, February 27th. I will pick whichever date has the best weather and CANCEL the other date. I will post it on the kycyclist listserve no later than 8:00 p.m. on Friday evening. I will only do this during the months of January and February. Due to darkness and safety concerns, please be capable of maintaining a 14 mph. moving average. If you do not have internet service, please call. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.*
- 9:15 am 12mi. #3. "Mountain Biking" Ride starts at Dog Hill in Cherokee Park, trail riding through Cherokee and Seneca Parks RC: *Perry Finley 314-4243*
- 11:00 am 40 mi. #2. **Rooster Run Ride.** Paroquet Springs Conference Center. To right behind steakhouse. Shepherdsville, KY RC: *Joe Kinsinger (502)889-7145*
- 2:00 pm 15/25 mi. #3 Heine Bros Coffee, Chenoweth Ln. RC: *Stewart Prather 895-9094*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

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