



# LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN



## Sunday, August 1st

- 8:00 am 100 mi. #3+. **Half "n" Half Century**. Finley Firehouse in Scottsburg, IN. Route through Scott, Jefferson, Jennings, Jackson, and Washington Counties. It is recommended that you (a) are able to read a cue sheet or (b) plan on riding with the ride captain as there are some new roads on this route. Route is bathroom challenged. Remember, camping paper is cheaper than a cycling sock or glove. Lunch is not until the third store stop. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812)752-3973.*
- 8:30 am 55/119 mi. #3. **Salt & Sulphur**. Paroquet Springs Conference Center, Shepherdsville, KY. To right behind steakhouse. RC: *Joe Kinsinger (502)889-7145*
- 9:00 am 25 mi. #2+. **Indian Hills Ride**. Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201.*
- 10:00 am 17/32 mi. #1. **Family-Friendly Ride -Ohio River Levee Trail**. Great ride for the whole family. This ride is go at your own pace. The 17 mile will be swept. Start at Farnsley-Morman parking lot. RC: *Tim Wright 716-2048*
- 2:00 pm 15/25 mi. #3. Heine Bros. Coffee, Chenoweth Ln. RC: *Connie Guild 608-7758*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

## Monday, August 2<sup>nd</sup>

- 9:30 am 40 mi. #3. **Fat Forty Ride**. Douglas Loop (Dundee and Bardstown Rds)in front of Heine Bros and Breadworks Coffee Shops. RC: *Tommy Sutton (777-3458) and Dave Combs (724-9405).*
- 3:30 pm 12 /25 mi. #3. Dog Hill Recovery Ride 12 miles (RIF RAF) and Grinstead Ride 13 miles -. St. Matthews Baptist Church. 3515 Grandview Avenue .RC *Cathy Hamilton, 502-523-3367*
- 6:15 pm **New Rider Clinic** .Yellow Parking Lot, Waterfront Park (River Road across from Stoplite Liquors). Parking lot drills, Part II RC: *Tom Armstrong, 523-9581 or education@louisvillebicycleclub.org*
- 6:30 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Cathy Hamilton, 502-523-3367.*
- 7:30 pm 15 mi. #2. **BEAT THE HEAT!** St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Dianna Decker (850) 415-0755*
- Out of Town Rides**
- 8:00 am 60 mi. #3. Columbus, Wisconsin to Waupun, WI. RC: *Bob Schindler 499-1995*

## Tuesday, August 3<sup>rd</sup>

- 8:30 am 40 mi. #3. Vettiner Park, modified if above 90 degrees. RC: *Jim Tretter 491-7120.*
- 5:30 pm 20/25 mi. #2. **"Planes, Trains, Boats, and Bicycles"** Childplace Campus, 2420 E. 10th St., Jeffersonville, IN. Flat to rolling route along scenic Ohio River, thru the Clark Co. Airport, and across every RR track in Southern IN! RC: *Kirk Roggenkamp and Cathy Hill 718-1911*
- 6:30 pm 15/25 mi. #3. **St. Matthews Tuesday Night Ride**. Burdorf Galleries parking lot (former Bacon's parking lot) RC: *Timothy Stephen 608-6174*
- 7:00 am – 4:00pm **Masters National Road Racing Championships**, Time Trials, Taylorsville, KY. Additional information at [USA Cycling.org](http://USA Cycling.org). or register to volunteer at [louisvillesports.org](http://louisvillesports.org)
- Out of Town Rides**
- 8:00 am 60 mi. #3. Waupun, Wisconsin to Plymouth, WI. RC: *Bob Schindler 499-1995*

## Wednesday, August 4th

- 8:00 am 26/45 mi. #3. Crestwood Station Shopping Center, Crestwood, KY. RC: *Alison Ewart 584-4222*
- 3:30 pm 12/25 mi - Dog Hill Recovery Ride 12 miles (RIF RAF) and Grinstead Ride 13 miles -. St. Matthews Baptist Church. RC: *Cathy Hamilton, 502-523-3367*
- 6:00 pm 26mi. #2. **Wheeling in the summertime**. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RC: *John Cummings 502-239-0114, 502-553-6870, [johncummings@bellsouth.net](mailto:johncummings@bellsouth.net)*
- 6:00 pm 15/20 mi. #1/2. **Midweek Slow and Easy**. Waterfront Park, Yellow Lot. (Park loop option for those wishing to do a slightly harder ride). RC: *Laura Trachtenberg, 905-1365*
- 6:15 pm 30 mi. #3. Scheller's Fitness & Cycling, 1000 Veterans Parkway, Clarksville, IN, RC: *Mark Newbold 812-288-6100*
- 7:00 am – 6:00 pm **Masters National Road racing Championships**, Road Races, Cherokee Park. Additional information at [USA Cycling.org](http://USA Cycling.org). or register to volunteer at [louisvillesports.org](http://louisvillesports.org)
- Out of Town Rides**
- 8:00 am 60 mi. #3 Plymouth, Wisconsin to Mishicot, WI. RC: *Bob Schindler 499-1995*

### CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted. Start time is for eastern time zone unless otherwise noted. All rides begin 15 minutes after the scheduled ride start time (unless noted otherwise) □ Route Difficulty Ratings are approximate □ #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills □ #3: Rolling, up to ½ hills □ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.



# LOUISVILLE BICYCLE CLUB

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## Thursday, August 5<sup>th</sup>

- 10:00 am 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremey Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*
- 6:30 pm 17/30 mi. #3. **FRUIT RIDE**. E.P."TOM" Sawyer State Park. RC's: *Ellen Mackin & Charlie Drexler, 499-9854*.
- 7:00 am – **Masters National Road racing Championships**, Road Races, Cherokee Park. Additional information at [USAcycling.org](http://USAcycling.org). or register to  
6:00 pm volunteer at [louisvillesports.org](http://louisvillesports.org)
- Out of Town Rides**
- 8:00 am 60 mi. #3 Mishicot, Wisconsin to Appleton, WI. RC: *Bob Schindler 499-1995*

## Friday, August 6<sup>th</sup>

- 10:00 am 30 mi. #3. **Goose Creek Cycle**. 202 East Main, LaGrange, KY. RC: *Jon Kindig 502-265-1808*
- 10:15 am 10-18 mi. #2. **Your Option Ride (YOR)**. Tom Sawyer Park. Meet at the NEW Sawyer-Hays Comm. Center off LAKELAND Rd. Ride at work out speed or leisure pace (e.g. your own speed). A lunch stop will be considered for post ride. Bring cash and bike lock if you choose to eat. RC: *Lynn Luking 423-7072*
- 6:15 pm 15 mi #2. **Weekend Tune-Up and Fun Ride**. St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Scott Howes, 445-8201*
- 7:00 am – **Masters National Road racing Championships**, Road Races, Cherokee Park. Additional information at [USAcycling.org](http://USAcycling.org). or register to  
5:00 pm volunteer at [louisvillesports.org](http://louisvillesports.org)
- Out of Town Rides**
- 8:00 am 60 mi. #3 Appleton, Wisconsin to Green Lake, WI. RC: *Bob Schindler 499-1995*

## Saturday, August 7<sup>th</sup>

- 8:00 am 102-110 mi. #3+. **Packman's Hint: A Journey to Orleans**. Possible TMD Make-up stage. Ride start at Finley Firehouse, Scottsburg, Indiana. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973*. Announcement on kycylist and Facebook if made into a stage. If a stage, ride start will change to a different Scottsburg location and will extend mileage from 102 to approximately 110. Directions to location to be announced on-line or call RC. Ride 5502 on [www.kybikerides.org](http://www.kybikerides.org).
- 8:00 am 60 mi. #3. E. P. Tom Sawyer State Park. RCs: *Joe and Carol Medley, 836-4226*. Ride modified in above 90 degrees.
- 9:00 am 17/35 mi. #1/#2. **SLOW & EASY**. Waterfront Park, Yellow Parking Lot. RC: *Laura Trachtenberg, 905-1365*.
- 3:30 pm 24 mi. #3. **Bluegrass Bicycle**. Crestwood Station shopping center. 6015 Crestwood Station, Crestwood, KY. RC: *Bob Clifford. 241-2440*.
- 5:00 pm 15/30 mi. #3. **Meijer's Parking Lot**, 4500 S Hurstbourne Pkwy & Watterson Trail. RC: *Glenn & Lisa Todd. (502) 491-5727*.
- 7:00 am – **Masters National Road racing Championships**, Criteriums, Jeffersonville, IN Additional information at [USAcycling.org](http://USAcycling.org). or register to  
6:00 pm volunteer at [louisvillesports.org](http://louisvillesports.org)

## Sunday, August 8<sup>th</sup>

- 8:00 am 100 mi. #4. **Salt River Ford Mad Dog Century [TMD Stage #14]**. Floyd's Fork Park. RC: *Steve Rice If you are riding, please contact Steve Rice, 502-494-5288, srice at insightbb.com*
- 8:30 am 55/119 mi. #3. **Salt & Sulphur**. Paroquet Springs Conference Center, Shepherdsville, KY. To right behind steakhouse. RC: *Joe Kinsinger (502)889-7145*
- 9:00 am 25 mi. #2+. **Indian Hills Ride**. Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201*.
- 10:00 am 17/32 mi. #1. **Family-Friendly Ride -Ohio River Levee Trail**. Great ride for the whole family. This ride is go at your own pace. The 17 mile will be swept. Start at Farnsley-Morman parking lot. RC: *Tim Wright 716-2048*
- 2:00 pm 15/25 mi. #3. Heine Bros. Coffee, Chenoweth Ln. RC: *Eric Sellers 216-8248*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*
- 7:00 am – **Masters National Road racing Championships**, Criteriums, Jeffersonville, IN Additional information at [USAcycling.org](http://USAcycling.org). or register to  
7:30 pm volunteer at [louisvillesports.org](http://louisvillesports.org)

## Monday, August 9<sup>th</sup>

- 9:30 am 40 mi. #3. **Fat Forty Ride**. Douglas Loop (Dundee and Bardstown Rds)in front of Heine Bros and Breadworks Coffee Shops. RC: *Tommy Sutton (777-3458) and Dave Combs (724-9405)*.
- 3:30 pm 12/25 mi. #2. **Dog Hill Recovery Ride** 12 miles (RIF RAF) and Grinstead Ride 13 miles -. St. Matthews Baptist Church. RC: *Cathy Hamilton, 502-523-3367*
- 6:15 pm **New Rider Clinic**. Yellow Parking Lot, Waterfront Park (River Road across from Stoplite Liquors). Five Layers of Safety. RC: *Tom Armstrong, 523-9581 or education@louisvillebicycleclub.org*
- 6:30 pm 12 mi. #2. **Recovery Ride (RIF RAF)**. St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Cathy Hamilton, 502-523-3367*.
- 7:30 pm 15 mi. #2. **BEAT THE HEAT!** St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Dianna Decker (850) 415-0755*

### CPSC- or Snell-approved Helmets Are Required

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# LOUISVILLE BICYCLE CLUB

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### Tuesday, August 10th

- 8:30 am 52 mi. #3. Long Run Park, modified if above 90 degrees. RC: *Jim Tretter 491-7120.*
- 5:30 pm 20/25 mi. #2 "Planes, Trains, Boats, and Bicycles" Childplace Campus, 2420 E. 10th St., Jeffersonville, IN. Flat to rolling route along scenic Ohio River, thru the Clark Co. Airport, and across every RR track in Southern IN! RC: *Timothy Stephen 608-6174*  
[barturtle@gmail.com](mailto:barturtle@gmail.com)
- 6:30 pm 15/25 mi. #3. **St. Matthews Tuesday Night Ride.** Burdorf Galleries parking lot (former Bacon's parking lot) RC: *Dick Rauh 718-9639*

### Wednesday, August 11th

- 8:00 am 70 mi. #3. Ride to Eminence from E.P. Tom Sawyer State Park. RC: *Mark Rougeux 494-9056.*
- 9:00 am 30/50mi. #3. Love's Travel Plaza, Memphis, IN. RC: *AB Sandefur 425-9463*
- 3:30 pm 12/25 mi. #2. - Dog Hill Recovery Ride 12 miles (RIF RAF) and Grinstead Ride 13 miles -. St. Matthews Baptist Church. RC: *Cathy Hamilton, 502-523-3367*
- 6:00 pm 26mi. #2. **Wheeling in the summertime.** Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RC: *John Cummings 502-239-0114, 502-553-6870, [johncummings@bellsouth.net](mailto:johncummings@bellsouth.net)*
- 6:00 pm 15/20 mi. #1/2. **Midweek Slow and Easy.** Waterfront Park, Yellow Lot. (Park loop option for those wishing to do a slightly harder ride). RC: *Laura Trachtenberg, 905-1365*
- 6:15 pm 30 mi. #3. Scheller's Fitness & Cycling, 1000 Veterans Parkway, Clarksville, IN, RC: *Mark Newbold 812-288-6100*
- 6:15pm 19/25 mi. #3. Mike Linnig's. 9308 Cane Run Road. RC: *Barry Luckett 810-0157*

### Thursday, August 12<sup>th</sup>

- 8:00 am 100 mi #5. **TOKYO Day 1** - Day 1 of 4 of the 400 mi annual Tour Of KY Overland. Start at Jordan Technologies - end in Dry Ridge. *If you are riding, please contact RC: Steve Rice, 502-494-5288, [srice at insightbb.com](mailto:srice@insightbb.com)*
- 10:00 am 50 mi. #2. **Louisville Loop 50.** Waterfront Park, Yellow Lot to Farnsley-Moremén Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*
- 6:30 pm 17/30 mi. #3. **FRUIT RIDE** . EP Tom Sawyer Park , GREAT WAY TO GET IN SHAPE FOR OKHT- RC: *Mark & Lynn Luking,423-7072*

### Friday, August 13th

- 8:00 am 100 mi #5. **TOKYO Day 2** - Day 2 of 4 of the 400 mi annual Tour Of KY Overland. Dry Ridge to Morehead. *If you are riding, please contact RC: Steve Rice, 502-494-5288, [srice at insightbb.com](mailto:srice@insightbb.com)*
- 8:00 am 43 mi. **South Louisville 42/43.** (Weaver Run). Iroquois Park thru Jefferson Memorial Forest and return. RC: *Dave Combs 724-9405*
- 10:00 am 30 mi. #3. Goose Creek Cycle, 202 East Main, LaGrange, KY RC: *Jon Kindig 502-265-1808*
- 10:15 am 10-18 mi. #2. **Your Option Ride (YOR).** Tom Sawyer Park. Meet at the NEW Sawyer-Hays Comm. Center off LAKELAND Rd. Ride at work out speed or leisure pace(e.g. your own speed). A lunch stop will be considered for post ride. Bring cash and bike lock if you choose to eat. RC: *Lynn Luking 423-7072*
- 6:15 pm 15 mi #2. **Weekend Tune-Up** and Fun Ride. St. Matthews Baptist Church. RC: *Scott Howes, 445-8201*

### Saturday, August 14th

- 8:00 am 100 mi. #5. **TOKYO Day 3** - Day 3 of 4 of the 400 mi annual Tour Of KY Overland. Morehead to Berea. *If you are riding, please contact RC: Steve Rice, 502-494-5288, [srice at insightbb.com](mailto:srice@insightbb.com)*
- 8:30 am 30/60 mi. #3. E.P. Tom Sawyer State Park RC: *Terry & Linda Donovan, 254-3968.*
- 8:30 am 55/119 mi. #3. **Salt & Sulphur.** Paroquet Springs Conference Center, Shepherdsville, KY. To right behind steakhouse. RC: *Joe Kinsinger (502)889-7145*
- 9:00 am 17/35 mi. #1/#2. **SLOW & EASY.** Waterfront Park, Yellow Parking Lot. RC: *Steve Montgomery 502-482-0003.*
- 3:30 pm 24 mi. #3. Bluegrass Bicycle. Crestwood Station shopping center. 6015 Crestwood Station, Crestwood, KY. RC: *Bob Clifford. 241-2440.*
- 5:00 pm 15/30 mi. #3. Meijer's Parking Lot, 4500 S Hurstbourne Pkwy & Watterson Trail. RC: *Glenn & Lisa Todd. (502) 491-5727.*

### Sunday, August 15th

- 8:00 am 100 mi. #5. **TOKYO Day 4** - Day 4 of 4 of the 400 mi annual Tour Of KY Overland. Berea to Louisville. *If you are riding, please contact RC: Steve Rice, 502-494-5288, [srice at insightbb.com](mailto:srice@insightbb.com)*
- 8:15 am 50 mi. #3. **LBC Picnic Ride.** Farnsley-Moremén Landing. RC: *Steve Montgomery, 367-7103*
- 9:30 am 31 mi. #2. **LBC Picnic Ride.** Farnsley-Moremén Landing. RC: *John Cummings, 239-0114.*
- 10:30 am 17 mi. #1. **LBC Picnic Ride.** Farnsley-Moremén Landing. This is a family friendly route on the Ohio River Levee Trail. RC: *Andy Murphy, 502-526-1040.*
- 12:00 pm **LBC PICNIC** at Farnsley-Moonman Pavilion, off 10900 Lower River Rd near the Greenbelt Hwy on the Ohio River. Contact *Joe Thomas 447-2318*

#### CPSC- or Snell-approved Helmets Are Required

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# LOUISVILLE BICYCLE CLUB

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## Monday, August 16<sup>th</sup>

- 9:30 am 40 mi. #3. **Fat Forty Ride.** Douglas Loop (Dundee and Bardstown Rds) in front of Heine Bros and Breadworks Coffee Shops. RC: *Tommy Sutton (777-3458) and Dave Combs (724-9405).*
- 3:30 pm 12/25 mi. #2. - Dog Hill Recovery Ride 12 miles (RIF RAF) and Grinstead Ride 13 miles -. St. Matthews Baptist Church. RC: *Cathy Hamilton, 502-523-3367*
- 6:15 pm **New Rider Clinic.** Yellow Parking Lot, Waterfront Park (River Road across from Stoplite Liquors). Traffic Rules, Lane Positioning RC: *Tom Armstrong, 523-9581 or education@louisvillebicycleclub.org*
- 6:30 pm 12mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Ron & Vicky Dobbs 500-4671.*
- 7:30 pm 15 mi. #2. **BEAT THE HEAT!** St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Dianna Decker (850) 415-0755*

## Tuesday, August 17<sup>th</sup>

- 8:30 am 56 mi. #3. Floyd Fork Park, modified if above 90 degrees. RC: *Jim Tretter 491-7120.*
- 5:30 pm 20/25 mi. #2. **"Planes, Trains, Boats, and Bicycles"** Childplace Campus, 2420 E. 10th St., Jeffersonville, IN. Flat to rolling route along scenic Ohio River, thru the Clark Co. Airport, and across every RR track in Southern IN! RC: *Bill Fible 718-8003*
- 6:30 pm 15/25 mi. #3. **St. Matthews Tuesday Night Ride.** Burdorf Galleries parking lot (former Bacon's parking lot) RC: *Matt Fegenbush 645-1256*

## Wednesday, August 18<sup>th</sup>

- 9:00 am 25/53mi. #3. E.P. Tom Sawyer State Park. RC: *Vicky Dobbs 500-4671*
- 6:00 pm 26 mi. #2. **Wheeling in the summertime.** Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RC: *John Cummings 502-239-0114, 502-553-6870, johncummings@bellsouth.net*
- 6:00 pm 15/20 mi. #1/2. **Midweek Slow and Easy.** Waterfront Park, Yellow Lot. (Park loop option for those wishing to do a slightly harder ride). RC: *Laura Trachtenberg, 905-1365*
- 6:15 pm 30 mi. #3. Scheller's Fitness & Cycling, 1000 Veterans Parkway, Clarksville, IN, RC: *Mark Newbold 812-288-6100*
- 6:15 pm 19/25 mi. #3. Mike Linnig's. 9308 Cane Run Road. RC: *David King 500-7351*

## Thursday, August 19<sup>th</sup>

- 10:00 am 50 mi. #2. **Louisville Loop 50.** Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*
- 3:30 pm 12/25 mi. #2. - Dog Hill Recovery Ride 12 miles (RIF RAF) and Grinstead Ride 13 miles -. St. Matthews Baptist Church. RC: *Cathy Hamilton, 502-523-3367*
- 6:30 pm 17/30 mi. #3. **FRUIT RIDE.** Tom Sawyer Park. RC: *Mark/Lynn Luking 423-7072*
- GREAT WAY TO GET IN SHAPE FOR OKHT** - We are collecting items to make gorp for the OKHT.
- 6:30 pm 29mi. #3. **Road Kill and One Big (Optional) Hill.** Iroquois Park, Amphitheater Parking Lot. RC: *Steve Montgomery, 1-502-482-0003.*

## Friday, August 20<sup>th</sup>

- 10:00 am 30 mi. #3. Goose Creek Cycle, 202 East Main, LaGrange, KY. RC: *Jon Kindig 502-265-1808*
- 10:15 am 10-18 mi. #2. **Your Option Ride (YOR).** Tom Sawyer Park. Meet at the NEW Sawyer-Hays Comm. Center off LAKELAND Rd. Ride at work out speed or leisure pace (e.g. your own speed). A lunch stop will be considered for post ride. Bring cash and bike lock if you choose to eat. RC: *Lynn Luking 423-7072*
- 3:30 pm 12/25 mi. #2. - Dog Hill Recovery Ride 12 miles (RIF RAF) and Grinstead Ride 13 miles -. St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Cathy Hamilton, 502-523-3367*
- 6:15 pm 15 mi #2. **Weekend Tune-Up and Fun Ride.** St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Scott Howes, 445-8201*

## Saturday, August 21<sup>st</sup>

- 8:00 am 100 mi #5. **Willisburg the hard way.** Starts in Shelbyville, KY at the McDonald's at the intersection of Hwy 53 and US 60. RC: *Steve Rice srice at insightbb.com 494-5288*
- 9:00 am 17/35 mi. #1/#2. **SLOW & EASY.** Waterfront Park, Yellow Parking Lot. RC: *Steve Highbaugh, 966-2115.*
- 3:30 pm 24 mi. #3. Bluegrass Bicycle. Crestwood Station shopping center. 6015 Crestwood Station, Crestwood, KY. RC: *Bob Clifford. 241-2440.*
- 5:00 pm 15/30 mi. #3. Meijer's Parking Lot, 4500 S Hurstbourne Pkwy & Watterson Trail. RC: I

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# LOUISVILLE BICYCLE CLUB

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## Sunday, August 22nd

- 7:00 am 100 mi. #3. **Hot Century Sink or Swim--an LBC favorite Mad Dog Century [TDM Stage #15]**. Westport Park, Westport, Ky. Scenic, often shady, moderate ride to points east. Lunch in Carrollton with optional dip in Ohio River to cool off for ride home. Ride #3021 at [www.kybikerides.org](http://www.kybikerides.org). RC: *Dr. Larry Preble, 509-2362*
- 8:30 am 55/119 mi. #3. **Salt & Sulphur**. Paroquet Springs Conference Center, Shepherdsville, KY. To right behind steakhouse. RC: *Joe Kinsinger (502)889-7145*
- 9:00 am 25 mi. #2+. **Indian Hills Ride**. Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201*.
- 10:00 am 17/32 mi. #1. **Family-Friendly Ride -Ohio River Levee Trail**. Great ride for the whole family. This ride is go at your own pace. The 17 mile will be swept. Start at Farnsley-Morman parking lot. RC: *Tim Wright 716-2048*
- 2:00 pm 15/25 #3. Heine Bros. Coffe, Chenoweth Ln. RC: *A. B. Sandefur 425-9463*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

## Monday, August 23rd

- 9:30 am 40 mi. #3. **Fat Forty Ride**. Douglas Loop (Dundee and Bardstown Rds)in front of Heine Bros and Breadworks Coffee Shops. RC: *Tommy Sutton (777-3458) and Dave Combs (724-9405)*.
- 6:15 pm **New Rider Clinic**. Yellow Parking Lot, Waterfront Park (River Road across from Stoplite Liquors). Written and Road Tests and Course Evaluation. RC: *Tom Armstrong, 523-9581 or [education@louisvillebicycleclub.org](mailto:education@louisvillebicycleclub.org)*
- 6:30 pm 12 mi. #2. **Recovery Ride (RIF RAF)**. St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Jeffrey Johnson 468-6463*
- 7:30 pm 15 mi. #2. **BEAT THE HEAT!** St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Dianna Decker (850) 415-0755*

## Tuesday, August 24th

- 8:30 am 60 mi. #3. Vettner Park, modified if above 90 degrees. RC: *Jim Tretter 491-7120*.
- 5:30 pm 20/25 mi. #2 **"Planes, Trains, Boats, and Bicycles"** Childplace Campus, 2420 E. 10th St., Jeffersonville, IN. Flat to rolling route along scenic Ohio River, thru the Clark Co. Airport, and across every RR track in Southern IN! RC: *Bill Fible 718-8003*
- 6:30 pm 15/25 mi. #3. **St. Matthews Tuesday Night Ride**. Burdorf Galleries parking lot (former Bacon's parking lot) RC: *Andy Murphy 502-526-1040*

## Wednesday, August 25th

- 8:00 am 100mi. #3. **Honest Abe Century**. K-Mart on New Cut/ Outer Loop. RC: *John Larson [jl Larson119@insightbb.com](mailto:jl Larson119@insightbb.com) 553-8107*
- 8:00 am 20/30/50mi. #3. Love's Travel Plaza, 13615 Blue Lick Road, Memphis, IN. RC: *Dick Williams 425-4844*
- 6:00 pm 26 mi. #2. **Wheeling in the summertime**. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RC: **John Cummings 502-239-0114, 502-553-6870, [johncummings@bellsouth.net](mailto:johncummings@bellsouth.net)**
- 6:00 pm 15 mi. #1. **MAD Pup Waterfront Weds**. Start parking lot at Seneca Park walking track. Slow and Easy Ride to Waterfront Park for WFPK Concert. Stay as long as you like and then ride back. Front Headlight and Rear Red (blinky) taillight required. You will need a means to lock your bike at the Waterfront. RC: *Charlie Drexler 499-9854*
- 6:00 pm 15/20 mi. #1/2. **Midweek Slow and Easy**. Waterfront Park, Yellow Lot. (Park loop option for those wishing to do a slightly harder ride). RC: *Laura Trachtenberg, 905-1365*
- 6:15 pm 30 mi. #3. Scheller's Fitness & Cycling, 1000 Veterans Parkway, Clarksville, IN, RC: *Mark Newbold 812-288-6100*

## Thursday, August 26th

- 8:00 am 30 mi. #3. **Wake-up ride from Tom Sawyer**. Will be a quick pace, with the goal of leaving at 8:15 sharp and returning by 10 am. RC: *Mark Rougeux. 494-9056*
- 10:00 am 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremeyn Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*
- 3:30 pm 12/25 mi. #2. - Dog Hill Recovery Ride 12 miles (RIF RAF) and Grinstead Ride 13 miles -. St. Matthews Baptist Church. 3515 Grandview Avenue. RC *Cathy Hamilton, 502-523-3367*
- 6:30 pm 17/30 mi. #3. **FRUIT RIDE**. Tom Sawyer Park. RC: *Mark/Lynn Luking 423-7072*
- GREAT WAY TO GET IN SHAPE FOR OKHT** - We are collecting peanut butter and jelly for the OKHT.

### CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted. Start time is for eastern time zone unless otherwise noted. All rides begin 15 minutes after the scheduled ride start time (unless noted otherwise) □ Route Difficulty Ratings are approximate □ #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills □ #3: Rolling, up to ½ hills □ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.



# LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN



## Friday, August 27th

- 8:00 am 43 mi. **South Louisville 42/43.** (Weaver Run). Iroquois Park thru Jefferson Memorial Forest and return. RC: *Dave Combs 724-9405*
- 10:00 am 30 mi. #3. **Goose Creek Cycle**, 202 East Main, LaGrange, KY RC: *Jon Kindig 502-265-1808*
- 10:15 am 10-18 mi. #2. **Your Option Ride (YOR)**. Tom Sawyer Park. Meet at the NEW Sawyer-Hays Comm. Center off LAKELAND Rd. Ride at work out speed or leisure pace (e.g. your own speed). A lunch stop will be considered for post ride. Bring cash and bike lock if you choose to eat. RC: *Lynn Luking 423-7072*
- 3:30 pm 12/25 mi. #2. - Dog Hill Recovery Ride 12 miles (RIF RAF) and Grinstead Ride 13 miles -. St. Matthews Baptist Church. 3515 Grandview Avenue. RC *Cathy Hamilton, 502-523-3367*
- 6:15 pm 15 mi #2. **Weekend Tune-Up and Fun Ride.** St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Scott Howes, 445-8201*

## Saturday, August 28th

- 8:00 am 55 mi. #4+. **South Louisville Hill Jam.** Iroquois Park, Amphitheater Parking Lot. This ride includes four steep hills in the Jefferson Memorial Forest. Not fixie friendly. RC: *Steve Montgomery 1-502-482-0003 & Rick Croslin 222-9477.*
- 9:00 am 17/35 mi #1/#2. **SLOW & EASY.** Waterfront Park, Yellow Parking Lot. RC: *George Cooper, 499-1652.*
- 3:30 pm 24 mi. #3. **Bluegrass Bicycle.** Crestwood Station shopping center. 6015 Crestwood Station, Crestwood, KY. RC: *Bob Clifford. 241-2440.*
- 5:00 pm 15/30 mi. #3. **Meijer's Parking Lot**, 4500 S Hurstbourne Pkwy & Watterson Trail. RC: *Glenn & Lisa Todd. (502) 491-5727.*

## Sunday, August 29th

- 8:00 am 65 miles. #4. **Salem 65 ride.** Ride start at Clark Forestry, Henryville, IN. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.*
- 8:30 am 55/119 mi. #3. **Salt & Sulphur.** Paroquet Springs Conference Center, Shepherdsville, KY. To right behind steakhouse. RC: *Joe Kinsinger (502)889-7145*
- 9:00 am 25 mi. #2+. **Indian Hills Ride.** Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201.*
- 9:00 am 40 mi. #2 **ART IN SPEED PARK MAD Pup Ride.** Meet at the Falls of the Ohio Interpretive Center to Speed, Indiana. We will ride to the Annual Art Festival in Speed Indiana. RC: *Charlie Drexler 499-9854*
- 10:00 am 17/32 mi. #1. **Family-Friendly Ride -Ohio River Levee Trail.** Great ride for the whole family. This ride is go at your own pace. The 17 mile will be swept. Start at Farnsley-Morman parking lot. RC: *Tim Wright 716-2048*
- 2:00 pm 15/25 mi. #3. **Heine Bros. Coffee**, Chenoweth Ln. RC: *Stewart Prather 895-9094*
- 3:00 pm 30 mi. #3. **E.P. "Tom" Sawyer State Park.** RC: *Dick Williams 426-4844*

## Monday, August 30th

- 9:30 am 40 mi. #3. **Fat Forty Ride. Douglas Loop** (Dundee and Bardstown Rds) in front of Heine Bros and Breadworks Coffee Shops. RC: *Tommy Sutton (777-3458) and Dave Combs (724-9405).*
- 3:30 pm 12/25 mi. #2. **Dog Hill Recovery Ride** 12 miles (RIF RAF) and Grinstead Ride 13 miles -. St. Matthews Baptist Church. 3515 Grandview Avenue. RC *Cathy Hamilton, 502-523-3367*
- 6:15 pm **New Rider Clinic "make-up day."** Any topics rained out will be reviewed this evening. Yellow Lot, Waterfront Park, River Road across from Stoplite Liquors. RC: *Tom Armstrong, 523-9581 or [education@Louisvillebicycleclub.org](mailto:education@Louisvillebicycleclub.org)*
- 6:30 pm 12 mi. #2. **Recovery Ride** (RIF RAF). St. Matthews Baptist Church. 3515 Grandview Avenue RC: *Jeffrey Johnson 468-6463*
- 7:30 pm 15 mi. #2. **BEAT THE HEAT!** St. Matthews Baptist Church. 3515 Grandview Avenue RC: *Dianna Decker (850) 415-0755*

## Tuesday, August 31st

- 8:00 am 30 mi. #3. **Wake-up ride from Tom Sawyer.** Will be a quick pace, with the goal of leaving at 8:15 sharp and returning by 10 am. RC: *Mark Rougeux. 494-9056*
- 8:30 am 59 mi. #3. **Long Run Park**, modified if above 90 degrees. RC: *Jim Tretter 491-7120.*
- 5:30 pm 20/25 mi. #2. **"Planes, Trains, Boats, and Bicycles"** Childplace Campus, 2420 E. 10th St., Jeffersonville, IN. Flat to rolling route along scenic Ohio River, thru the Clark Co. Airport, and across every RR track in Southern IN! RC: *Kirk Roggenkamp and Cathy Hill 718-1911*
- 6:30 pm 15/25 mi. #3. **St. Matthews Tuesday Night Ride.** Burdorf Galleries parking lot (former Bacon's parking lot) RC: *Dick Rauh 718-9639*

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