



LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN



Monday, November 1st

9:30 am 40 mi. #3. **Fat Forty Ride**. Douglas Loop (Dundee and Bardstown Rds) in front of Heine Bros and Breadworks Coffee Shops. RC: *Tommy Sutton (777-3458) and Dave Combs (724-9405)*.

Tuesday, November 2nd

11:00 am 52 mi. #3. Long Run Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120*.

Wednesday, November 3rd

10:00 am 40mi. #3. Graceland Baptist Church, New Albany, IN. RC: *Alison Ewart 584-4222*

6:30 pm 26 Miles. #2. **Wheeling into the night**. Front headlight and rear red (blinkly) taillight required. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RC: *John Cummings, 502-239-0114, 502-553-6870, johncummings@bellsouth.net*

Thursday, November 4th

10:00 am 50 mi. #2. **Louisville Loop 50**. (Forest) Waterfront Park, Yellow Lot to Farnsley-Moremen Landing via The Loop. Leave the Levee Trail and travel the lower roads of The Jefferson Memorial Forest, through Iroquois Park and back downtown via Southern Parkway/3rd Street/2nd Street. RC: *Andy Murphy 502-526-1040*

3:15 pm 12 /25/38 mi. #2. **Grinstead Ride** 13 miles &/or **Dog Hill Recovery Ride** 12 miles (RIF RAF) and/or **Grinstead** -. St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Cathy Hamilton, 502-523-3367*

Friday, November 5th

10:15 am 27 mi. #3+. Prospect Point. RC: *Timothy Stephen 608-6174*

Saturday, November 6th

8:00 am 100 mi. #4. Ride start at Finley Firehouse, Scottsburg, IN. Please be able to maintain a 14 mph moving average due to daylight concerns. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973*.

10:00 am 17 mi. #1. **Slow & Easy**/ 35 mi. #2. **Iroquois Special**. Waterfront Park Yellow Lot. RC: *Laura Trachtenberg 905-1365*.

Sunday, November 7th – Daylight Savings Time Ends

9:00am 25 mi. #2+. **Indian Hills Ride**. Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *RC: Jeff Johnson jeffjohnson9@gmail.com 468-6463*.

10:00 am 55 m. #3. **Joe's Double Nickel Ride**. Parquet Springs Conference center in Shepherdsville. Exit #117 off I-65. Turn right and then quick left at light. Left at steakhouse. RC: *Joe Kinsinger (502)889-7145*

2:00 pm 15/25 mi. # 3. Heine Brothers Coffee. Chenoweth Ln. RC: *Connie Guild 608-7758*

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, November 8th

9:30 am 40 mi. #3. **Fat Forty Ride**. Douglas Loop (Dundee and Bardstown Rds) in front of Heine Bros and Breadworks Coffee Shops. RC: *Tommy Sutton (777-3458) and Dave Combs (724-9405)*.

Tuesday, November 9th

11:00 am 47 mi. #3. Floyd Fork Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120*.

Wednesday, November 10th

9:00 am 57 mi. #4. **Tire Breaker 60**, Floyd's Fork Park. RC: *Bill Pustow, 777-2847*

10:00 am 32mi. #3. Speed, IN. lot opposite cement plant. RC: *Carole Sutton 893-9216*

6:30 pm 26 Miles. #2. **Wheeling into the night**. Front headlight and rear red (blinkly) taillight required. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RC: *John Cummings, 502-239-0114, 502-553-6870, johncummings@bellsouth.net*

Thursday, November 11th

10:00 am 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*

3:00 pm 12 /25 mi. #3. **Dog Hill Recovery Ride** 12 miles (RIF RAF) and **Grinstead Ride** 13 miles -. St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Jeff Johnson jeffjohnson9@gmail.com 468-6463*

CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted. Start time is for eastern time zone unless otherwise noted. All rides begin 15 minutes after the scheduled ride start time (unless noted otherwise) □ Route Difficulty Ratings are approximate □ #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills □ #3: Rolling, up to 1/2 hills □ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.



LOUISVILLE BICYCLE CLUB

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Friday, November 12th

10:15 am 27 mi. #3+. Prospect Point. RC: *Timothy Stephen 608-6174*

Saturday, November 13th

8:00 a.m. 100 mi. #4. **A ride of exploration.** New route. Possible gravel and possible road changes. Be prepared to possibly get lost. Clip on light and tail light recommended as well as a small snack. Please be able to maintain a 14 MPH moving average due to darkness concerns. Ride start at Finley Firehouse, Scottsburg, IN. RC: *Melissa "Puddle" Hall, (812) 752-3973. lissah45@yahoo.com.*

10:00 am 17 mi. #1. **Slow & Easy/35 mi. #2. Iroquois Special.** Waterfront Park Yellow Lot. RC: *Steve Highbaugh 445-1290.*

10:00 am 25 mi. #3. **Wayside Park Clean-up and bike ride.** Southern Parkway and Oakdale Avenue. The plan is to do some pruning, planting and to continue our clean-up efforts at Wayside Park, the location of "Ruff's Memorial Wheelmen's Bench". The bike ride will follow the clean-up (approx 12 noon). RC: *John Cummings 502-239-0114, 502-553-6870, johncummings@bellsouth.net*

Sunday, November 14th

9:00 am 25 mi. #2+. **Indian Hills Ride.** Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Scott Howes, 445-8201.*

10:00 am 55 mi. #3. **Joe's Double Nickel Ride.** Paraquet Springs Conference Center. Exit #117 off I-65. Turn right and then quick left at light. Left at steakhouse. RC: *Joe Kinsinger (502)889-7145*

2:00 pm 15/25 mi. #3. Heine Brothers. Coffee, Chenoweth Ln. RC: *Eric Sellers 216-8248*

3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, November 15th

9:30 am 40 mi. #3. **Fat Forty Ride.** Douglas Loop (Dundee and Bardstown Rds) in front of Heine Bros and Breadworks Coffee Shops. RC: *Tommy Sutton (777-3458) and Dave Combs (724-9405).*

3:15 pm 12 /25/38. #2. **Grinstead Ride** 13 miles &/or **Dog Hill Recovery Ride** 12 miles (RIF RAF) and/or Grinstead -. St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Cathy Hamilton, 502-523-3367*

Tuesday, November 16th

9:00am 59 mi. #4. **Mini Raid on Bagdad,** Long Run Park., RC: *Bill Pustow, 777-2847*

11:00 am 40 mi. #3. Vettiner Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120.*

Wednesday, November 17th

10:00 am 40 mi.#3. Long Run Park. RC: *AB Sandefur 425-9463*

6:30 pm 26 mi. #2. **Wheeling into the night.** Front headlight and rear red (blinky) taillight required. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RC: *John Cummings, 502-239-0114, 502-553-6870, johncummings@bellsouth.net*

Thursday, November 18th

10:00 am 50 mi. #2. **Louisville Loop 50** (Forest) Waterfront Park, Yellow Lot to Farnsley-Moremey Landing via The Loop. Leave the Levee Trail and travel the lower roads of The Jefferson Memorial Forest, through Iroquois Park and back downtown via Southern Parkway/3rd Street/2nd Street. RC: *Andy Murphy 502-526-1040*

3:00 pm 12 /25 mi. #3. **Dog Hill Recovery Ride** 12 miles (RIF RAF) and **Grinstead Ride** 13 miles -. St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Jeff Johnson jeffjohnson9@gmail.com 468-6463*

Friday, November 19th

10:15 am 27 mi. #3+. Prospect Point RC: *Timothy Stephen 608-6174*

4:00 pm 12 mi. #2. **Weekend Tune Up and Fun Ride.** St. Matthews Baptist Church. 3515 Grandview Avenue. RC: *Jeff Johnson jeffjohnson9@gmail.com 468-6463*

Saturday, November 20th

8:30 am 60/25 mi. #3. **Fairly Flat Fixie Friendly 60,** Hogans Fountain, Cherokee Park. RC: *David King 500-7351*

10:00 am 17 mi. #1. **Slow & Easy/35 mi. #2. Iroquois Special.** Waterfront Park Yellow Lot. RC: *George Cooper 499-1652.*

CPSC- or Snell-approved Helmets Are Required

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LOUISVILLE BICYCLE CLUB

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Sunday November 21st

- 9:00am 25 mi. #2+. **Indian Hills Ride.** Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Jeff Johnson jeffjohnson9@gmail.com 468-6463.*
- 10:00 am 55 mi. #3. **Joe's Double Nickel Ride.** Paraquet Springs Conference Center in Shepherdsville. Exit #117 off I-65. Turn right and then quick left at light. left at steakhouse. RC: *Joe Kinsinger (502)889-7145*
- 2:00 pm 15/25 mi. #3. Baptist East/Milestone Wellness Center, 750 Cypress Ststion Dr. RC: *Steve Sarson 499-7089*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, November 22nd

- 9:30 am 40 mi. #3. **Fat Forty Ride.** Douglas Loop (Dundee and Bardstown Rds)in front of Heine Bros and Breadworks Coffee Shops. RC: *Tommy Sutton (777-3458) and Dave Combs (724-9405).*

Tuesday, November 23rd

- 9:00 am 60 mi. #3. **Scenic Sixty.** Ride start at Love's Truck Stop, Memphis, Indiana. Route profile available on www.kybikerides.org. RC: *Melissa "Puddle" Hall, (812) 752-3973. lissah45@yahoo.com*
- 11:00 am 50 mi. #3. Long Run Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120.*

Wednesday, November 24th

- 10:00 am 40mi. #3. Iroquois Park. RC: *John Larson 245-2374*
- 6:30 pm 26 mi. #2. **Wheeling into the night.** Front headlight and rear red (blinky) taillight required. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. RC: *John Cummings, 502-239-0114, 502-553-6870, johncummings@bellsouth.net*

Thursday, November 25th – Thanksgiving Day

Friday, November 26th

- 10:00 am 50 mi. #2. **Louisville Loop 50.** Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*

Saturday, November 27th

- 8:00 am 100/60 mi. #4. Vettiner Park. RC: *David King 500-7351*
- 10:00 am 17 mi. #1. **Slow & Easy/35 mi. #2. Iroquois Special.** Waterfront Park Yellow Lot. RC: *Gil Crenshaw 418-1507.*

Sunday, November 28th

- 9:00am 25 mi. #2+. **Indian Hills Ride.** Highlands at Dundee and Bardstown Road around Heine Brothers', Breadworks, Twig and Leaf. Limited Parking. RC: *Jeff Johnson jeffjohnson9@gmail.com 468-6463.*
- 10:00 am 55 mi. #3. **Joe's Double Nickel Ride.** Paraquet Springs Conference Center in Shepherdsville. Exit #117 off I-65. Turn right and then quick left at light. Left at steakhouse. RC: *Joe Kinsinger (502) 889-7145*
- 2:00 pm 15/25 mi. #3. Heine Brothers. Coffee, Chenoweth Ln. RC: *Stewart Prather 895-9094*
- 3:00 pm 30 mi. #3. E.P. "Tom" Sawyer State Park. RC: *Dick Williams 426-4844*

Monday, November 29th

- 9:30 am 40 mi. #3. **Fat Forty Ride.** Douglas Loop (Dundee and Bardstown Rds)in front of Heine Bros and Breadworks Coffee Shops. RC: *Tommy Sutton (777-3458) and Dave Combs (724-9405).*

Tuesday, November 30th

- 11:00 am 47 mi. #3. Floyd Fork Park. (cancelled if under 40 degrees) RC: *Jim Tretter 491-7120.*
- 7:00 pm **TRAINER TOURS** (20 miles credit). Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels will can benefit. Broadway Baptist Church, 4000 Brownsboro Road. \$ 1.00/night or \$ 10.00 year fee required. RC: *A. B. Sandefur 425-9463*

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