



# LOUISVILLE BICYCLE CLUB

FOUNDED IN 1897 AS THE LOUISVILLE WHEELMEN



## Saturday, January 1st

- 11:00 am **POLAR BEAR RIDE and POTLUCK.** Help us ring in the New Year! Mileage will depend on the weather, potluck lunch will not! After the ride, chili and drinks will be provided. Bring a side dish or desert. Broadway Baptist Church, 4000 Brownsboro Rd. RC A. B. Sandefur 425-9463.
- 12:00 pm **Sixth Annual New Year's Day Swap Meet.** Go down into the cellar and dig out some of those old bike components that you don't need and trade them in for something you can use. Broadway Baptist Church, 4000 Brownsboro Rd.
- 1:00 pm **General Membership Meeting** following lunch. Broadway Baptist Church, 4000 Brownsboro Rd.

## Sunday, January 2nd

- 8:00 am 100 miles #3. **10th Anniversary Mad Dog Celebration!** Come out and recreate the original ride that touched off a decade of century decadence. Boston Elementary School in Boston, KY. Take I-65 South to the Lebanon Jct exit. Turn left on KY 61. Left in Boston at KY 62/61. Left onto KY 733. School is on the right. RC: *Tim Chilton, 457-8337.*
- 10:00 am 55 mi. #3. **Joe's Double Nickel Ride.** Parquet Springs Conference Center in Shepherdsville. Exit #117 off I-65. Turn right, then quick left at light. Left at Steakhouse. RC: *Joe Kinsinger (502)889-7145*
- 2:00 pm 15/25 #3. Heine Brothers Coffee, Chenoweth Ln. RC: *Connie Guild 608-7758*

## Monday, January 3rd

## Tuesday, January 4th

- 7:00 pm **TRAINER TOURS** ( 20 mile credit ) Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Road. \$1.00/night or \$10.00 year fee required. RC: *A.B.Sandefur 425-9463.*

## Wednesday, January 5th

- 10:00 am 40 mi. #3. Iroquois Park. RC: *John Larson 245-2374*

## Thursday, January 6th

- 10:00 am 50 mi. #2. **Louisville Loop 50.** Waterfront Park, Yellow Lot to Farnsley-Moremey Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*
- 7:00 pm **TRAINER TOURS** (20 mile credit) Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Road. \$1.00/night or \$10.00 year fee required. RC: *A.B.Sandefur 425-9463*

## Friday, January 7th

- 10:15 am 28 mi. #3+. Prospect Point RC: *Timothy Stephen 608-6174*

## Saturday, January 8th

- 7:45 am 10 mi. #4. **Mountain Bike Trail Ride.** Cherokee Park @ Big Rock Parking Area. RC: *Jeff White 502-608-1030*
- 8:00 am 100 miles. #4. **Puddle's New Year Breakfast** (to take the place of the canceled Xmas breakfast). Ride start at Finley Fire House, Scottsburg, IN. Reservations taken immediately via e-mail. Breakfast is limited to the first 14, though any number may ride. Feel free to come in and warm up even if you don't come for breakfast. ATTENTION: this ride is also scheduled for Sunday, January 9th. I will pick whichever date has the best weather and CANCEL the other date. I will post the "go" date on the kycyclist listserv and on FaceBook no later than 8:00 p.m. on Thursday evening prior to the ride. I will only do this during the months of January and February and I will cede one day if someone contacts me and wants to schedule a century prior to the closing of the scheduler. Due to darkness and safety concerns, please be capable of maintaining a 14 mph. moving average. If you do not have internet service, please call. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.*
- 10:00 am 17/35mi. #1/2. **SLOW & EASY, Iroquois Special,** Waterfront Park, Yellow Lot. RC: *Laura Trachtenberg 905-1365*

### CPSC- or Snell-approved Helmets Are Required

See our web site at <http://www.louisvillebicycleclub.org/> for more information. Area code is 502 unless otherwise noted. Start time is for eastern time zone unless otherwise noted. All rides begin 15 minutes after the scheduled ride start time (unless noted otherwise) □ Route Difficulty Ratings are approximate □ #1: Family/Beginner ride #2: Mostly flat to rolling, up to 1/3 hills □ #3: Rolling, up to ½ hills □ #4: Rolling, mostly hills, some long, steep grades and/or long mileage.



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## Sunday, January 9th

- 8:00 a.m. 100 miles. #4. **Puddle's New Year Breakfast** (to take the place of the canceled Xmas breakfast). Ride start at Finley Fire House, Scottsburg, IN. Reservations taken immediately via e-mail. Breakfast is limited to the first 14, though any number may ride. Feel free to come in and warm up even if you don't come for breakfast. ATTENTION: this ride is also scheduled for Saturday, January 8th. I will pick whichever date has the best weather and CANCEL the other date. I will post the "go" date on the kycyclist listserve and on FaceBook no later than 8:00 p.m. on Thursday evening prior to the ride. I will only do this during the months of January and February and I will cede one day if someone contacts me and wants to schedule a century prior to the closing of the scheduler. Due to darkness and safety concerns, please be capable of maintaining a 14 mph. moving average. If you do not have internet service, please call. RC: *Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.*
- 10:00 am 55mi. #3. **Joe's Double Nickel Ride.** Paraquet Springs Conference Center in Shelherdsville. Exit #117 off I-65. Turn right, then quick left at light. Left at Steakhouse. RC: *Joe Kinsinger (502) 889-7145*
- 2:00 pm 15/25mi. #3. Heine Brothers Coffee, Chenoweth Ln. RC: *Eric Sellers 216-8248*

## Monday, January 10th

- 9:30 am 40 mi. #3. **Fat Forty Ride.** Douglas Loop (Dundee and Bardstown Rds) in front of Heine Bros and Breadworks Coffee Shops. RC: *Dave Combs (724-9405).*

## Tuesday, January 11th

- 7:00 pm **TRAINER TOURS** ( 20 mile credit ) Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Road. \$1.00/night or \$10.00 year fee required. RC: *A.B.Sandefur 425-9463*

## Wednesday, January 12th

- 10:00 am 40mi. #3. Edwardsville Park, Edwardsville In. RC: *Carole Sutton 893-9216*

## Thursday, January 13th

- 10:00 am 50 mi. #2. **Louisville Loop 50.** Waterfront Park, Yellow Lot to Farnsley-Moremens Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*
- 7:00 pm **TRAINER TOURS** (20 mile credit ) Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Road. \$1.00/night or \$10.00 year fee required. RC: *Donna Connell 541-4759*

## Friday, January 14th

- 10:00 am 43 mi. #3. **South Louisville 42/43.** From Iroquois Park Amphitheater thru Jefferson Memorial Forest and return. RC: *Dave Combs 724-9405*

## Saturday, January 15th

- 10:00 am 17/35 mi. #1/2. **SLOW & EASY, Iroquois Special.** Waterfront Park, Yellow Lot. RC: *Steve Highbaugh 445-1290*
- 6:00 pm **LBC Annual Awards Banquet.** Big Springs Country Club. Celebrate another great year of cycling and cheer on your friend (or yourself) as the Touring and Volunteer Awards are announced. This is also the Annual Meeting where the club officers for 2011 are elected.

## Sunday, January 16th

- 8:00 am 100 mi. #4+. **Mad Dog Century.** [Not a TMD Stage] Crestwood Station Shopping Center. Be prepared for unpaved roads and water crossing. limited store stops. RC: *Jeff White 502-608-1030*
- 10:00 am 55mi. #3. **Joe's Double Nickel Ride.** Paraquet Springs Conference Center in Shepherdsville. Exit #117 off I-65. Turn right, then quick left at light. Left at Steakhouse. RC: *Joe Kinsinger (502) 889-7145*
- 2:00 pm 15/25mi #3. Baptist East/ Milestone Wellness Center, 750 Cypress St. Dr. RC: *Steve Sarson 499-7089*

## Monday, January 17th

## Tuesday, January 18th

- 7:00 pm **TRAINER TOURS** ( 20 mile credit ) Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Road. \$1.00/night or \$10.00 year fee required. RC: *A.B.Sandefur 425-9463*

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## Wednesday, January 19th

10:00 am 40mi. #3. Love's Travel Plaza. Memphis, In. RC: *AB Sandefur 425 9463*

## Thursday, January 20th

10:00 am 50 mi. #2. **Louisville Loop 50.** Waterfront Park, Yellow Lot to Farnsley-Moremey Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*

7:00 pm **TRAINER TOURS** (20 mile credit ) Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Road. \$1.00/night or \$10.00 year fee required. RC: *Donna Connell 541-4759*

## Friday, January 21st

10:15 am 28 mi. #3+. Prospect Point RC: *Timothy Stephen 608-6174*

## Saturday, January 22nd

7:45 am 10 mi. #4. **Mountain Bike Trail Ride.** Cherokee Park @Big Rock Parking Area. RC: *Jeff White 502-608-1030*

10:00 am 17/35 mi. #1/2. **SLOW & EASY, Iroquois Special.** Waterfront Park, Yellow Lot. RC: *George Cooper 499-1652*

## Sunday, January 23rd

10:00 am 55mi. #3. **Joe's Double Nickel Ride.** Paraquet Springs Conference Center in Shepherdsville. Exit #117 off I-65. Turn right, then quick left at light. Left at Steakhouse. RC: *Joe Kinsinger (502)889-7145*

2:00 pm 15/25mi. #3. Heine Brothers Coffee, Chenoweth Ln. RC: *A.B. Sandefur 425-9463*

## Monday, January 24th

9:30 am 40 mi. #3. **Fat Forty Ride.** Douglas Loop (Dundee and Bardstown Rds)in front of Heine Bros and Breadworks Coffee Shops. RC: *Dave Combs (724-9405).*

## Tuesday, January 25th

7:00 pm **TRAINER TOURS** ( 20 mile credit ) Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Road. \$1.00/night or \$10.00 year fee required. RC: *A.B.Sandefur 425-9463*

## Wednesday, January 26th

10:00 am 30mi. #3. Sellersburg In McDonalds. RC: *Alison Ewart 584-4222*

## Thursday, January 27th

10:00 am 50 mi. #2. **Louisville Loop 50.** Waterfront Park, Yellow Lot to Farnsley-Moremey Landing and back via The Loop. RC: *Andy Murphy 502-526-1040*

7:00 pm **TRAINER TOURS** ( 20 mile credit ) Bring your own bike and trainer or rollers and enjoy some wintertime indoor training with fellow cyclist. Cyclist of all levels can benefit. Broadway Baptist Church, 4000 Brownsboro Road. \$1.00/night or \$10.00 year fee required. RC: *A.B.Sandefur 425-9463*

## Friday, January 28th

10:00 am 43 mi. #3. **South Louisville 42/43.** From Iroquois Park Amphitheater thru Jefferson Memorial Forest and return. RC: *Dave Combs 724-9405*

## Saturday, January 29th

7:45 am 10 mi #4. **Mountain Bike Trail Ride.** Cherokee Park @Big Rock Parking Area RC: *Jeff White 502-608-1030*

10:00 am 17/35mi. #1/2. **SLOW & EASY, Iroquois Special.** Waterfront Park, Yellow Lot. RC: *Gill Crenshaw 418-1507*

## Sunday, January 30th

10:00 am 55mi. #3. **Joe's Double Nickel Ride.** Paraquet Springs Conference Center. Exit #117 off I-65. Turn right, then quick left at light. Left at Steakhouse. RC: *Joe Kinsinger (502)889-7145*

2:00 pm 15/25mi. #3. Heine Brothers Coffee, Chenoweth Ln, RC: *Stewart Prather 895-9094*

## Monday, January 31st

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