

# Louisville Bicycle Club

## May 2011 Rides & Events

Ride difficulty ratings are approximate:

#1: Family/Beginner Ride

#2: Mostly flat to rolling, up to 1/3 hills

#3: Rolling, up to 1/2 hills

#4: Rolling, mostly hills, some long, steep grades and/or long mileage

#5: Mostly long, steep hills and/or extremely long mileage.

### **CPSC- or Snell-approved helmets are required**

All rides will begin 15 minutes after the scheduled ride time. All riders are welcome to join us!

All phone numbers are in 502 area code except where noted.

Sunday, May 1

- 8:00 am – 100 mi. #3+. **Wises Landing/Kentucky River Mad Dog Century**, [TMD Stage #3]. Ride start at YMCA in Buckner, Ky. I-71 north to Exit 17, turn left. Go two blocks and turn left again on Quality Place (before the RR tracks). Go down to the end of Quality Place, turn right; please park away from the main building. Map and Cue sheet on [www.kybikerides.org](http://www.kybikerides.org), Ride # 6050. RC: Dr. Larry Preble, 502-509-2362
- 10:00 am – 17/32 mi. #1. **Family-Friendly Ride** -Ohio River Levee Trail. 17 mile route will be swept. Farnsley Moremen Landing parking lot. RC: Doug Klein , 724-1819
- 2:00 pm – 15/25 mi. #3. Heine Brothers Coffee, Chenoweth Ln. RC: Connie Guild 608-7758

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Monday, May 2

- 9:30 am – 40 mi #3. Fat Forty. Douglas Loop (Dundee & Bardstown Rds.) In front of Heine Bros and Breadworks Coffee Shops. RCs Tommy Sutton (777-3458) and Dave Combs (724-9405).
- 6:15 pm – 12mi. #2. **Recovery Ride**. St. Matthews Baptist Church. RC: Dianna Decker, (850)415-0755.
- 6:15 pm – **New Rider Clinic**. Waterfront Park, Yellow Lot. Session 1-1. RC: Tom Armstrong, VP Education 502-523-9581 or [education@louisvillebicycleclub.org](mailto:education@louisvillebicycleclub.org)  
<http://www.louisvillebicycleclub.org/touring/newrider2011.htm>

## Tuesday, May 3

- 9:00 am – 40 mi. #3. Vettiner Park. RC: Jim Tretter, 491-7120.
- 9:45 am – 28 mi. #2. Bearno's By the Bridge Bust Your Gut ride. 131 W. Main St. Out & back to Utica. Start & End at Bearno's for pizza buffet, beer, fun times, etc. Street parking and Yum Center. RC Jordan Andrew (859) 835-3583
- 6:00 pm – 30 miles #4. Goose Creek Cycle in LaGrange, KY. Not for the faint of leg! RC: Jon Kindig, 502-265-1808.
- 6:30 pm – 15/25 mi. #3. **Burdorf's Tuesday Night Ride**. Burdorf Galleries parking lot (former Bacon's parking lot). RC: David King 500-7351.

## Wednesday, May 4

- 9:00 am – 40/30 mi. #3. Long Run Park. Lunch in Smithfield. RC: Vicky Dobbs 500-4671.
- 6:30 pm – 15/25 mi. #3. Mike Linnig's. Beer and Fish after! RC: Barry Luckett, 265-6355.

## Thursday, May 5

- 9:30 am – 67 mi. #3. W.I.N.G.S. (Westport Incremental New Goals Series). Progressive series of rides designed to bring back fitness for the spring season. Westport Park, Westport, Ky. Ride Map and Cue sheet on [www.kybikerides.org](http://www.kybikerides.org), Ride #3002. RC: Dr. Larry Preble, 502-509-2362
- 6:30 pm – 15/25 mi. #3. Evangel Conference Center. 6900 Billtown Road. (just outside the Gene Snyder) RC: Steve and Deb Sexton, 239-8521.
- 6:30 pm – 26 mi #2. **Wheeling in the Summertime**. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. Front headlight and rear red (blinky) taillight required. RCs: John Cummings 502-239-0114, 502-553-6870 & Eric Sellers 502-216-8248

## Friday, May 6

- 9:00 am – 43 mi. #3. Iroquois Park thru Jefferson Memorial Forest and return. Meet at Iroquois Park Amphitheater on Newcut Rd. RC: Dave Combs 724-9405.
- 5:45 pm – 5:45 pm 15 mi. #2. Weekend Tune Up & Fun Ride. St Matthews Baptist Church. RC: Perry Finley, 852-5874.

## Saturday, May 7

- 105 mi. #3. Tour of the Scioto River Valley – TOSRV – Day 1. The ride starts in Columbus, OH, follows the Scioto River Valley to Portsmouth, OH. Registration required. Ride information and registration: <http://www.tosrv.org/11/index.htm>.
- 8:00 am – 100 mi #4 The Pam Ride starts behind the McDonald's at US60 and Hwy 53 in Shelbyville. Take I-64 to exit 35 and head north a couple of miles. McDonald's will be on your left. RC Steve Rice sriceky at gmail.com 502-494-5288

- 8:00 am – 58/82/105 Paraquet Springs Conference Center in Shepherdsville. Exit #117 off I-65. Turn right, then quick left at light. Left at steakhouse. RC : Joe Kinsinger 502-889-7145
- 9:00 am – 17 mi. #1. Slow & Easy. Waterfront Park, Purple Parking Lot. RC: Joe Thomas, 447-2318.
- 9:00 am – 35 mi. #2. Iroquois Special. Waterfront Park, Yellow Parking Lot. RC: A. B. Sandefur, 425-9463.
- 8:30 am - 60/30 mi. #3. **Huge Freaking Derby Day Event!** Dancing girls, beets, bears, and Battlestar Galactica. Long Run Park. RC: Tim Chilton, 457-8337.
- 3:30 pm - 25 mi. #3. **Bluegrass Bicycle Ride**, Crestwood Station in Crestwood. RC: Bob Clifford, 502-241-2440.

#### Sunday, May 8

- 105 mi. #3. Tour of the Scioto River Valley – TOSRV – Day 2. Return to Columbus, OH. Ride captains: John Cummings @ 502-239-0114, 502-553-6879, johncummings@bellsouth.net and Barb East, 502-472-8716.
- 9:00 am – 25 mi. #3. Indian Hills Ride. Heine Brothers @ Douglass Loop. RC: Perry Finley, 852-5874.
- 9:00 am – 50 mi. #3. **Bike to Beat Cancer Training Ride**. Iroquois Park Amphitheater parking lot. RC: Steve Montgomery 1-502-482-0003.
- 2:00 pm – 15/25 #3. Heine Brothers Coffee, Chenoweth Ln. RC: Eric Sellers 216-8248

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#### Monday, May 9

- 9:30 am – 40 mile. #3. Fat Forty. Douglas Loop (Dundee & Bardstown Rds.) In front of Heine Bros and Breadworks Coffee Shops. RCs Tommy Sutton (777-3458) and Dave Combs (724-9405).
- 6:15 pm – 12mi. #2. **Recovery Ride**. St. Matthews Baptist Church. RC Dianna Decker (850) 415-0755
- 6:15 pm – **New Rider Clinic**. Waterfront Park, Yellow Lot. Session 1-2. RC: Tom Armstrong 523-9581 or education@louisvillebicycleclub.org <http://www.louisvillebicycleclub.org/touring/newrider2011.htm>

#### Tuesday, May 10

- 9:00 am – 47 mi. #3. Floyd Fork Park. RC: Jim Tretter, 491-7120.
- 9:45 am – 28 mi. #2. Bearno's By the Bridge Bust Your Gut Ride. 131 W. Main St. Out & back to Utica. Start/End at Bearno's for pizza, beer, fun times, etc. Street parking and Yum Center. RC Jordan Andrew (859) 835-3583.
- 6:30 pm – 25 mi., #2, **Burdorf's Tuesday Night Ride**., Burdorf's parking lot, 3939 Shelbville Rd., RC: Adam Livingston, (502)287-3837

Wednesday, May 11

- 8:00 am – 100 mi. #4. Long Run Park. RC: Mark Rougeux, 494-9056.
- 9:00 am – 60/40/32 mi. #3. Memphis Truck Stop Ride. RC: Captain Alison Ewart, 541-1026.
- 6:30 pm – 30/15 mi. #3. E.P. "Tom" Sawyer Park. RC: Marilyn Minnick, 412-4224.
- 6:30 pm – 35 mi #4. **Wednesday Night Hill Jam**. Nelson Hornbeck Park, 709 Fairdale Rd. RC: Jeff White, 608-1030.

Thursday, May 12

- 10:00 am – 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: Andy Murphy 502-526-1040
- 6:30 pm – 25/15 mi. #3. Evangel Conference Center. 6900 Billtown Road. (just outside the Gene Snyder) RC: Steve and Deb Sexton, 239-8521.
- 6:30 pm – 26 mi. #2. **Wheeling in the Summertime**. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. Front headlight and rear red (blinky) taillight required. RCs: John Cummings 502-239-0114, 502-553-6870 & Eric Sellers 502-216-8248.

Friday, May 13

- 10:00 am – 18/12 mi. #2. **Beginner Friendly Ride**. Meet at the NEW Sawyer-Hays Comm.Center off LAKELAND Rd. Ride at a leisure pace. Good for 1st time riders from the ED.Class. A lunch stop will be considered for post ride.RC: Lynn Luking 423-7072
- 5:45 pm – 15 mi. #2. Weekend Tune Up & Fun Ride. St Matthews Baptist Church. RC: Perry Finley, 852-5874.

Saturday, May 14

- 7:00 am – 100 mi. #4+. **Crestwood Killer Century [TMD Stage #4]**. Crestwood Station Shopping Center, Crestwood, KY. Ride #700 at [www.kybikerides.org](http://www.kybikerides.org). Seven major climbs with cumulative climb of more than 8,600 ft. with beautiful vistas. RC: Jody Patterson and Steve Maurer 802-3873
- 8:00 am – 50/100 mi. 3+ **To Bed and Back**. Palmyra Church of Christ in Palmyra, IN. beside Sav A Step. I 64W to Greenville Exit Hwy 150w this will take you to Palmyra. Take a left at 4way Church is on right beside Save A Step. RC Steve Meredith Phone 812-972-1320
- 8:00 am – 58/82/105 mi. Paraquet Springs Conference Center in Shepherdsville. Exit #117 off I-65. Turn right, then quick left at light. Left at steakhouse. RC: Joe Kinsinger 502-889-7145.
- 9:00 am – 17 mi. #1. Slow & Easy. Waterfront Park, Purple Parking Lot. RC: Laura Trachtenberg, 905-1365.
- 9:00 am – 35 mi. #2. Iroquois Special. Waterfront Park, Yellow Parking Lot. RC: Steve Highbaugh, 445-1290.

- *11:30 am* – 10/15 mi. #1 Discover the Loop-Lannan Park. In conjunction with Metro Parks "Discover the Loop" event, the short ride will cross the bridge to Shippingport Island in Portland and travel along the Waterfront. The longer ride will travel to Shawnee Park and back. RC: Andy Murphy 526-1040.
- *3:30 pm* - 25 mi #3. **Bluegrass Bicycle Ride**. Crestwood Station in Crestwood. RC: Bob Clifford, 502-241-2440.
- *5:00 pm* – 30/15 mi.#3. Meijers @Hurstbourne and Watterson Trail. RC: Lisa and Glenn Todd, 491-5727.

Sunday, May 15

- *8:00 am* – 60/30 mi. #3. Vettiner Park (M&M Ride). RC: David King, 500-7351.
- *8:30 am* – Metro Parks 50 and Over Games, 5K & 10K time trials, Shawnee Park, fee \$20 - registration required, contact Metro Parks, 574-2831, [www.louisvilleky.gov](http://www.louisvilleky.gov) or Marilyn Minnick, 412-4224.
- *9:00 am* – 25 mi. #3. Indian Hills Ride Heine Brothers @ Douglass Loop RC: Perry Finley 852-5874.
- *10:00 am* – 17/32 mi. #1. **Family-Friendly Ride** -Ohio River Levee Trail. 17 mile route will be swept. Farnsley Moremen Landing parking lot. RC: Doug Klein,724-1819.
- *2:00 pm* – 25/15 mi. #3. Broadway Baptist Church, 4000 Brownsboro Road. RC: Steve Sarson, 499-7089.
- *4:00 pm* – **General Membership Meeting**, Broadway Baptist Church, 4000 Brownsboro Road, Lou. KY, after the 2 PM ride.

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Monday, May 16

- *9:30 am* – 40 mi. #3. Fat Forty. Douglas Loop (Dundee & Bardstown Rds.) In front of Heine Bros and Breadworks Coffee Shops. RCs Tommy Sutton (777-3458) and Dave Combs (724-9405).
- *6:15 pm* – 12mi. #2. **Recovery Ride**. St. Matthews Baptist Church. RC Dianna Decker (850) 415-0755
- *6:15 pm* – **New Rider Clinic**. Waterfront Park, Yellow Lot. Session 1-3. RC: Tom Armstrong 523-9581 or [education@louisvillebicycleclub.org](mailto:education@louisvillebicycleclub.org)  
<http://www.louisvillebicycleclub.org/touring/newrider2011.htm>

Tuesday, May 17

- *8:30 am* – 52 mi. #3. Long Run Park. RC: Jim Tretter, 491-7120.
- *9:45 am* – 28 mi. #2. Bearno's By the Bridge Bust Your Gut Ride. 131 W. Main St. Out & back to Utica. Start/End at Bearno's for pizza, beer, fun times, etc. Street parking and Yum Center. RC Jordan Andrew (859)835-3583.
- *6:30 pm* – 25/15 mi. #3. **Burdorf's Tuesday Night Ride**. Burdorf Galleries parking lot (former Bacon's parking lot). RC: David King 500-7351

Wednesday, May 18

- 9:00 am – 52 mi. #3. K-Mart @ New Cut/Outer Loop. RC: John Larson, 533-8107.
- 6:30 pm – 10 mi. #1. **RIDE OF SILENCE**- Waterfront Park. Witherspoon and Brook. Join cyclists worldwide in this silent, slow paced ride (12 mph max) in honor of those who have been killed or injured while cycling on public roadways. Short talk at 6:30. Ride leaves promptly at 7:00. If you choose, wear a BLACK armband in memory of those killed. Wear a RED armband if YOU have been injured. RC: Richard Heckler, 931-2067, RoS.Louisville@gmail.com
- 6:30 pm – 35 mi #4. **Wednesday Night Hill Jam**. Nelson Hornbeck Park. 709 Fairdale Rd. RC: Jeff White 608-1030.

Thursday, May 19

- 10:00 am – 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: Andy Murphy 502-526-1040
- 6:30 pm – 25/15mi. #3. Evangel Conference Center. 6900 Billtown Road. (just outside the Gene Snyder) RC: Steve and Deb Sexton, 239-8521.
- 6:30 pm – 26 mi. #2. **Wheeling in the Summertime**. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. Front headlight and rear red (blinky) taillight required. RCs: John Cummings 502-239-0114, 502-553-6870 & Eric Sellers 502-216-8248.

Friday, May 20

- 15 mi #2. Weekend Tune-Up and Fun Ride. St. Matthews Baptist Church. RC: Dianna Decker (850) 415-0755.
- 9:00 am – 43 mi. #3. Iroquois Park thru Jefferson Memorial Forest and return. Meet at Iroquois Park Amphitheater on Newcut Rd. RC: Dave Combs 724-9405.
- 10:00 am – 18/12 mi. #2. **Beginner Friendly Ride**. Meet at the NEW Sawyer-Hays Comm.Center off LAKELAND Rd. Ride at a leisure pace. Good for 1st time riders from the ED.Class. A lunch stop will be considered for post ride.RC: Lynn Luking 423-7072
- 6:00 pm – 15 mi #2. Weekend Tune-Up and Fun Ride. St. Matthews Baptist Church. RC: Dianna Decker (850) 415-0755.

Saturday, May 21

- 8:00 am – 100 mi #4 Willisburg the Hard Way. Ride starts at Shelbyville McDonald's - US60 and Hwy 53 - Exit 35 I-64. RC Steve Rice 502-494-5288 sriceky at gmail.com
- 8:00 am – 58/82/105 Paraquet Springs Conference Center in Shepherdsville. Exit #117 off I-65. Turn right, then quick left at light. Left at steakhouse. RC: Joe Kinsinger 502-889-7145
- 8:00 am – 63 mi. #3, **M&M Ride**, Long Run Park, RC: Ron & Vicky Dobbs 500-4671
- 9:00 am – 17 mi. #1. Slow & Easy. Waterfront Park, Purple Parking Lot. RC: George Cooper, 499-1652.

- 9:00 am – 35 mi. #2. Iroquois Special. Waterfront Park, Yellow Parking Lot. RC: Joe Thomas, 447-2318.
- 3:30 pm - 25 mi. #3. **Bluegrass Bicycle Ride**. Crestwood Station. RC: Bob Clifford, 502-241-2440.

#### Sunday, May 22

- 8:00 am – 106 mi.#3+. **Salem Mad Dog Century** (TMD Stage #5). Restaurant Row under the 2nd Street Bridge, Jeffersonville, IN. RC: Steve Montgomery 1-502-482-0003.
- 9:00 am – 60/30 mi. #3. **Metric Century**. Meijers @ Hurstbourne and Watterson Trail. RC: Glenn and Lisa Todd, 491-5727.
- 10:00 am – 17/32 mi. #1. **Family-Friendly Ride** -Ohio River Levee Trail. 17 mile route will be swept. Farnsley Moremen Landing parking lot. RC: Doug Klein ,724-1819.
- 2:00 pm – 25/15 mi. #3. Heine Brothers Coffee, Chenoweth Ln. RC: A.B. Sandefur, 425-9463.

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#### Monday, May 23

- 9:30 am – 40 mi. #3. Fat Forty. Douglas Loop (Dundee & Bardstown Rds.) In front of Heine Bros and Breadworks Coffee Shops. RCs Tommy Sutton (777-3458) and Dave Combs (724-9405).
- 6:15 pm – 12mi. #2. **Recovery Ride**. St. Matthews Baptist Church. RC Dianna Decker (850) 415-0755
- 6:15 pm – **New Rider Clinic**. Waterfront Park, Yellow Lot. Session 1-4. RC: Tom Armstrong 523-9581 or education@louisvillebicycleclub.org  
<http://www.louisvillebicycleclub.org/touring/newrider2011.htm>

#### Tuesday, May 24

- 8:30 am – 48 mi. #3. Vettiner Park. RC: Jim Tretter, 491-7120.
- 9:45 am – 28 mi. #2. Bearno's By the Bridge Bust Your Gut Ride. 131 W. Main St. Out & back to Utica. Start/End at Bearno's for pizza, beer, fun times, etc. Street parking and Yum Center. RC Jordan Andrew (859)835-3583.
- 6:30 pm – 25 mi. #2, **Burdorf's Tuesday Night Ride**. 3939 Shelbyville Rd., RC: Adam Livingston, (502) 287-3837.
- 5:45 pm – 5:45 pm – 25/20 miles #2 "Planes, Trains, Boats, and Bicycles" Childplace Campus, 2420 E. 10th St., Jeffersonville, IN. Flat to rolling route along scenic Ohio River, thru the Clark Co. Airport, and across every RR track in Southern IN! RC: Jeff White 502-608-1030

#### Wednesday, May 25

- 9:00 am – 50/25 mi. #3. E.P. "Tom" Sawyer Park. RC: AB Sandefur, 425-9463.
- 6:30 pm – 15/30 mi. #3, EP "Tom" Sawyer Park. RC: Marilyn Minnick, 412-4224.

- 6:30 pm – 29 mi. #3 **Road Kill and One Big (Optional) Hill**. Iroquois Park, Amphitheater Parking Lot. RC: Steve Montgomery, 1-502-482-0003.

Thursday, May 26

- 10:00 am – 50 mi. #2. **Louisville Loop 50**. Waterfront Park, Yellow Lot to Farnsley-Moremen Landing and back via The Loop. RC: Andy Murphy 502-526-1040
- 6:30 pm – 15/25 mi. #3. Evangel Conference Center. 6900 Billtown Road. (just outside the Gene Snyder) RC: Steve and Deb Sexton, 239-8521.
- 6:30 pm – 26 mi. #2 **Wheeling in the Summertime**. Slow and easy ride from Hogan's Fountain in Cherokee Park to Iroquois Park and return. Front headlight and rear red (blinky) taillight required. RCs: John Cummings 502-239-0114, 502-553-6870 & Eric Sellers 502-216-8248

Friday, May 27

- 10:00 am - 18/12 mi. #2. **Beginner Friendly Ride**. Meet at the NEW Sawyer-Hays Comm.Center off LAKELAND Rd. Ride at a leisure pace. Good for 1st time riders from the ED.Class. A lunch stop will be considered for post ride.RC: Lynn Luking, 423-7072.

Saturday, May 28

- #2 to #4, Horsey Hundred, Georgetown, Ky. Routes are 26, 35, 53, 75 or 100 miles. Tandem Friendly Event. Registration required. www.bgcycling.org. RC- Richard and Mary Ann Heckler (502)931-2067
- 8:00 am – 100/52 mi. #3+. **Medora Century**, (TMD Stage 6). Clark State Forest, Henryville, Indiana. Only the century route will be swept. The 52 mile ride stays with the 100 mile route until mile 33. RC: Melissa "Puddle" Hall, lissah45@yahoo.com. (812) 752-3973.
- 8:00 am – 58/82/105 mi. Paraquet Springs Conference Center in Shepherdsville. Exit #117 off I-65. Turn right, then quick left at light. Left at steakhouse. RC : Joe Kinsinger 502-889-7145
- 9:00 am – 17 mi. #1. Slow & Easy. Waterfront Park, Purple Parking Lot. RC: Gil Crenshaw, 418-1507.
- 9:00 am – 35 mi. #2. Iroquois Special. Waterfront Park, Yellow Parking Lot. RC: Laura Trachtenberg, 905-1365.
- 3:30 pm - 25 mi. #3. **Bluegrass Bicycle Ride**. Crestwood Station. RC: Bob Clifford, 502-241-2440.
- 5:00 pm – 30/15 mi. #3. Meijers @ Hurstbourne Watterson Trail. RC: Glenn and Lisa Todd, 491-5727.

Sunday, May 29

- #2 to #4, Horsey Hundred, Georgetown, Ky. Routes are 34, 50, or 70 miles. Tandem Friendly Event. Registration required. www.bgcycling.org. RC- Richard and Mary Ann Heckler (502)931-2067



- 8:00 am – 8:00 a.m. 100 miles. #3++. Short Frankfort Century. Ride start at Floyd's Fork Park. R.C. Melissa "Puddle" Hall, lissah45@yahoo.com (812) 752-3973
- 9:00 am – 25 mi. #3. Indian Hills Ride. Heine Brothers @ Douglass Loop. RC: Perry Finley, 852-5874.
- 10:00 am – 17/32 mi. #1. **Family-Friendly Ride** -Ohio River Levee Trail. 17 mile route will be swept. Farnsley Moremen Landing parking lot. RC: Doug Klein , 724-1819
- 2:00 pm – 15/25 mi. #3. Heine Brothers Coffee, Chenoweth Ln. RC : Stewart Prather 895-9094

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Monday, May 30

- 9:00 am – 15 mi. #1 **Mayor's Healthy Hometown Hike & Bike & Paddle**. The Great Lawn, Waterfront Park. This 15 mile urban ride drew a crowd of 7400 last year. Sign-in at the LBC tent on The Great Lawn. Wheelmen's Time will not be observed.

Tuesday, May 31

- 8:30 am – 58 mi. #3. Floyd Fork Park. RC: Jim Tretter, 491-7120.
- 5:30 pm – 25/20 miles #2 "Planes, Trains, Boats, and Bicycles" Childplace Campus, 2420 E. 10th St., Jeffersonville, IN. Flat to rolling route along scenic Ohio River, thru the Clark Co. Airport, and across every RR track in Southern IN! RC: Kirk Roggenkamp and Cathy Hill 502-718-1911
- 6:30 pm - 25/15 mi #3. **Burdorf's Tuesday Night Ride**. RC: Tim Chilton, 457-8337.